Cancer screening saves lives.

Most women age 50-74 should have a screening mammogram every 2 years.

Call 1-855-95-CHECK to book your screening mammogram.

Visit GetCheckedManitoba.ca/map to find the closest clinic.
See your healthcare provider if you have:

- Puckering of the skin
- A change in the nipple
- New or bloody discharge
- Change in the size, shape or colour
- Thickened hard skin that feels different than the rest of your breast tissue
- A new lump