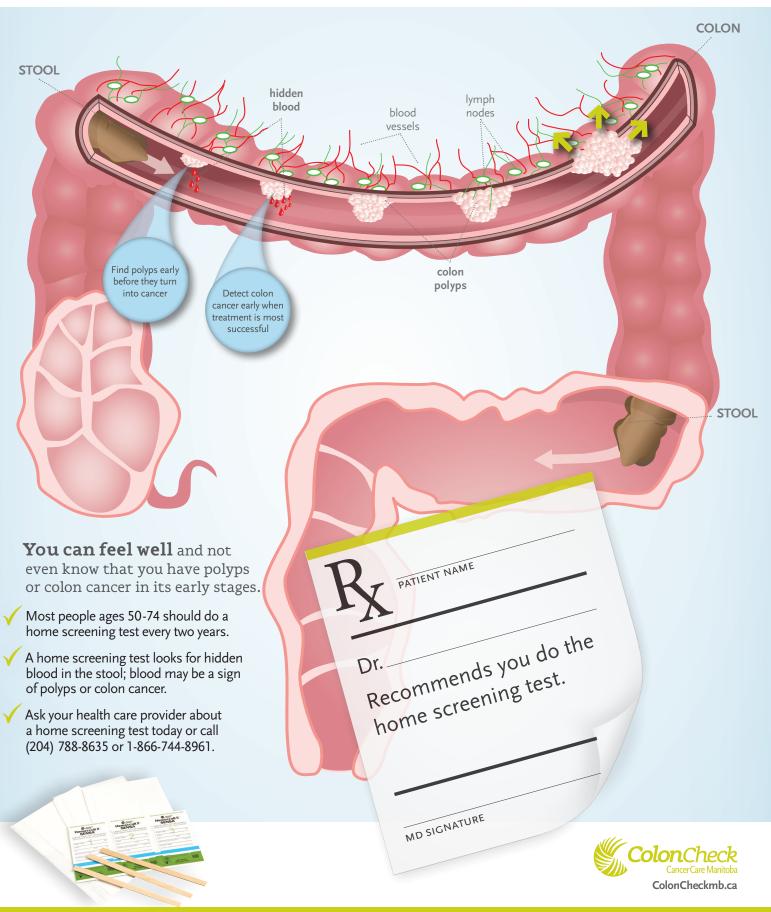
## **Colon Cancer Screening Saves Lives**

Colon cancer is the second most common cause of cancer death in Manitoba.



## **New!** Instructions for the Home Screening/ Fecal Occult Blood Test

- ColonCheck does not require individuals to stop eating red meat or to stop taking medications during completion of the test.
  - This is based on evidence that dietary and medication restrictions will not affect the outcome of the test.<sup>1</sup>
- ColonCheck still recommends that individuals limit their vitamin C intake (<250 mg/d) as large amounts may hide blood that is in the stool.

