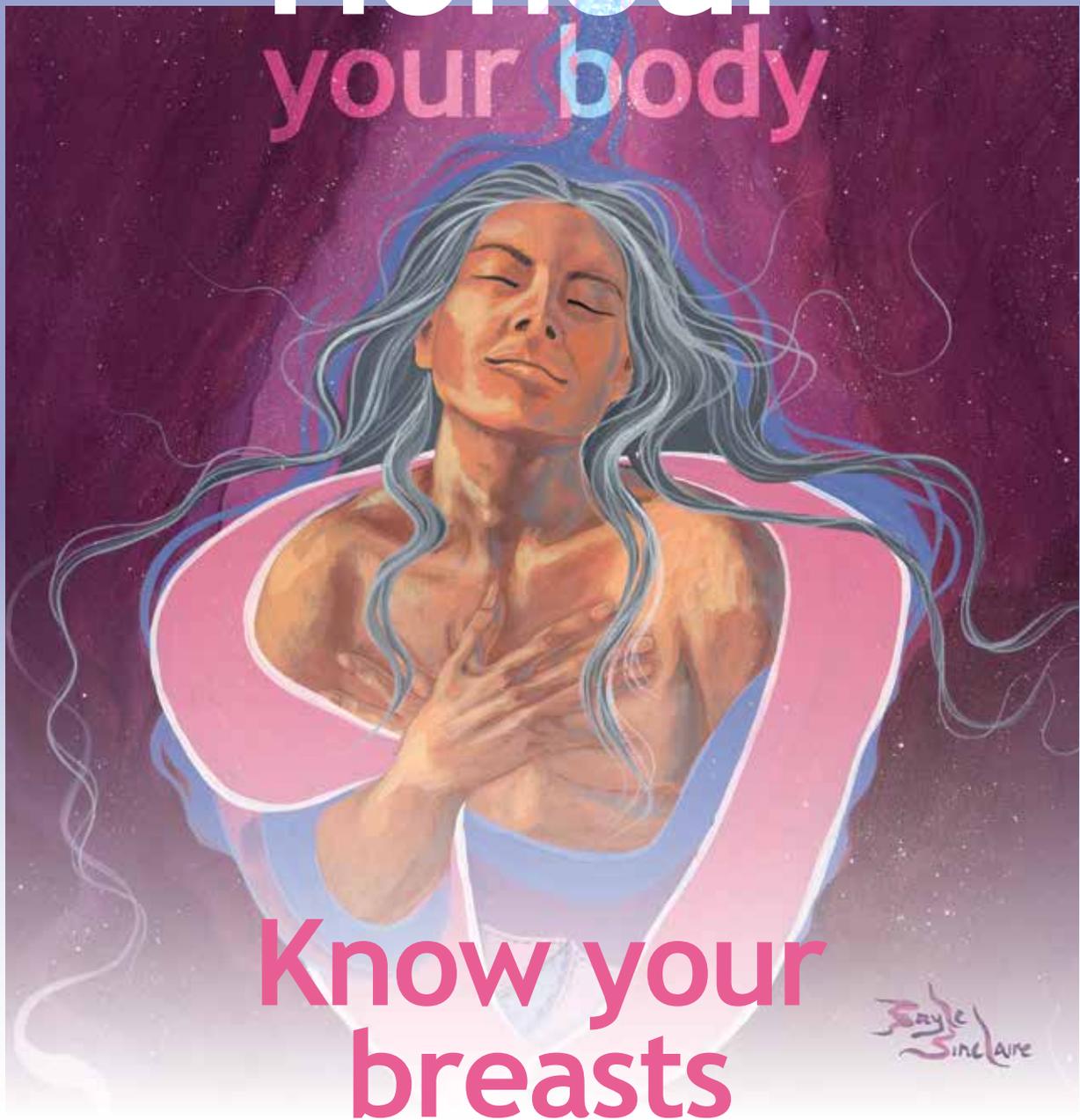


Honour your body



- Love yourself. Look after your body.
- See your doctor if you notice a change in your breasts.
- Encourage the women in your life and in our community to have a mammogram (breast x-ray) every 2 years starting at age 50.

For more information talk to your local public health services, call BreastCheck 1-800-903-9290, or visit www.BreastCheckmb.ca



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