

# Genetic Testing and Targeted Therapies for Incurable Lung Cancer

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Medical Oncology

Community Cancer Care Educational  
Conference 2017

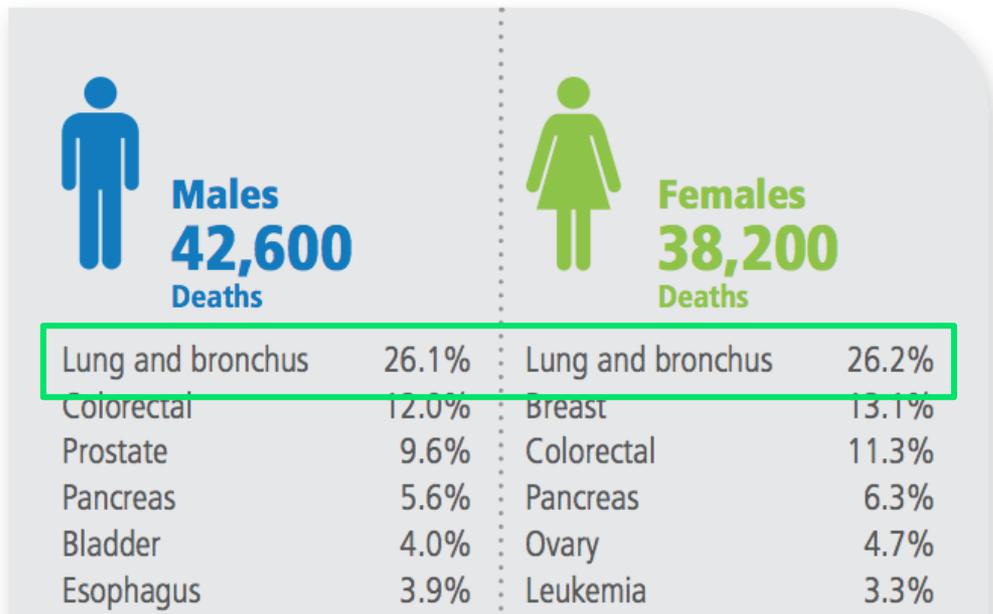
# Presenter Disclosure

- **Faculty:** Craig Henry Harlos
- **Relationships with commercial interests:**
  - **None to declare**

# Objectives

- Describe the major types of targetable mutations in lung cancer and their corresponding therapies
- Identify which patients are appropriate for genetic testing
- Recognize targeted therapy toxicities and how to manage them

