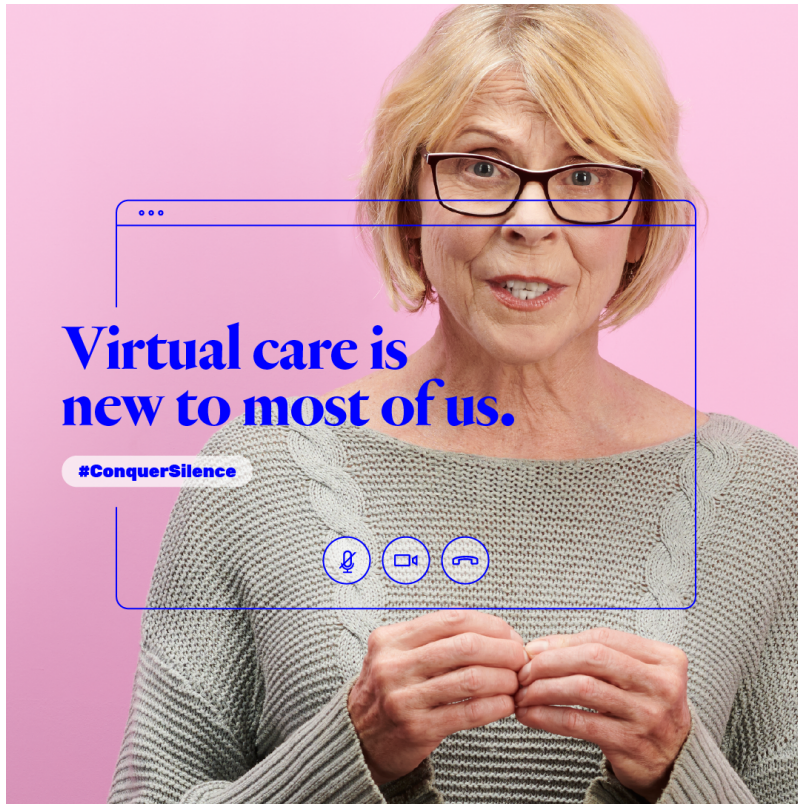


November is Fall Prevention Month

By CCMB Communications and Public Affairs

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The theme for Fall Prevention Month is *Be Ready, Be Steady!*

We all have a role to play in preventing falls.

Visit www.fallpreventionmonth.ca (<https://www.fallpreventionmonth.ca/>) for helpful tips and resources for patients, caregivers and health care providers.