

## To Manitoba's Health-Care Heroes

By CCMB Communications and Public Affairs

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Earlier this week, Minister Cameron Friesen, Dr. Brent Roussin and Lanette Siragusa thanked Manitoba's health-care heroes in a video (https://vimeo.com/417245628/db1bc50b5a?fbclid=lwAR0W-gWz\_vkTySgLU\_6bT4BmGTNoN7VO2ZqXVanHsC8 rxMaVE9q8fS96Cfw) acknowledging all sites, professions, services, and every member of our health-care system who plays an important part in the fight against COVID-19. The first video also features artwork by local artist Kal Barteski (https://www.kalbarteski.com/), and photos from all Service Delivery Organizations.

Today, we're wrapping up the week with a tribute to all staff by sharing additional photos and videos showcasing your important work throughout the province. Watch the video here (https://vimeo.com/418610888/517c6469d2)or print and post the thank you artwork available here (https://sharedhealthmb.ca/covid19/health-care-heroes/)to help acknowledge your co-workers.

As we prepare to head into the May long weekend, please ensure you are taking care of yourself. Set some time aside to do things that are fun and bring you joy. That can be as simple as going outside to enjoy the sunshine, reading a good book or dancing to your favourite tunes in your living room.

Your role in our health system and your contribution to this fight are vital and they are appreciated. Today, and every day, we thank you. You are truly Manitoba's health-care heroes.