

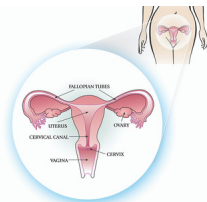


**Cervical cancer  
screening saves lives.**

**Get  CheckedManitoba.ca**

## Where is the cervix?

The cervix is the lower part of the uterus found at the top of the vagina.



## What causes cervical cancer?

Cervical cancer is caused by human papillomavirus (HPV). HPV can cause abnormal changes on the cervix which can lead to cervical cancer.

## Am I at risk for HPV?

If you have ever had sexual contact, you are at risk for HPV. HPV is easily spread through current or past sexual contact, which can include:

- oral, genital and/or rectal skin-to-skin contact, or
- sex with sex toys.

HPV can pass from person to person regardless of sexual orientation. HPV infection usually has no signs or symptoms. Most HPV infections will disappear on their own.

## How can I lower my risk?

1- **Get checked:** Most women age 21-69 who have ever had sexual contact should have a regular Pap test every 3 years.

2- **Get vaccinated against HPV:** HPV vaccines provide protection against certain types of HPV that can cause cervical cancer.

## Where can I go for a Pap test?

Ask your doctor or nurse, contact your local health centre, or visit our website to find a Pap test clinic.



Get  CheckedManitoba.ca

**1-855-95-CHECK**

Interpreter services available.

**CervixCheck@cancercare.mb.ca**

Veillez nous contacter pour obtenir ces renseignements en français.

