

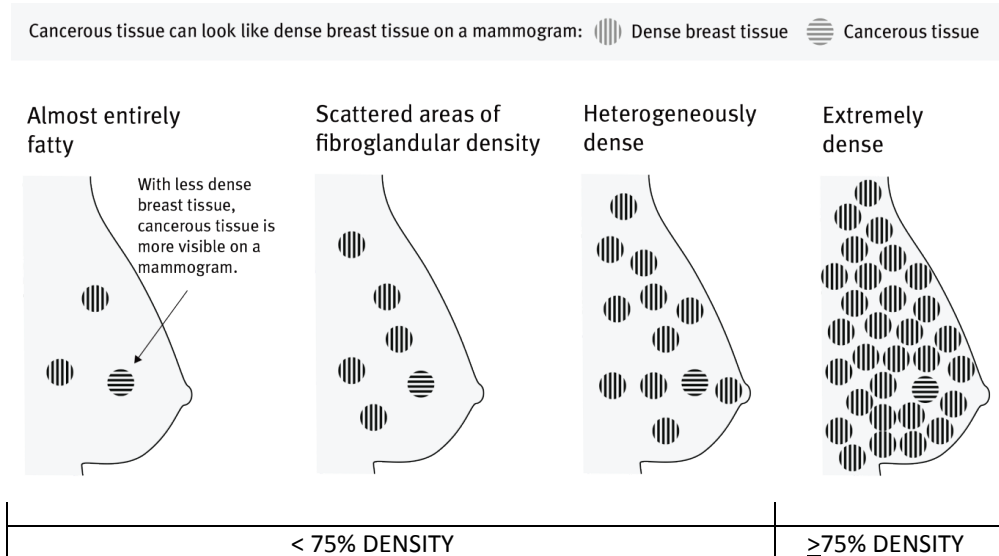
# BREAST DENSITY

## 1. What is breast density?

Breast density is not related to how your breasts look or feel.

Breast density is a term used to describe how breast tissue looks on a mammogram (breast x-ray). A radiologist is a specially trained doctor who looks at medical test images to diagnose and treat disease. A radiologist can tell if you have dense breasts by looking at your mammogram.

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If you have dense breasts and are concerned about your risk of developing breast cancer you should discuss your personal risk factors with your healthcare provider.

## 2. How do I find out my breast density?

Breast density is recorded on your BreastCheck mammogram report. These reports categorize the level of density of breast tissue into one of two categories:

- less than 75% dense breast tissue (<75%).
- equal to or greater than 75% dense breast tissue (≥75%) or extremely dense.

To request your report with your breast density, [click here](#) or call BreastCheck at 1-855-95-CHECK. You can pick up the information from BreastCheck or we can mail it to you. We cannot email reports for privacy reasons.

If you have dense breasts and are concerned about your risk of developing breast cancer, you should discuss your personal risk factors with your healthcare provider.