

Table of Contents

1. Introduction

- Target Audience & Purpose
- Client-Centered Service
- Learning Objectives
- Competency Requirements
- Competency Requirements Summary Table
- Obtaining a CervixCheck Provider Number

Pap Test Learning Module Pre-Test

2. Disease Burden and Cervical Screening in Manitoba

- Cervical Cancer
- HPV Disease Burden
- Natural History
- Risk Factors for HPV and Cervical Cancer
- Organized Cervical Cancer Screening in Manitoba: CervixCheck, CancerCare Manitoba

3. Screening

- Who Should Have a Pap Test and How Frequently?
 - Screening initiation
 - Screening interval
 - Screening cessation
 - Individuals who have never been sexually active
 - Clients who have had the HPV vaccine
 - Clients who are pregnant
 - Clients who have had a hysterectomy
 - Lesbian clients or women who have sex with women
 - The transgender client
 - Clients who require increased surveillance
 - Clients who have had previous high grade cytology results
- Key Messages for Health Care Providers
- Benefits & Harms of Cervical Screening: Facilitating Informed Decision-Making

4. Counseling and Education

- Before the Exam
- During the Exam
- After the Exam

5. Facilitating an Inclusive Environment

- Barriers to Access
- Lesbian Clients, WSW and Transgender People
- Clients with a History of Sexual Abuse
- Vaginismus
- Clients with Disabilities
- Clients with Diverse Language and Cultural Considerations
- Female Genital Cutting (FGC)

6. Physiology, Anatomy, Abnormal Findings

- Developmental Changes in the External and Internal Genitalia
- External Genitalia
- Internal Genitalia
- The Cervix
- Identifying Abnormal and Normal Cervical Appearances
- Female Genital Cutting
- Normal versus Abnormal Uterine Bleeding
- Summary Chart of Genital Discharges, Infections, Ulcers and Lesions

7. Health History

- Sexual and Reproductive Health History Review
- Review of Related History

8. External & Speculum Exam

- Exam Equipment
- Preparing the Client
- External Examination
- Speculum Exam Procedure
- Special Considerations

9. The Papanicolaou Test

- Ideal Conditions for Taking up Tests
- The Pap Test Procedure: Liquid Based Cytology
- The Vaginal Vault Procedure: Liquid Based Cytology
- How to Document a Pap Test
- Cervical Cytology Request and Colposcopy Report Forms
- CervixCheck Provider Number

10. Pap Test Results

- The Bethesda System
- Specimen Adequacy
- Unsatisfactory for Evaluation
- Satisfactory for Evaluation
- Management of Cytology Results
- Other Results
- Limitations of Pap Test Results
- Talking to Clients about Abnormal Pap Test Results
- Colposcopy

11. The HPV Vaccines, Liquid Based Cytology and HPV Testing

- The HPV Vaccines
- Liquid Based Cytology
- HPV Testing

12. Pap Test Access

- Increasing Access to Cervical Cancer Screening Services: The Pap Test Clinic
- Preparing for a Pap Test Clinic

13. Who Can Perform a Pap Test? Links to Colleges and Licensing Bodies

- Scope of Practice
- Professional Responsibility and Accountability

14. Medicolegal Issues

Pap Test Learning Module Post-Test

Glossary

Appendices

1. Education

- a. Pap Test Learning Module Videos
- b. Pap Test Procedure Sampling Technique
- c. Resources & Tools

2. Forms

- a. Screening History Request
- b. Cytology Requisition
- c. Colposcopy Report
- d. CervixCheck Provider Number Request Form

3. Assessment Tools

- a. Pre & Post Test Answer Key
- b. Performance Criteria Checklist for Preceptor

4. Case Studies