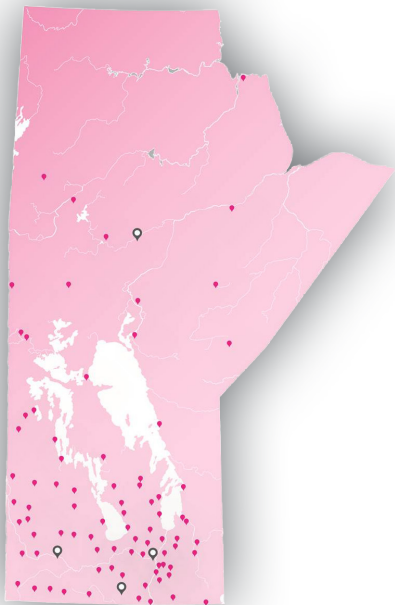


Cancer screening saves lives.

Most women age 50-74 should have a screening mammogram every 2 years.



Visit GetCheckedManitoba.ca/map to find the closest clinic.

Call **1-855-95-CHECK** to book your screening mammogram.

Get  **CheckedManitoba.ca**

 **CancerCare Manitoba**
BreastCheck

Know your breasts.

See your healthcare provider if you have:



Puckering
of the skin



A change
in the nipple



New or bloody
discharge



Change in the
size, shape or
colour



Thickened hard skin
that **feels different**
than the rest of
your breast tissue



A new lump