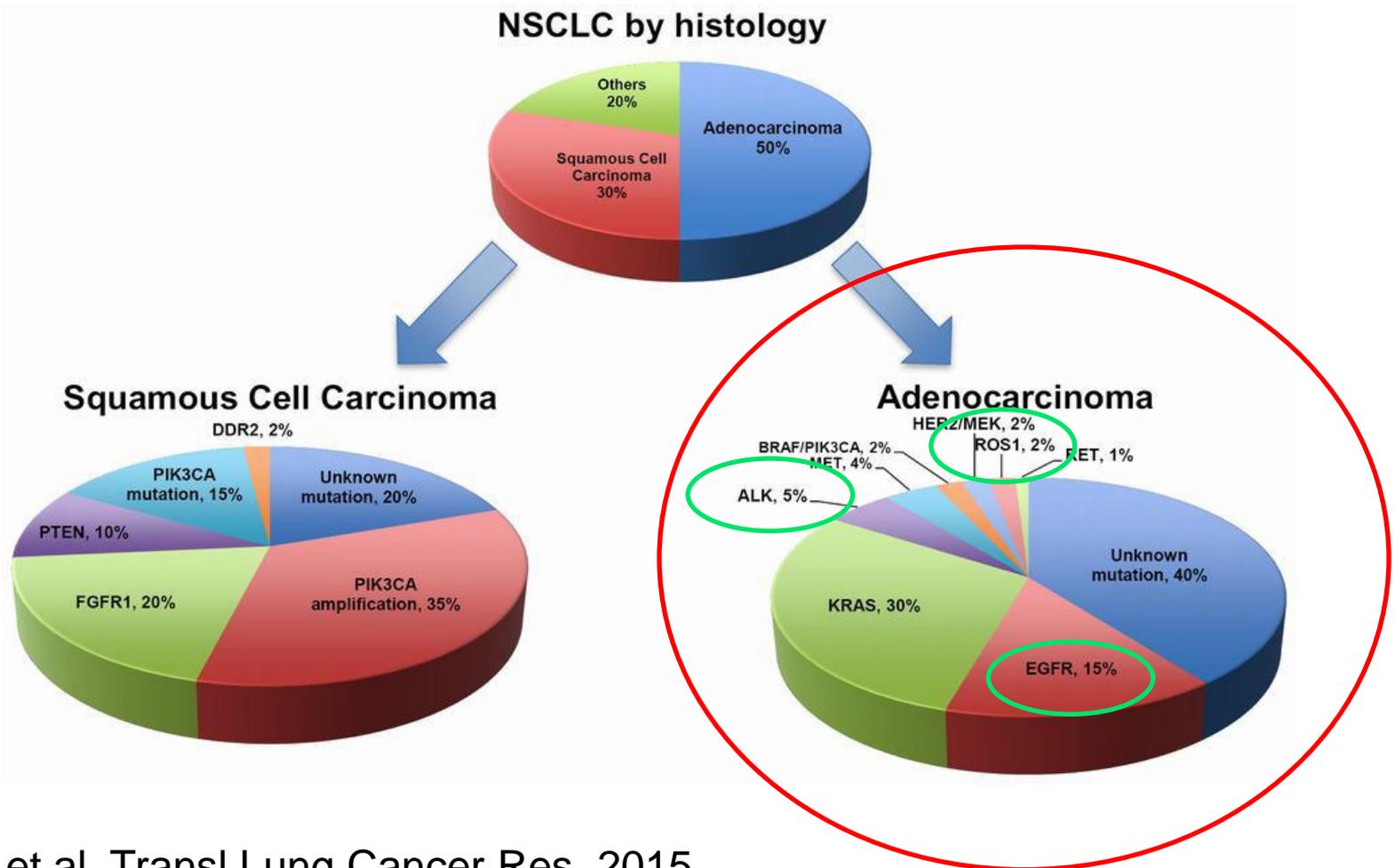
# The Impact of Lung Cancer in Canada



- 21,100 Canadians will die from lung cancer.
  - This represents 26% of all cancer deaths in 2017.
  - 14,400 men and 14,200 women will be diagnosed with lung cancer
  - On average, 58 Canadians will die from lung cancer every day.

