



BreastCheck CervixCheck ColonCheck



**Cervical cancer
screening saves lives.**

Where is the cervix/neo-cervix?

The cervix/neo-cervix is found at the top of the vagina/neo-vagina.

What causes cervical cancer?

Cervical cancer is caused by human papillomavirus, or HPV. HPV can cause abnormal changes on the cervix/neo-cervix which can lead to cervical cancer.

Am I at risk for HPV?

If you have ever had sexual contact, you are at risk for HPV. HPV is easily spread through current or past sexual contact, which can include:

- oral, genital and/or rectal skin-to-skin contact, or
- sex with shared sex toys.

HPV can pass from person to person regardless of sexual orientation or gender identity. HPV infection usually has no signs or symptoms. Most HPV infections will disappear on their own.

How can I lower my risk?

1- **Get checked:** Most Trans, non-binary and gender diverse individuals age 21-69 who have ever been sexually active should have a Pap test or vaginal vault every 3 years if you:

- have had bottom surgery to create a neo-cervix and/or neo-vagina, or
- have a cervix and/or vagina.

2- **Get vaccinated against HPV:** HPV vaccines provide protection against certain types of HPV that can cause cancer.

Where can I get checked?

Ask your doctor or nurse, contact your local health centre, or visit our website to find a Pap test clinic.



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cancercare.mb.ca/screening

1-855-95-CHECK

Interpreter services available.

CervixCheck@cancercare.mb.ca

Veillez nous contacter pour obtenir ces renseignements en français.