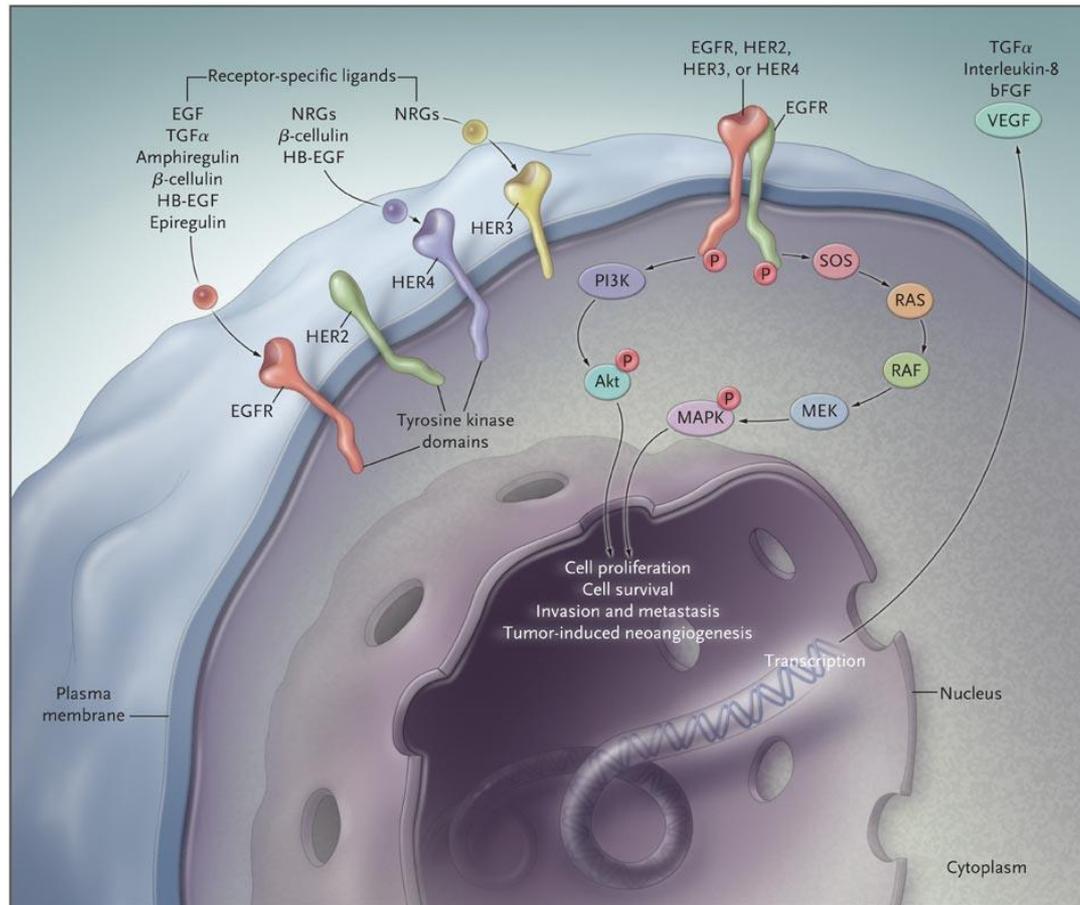
Canadian Cancer Statistics 2017

# Molecular landscape of Lung cancer



Chan, BA et al. Transl Lung Cancer Res. 2015

# Epidermal Growth Factor Receptor



Ciardello F, Tortora G. N Engl J Med. 2008

# EGFR mutations in lung cancer

- Almost exclusively in non-squamous NSCLC
- The most common mutations are exon 19 deletions (60%) and L858R missense substitutions on exon 21 (35%)
- Exon 20 T790M mutation is associated with resistance to TKI therapy
- Mutually exclusive with other mutations eg. ALK fusion, ROS1, KRAS
- Enriched in Asian populations, female, non-smokers (up to 50%)

# EGFR Tyrosine Kinase Inhibitors

- First Generation
  - Reversibly inhibits EGFR tyrosine kinase activity
  - Gefitinib
  - Erlotinib
- Second Generation
  - Covalently and irreversibly binds to the intracellular tyrosine kinase domain of EGFR
  - Afatinib
  - Dacomitinib
- Third Generation
  - Irreversible EGFR tyrosine kinase inhibitor which binds to mutant forms of EGFR, including T790M, L858R, and exon 19 deletion
  - Osimertinib

# Trials for first line therapy in advanced NSCLC

**Table 1** Phase III Trials comparing EGFR-inhibitors to chemotherapy in advanced stage IIIB/IV NSCLC

Trial [year] (Ref)	Patient selection	Targeted therapy (TT)	Comparator (C)	Median PFS TT vs. C (mo.)	HR	P value
First-line EGFR TKI versus chemotherapy						
IPASS [2009] (39,40)	n=1,217, clinical, non/light smokers, Adc, 60% EGFR mutant (Asia)	Gefitinib	Carboplatin; Paclitaxel	9.8 vs. 6.4	0.48	≤0.001
First-SIGNAL [2012] (41)	n=309, clinical, never smokers, Adc, 44% EGFR mutant	Gefitinib	Cisplatin; Gemcitabine	5.8 vs. 6.4	1.198	0.138
WJTOG3405 [2010] (42)	n=172, molecular EGFR mutant	Gefitinib	Cisplatin; Docetaxel	9.2 vs. 6.3	0.489	<0.0001
NEJSG [2010] (43)	n=230, molecular EGFR mutant	Gefitinib	Carboplatin; Paclitaxel	10.8 vs. 5.4	0.30	<0.001
OPTIMAL [2011] (44)	n=154, molecular EGFR mutant, 88% Adc	Erlotinib	Carboplatin; Gemcitabine	13.1 vs. 4.6	0.16	<0.0001
EURTAC [2012] (45)	n=174, molecular EGFR mutant	Erlotinib	Platinum doublet	9.7 vs. 5.2	0.37	<0.0001
LUX-Lung3 [2013] (46)	n=345, molecular EGFR mutant Adc	Afatinib	Cisplatin; Pemetrexed	11.1 vs. 6.9	0.58	0.001
LUX-Lung6 [2014] (47)	n=364, molecular EGFR mutant Adc	Afatinib	Cisplatin; Gemcitabine	11.0 vs. 5.6	0.28	<0.0001

Chan, BA et al. Transl Lung Cancer Res. 2015

# EGFR Tyrosine Kinase Inhibitors

- Results from meta-analyses:
  - Significantly improved PFS with EGFR TKIs vs. chemotherapy
    - **HR 0.37**; 95% CI, 0.32 to 0.41; P<0.001),
  - No difference in OS
    - **HR 1.01**; 95% CI, 0.86 to 1.19; P.88)
  - Greater benefit in Exon 19 mutations, never smokers, women
  - Quality of life and adverse event rates favor EGFR TKIs

Lee CK et al. J Clin Oncol. 2015

Greenhalgh J et al. Cochrane Database Syst Rev. 2016

# EGFR Tyrosine Kinase Inhibitors

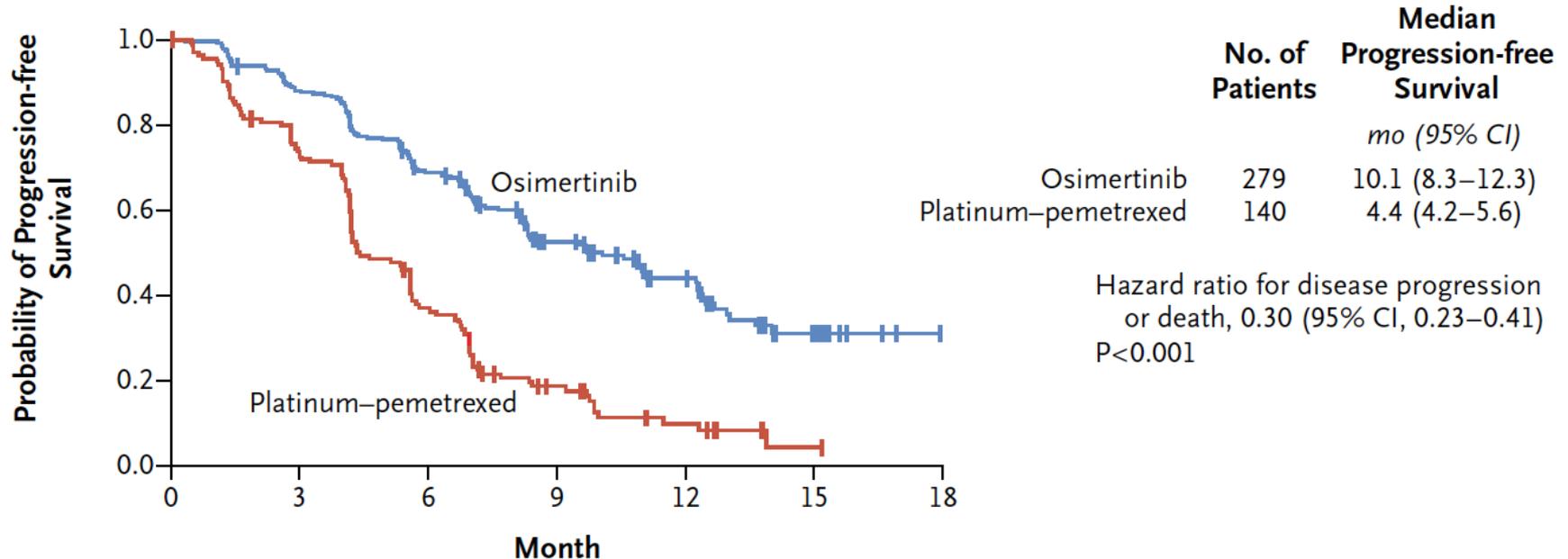
- Despite high initial response rate, resistance invariably develops to first line EGFR TKIs
- Resistance mechanisms include secondary mutations, alternate pathways eg amplification of MET, transformation to SCLC
- T790M mutations occur in 50-60% of cases

# Osimertinib

- Osimertinib is selective for both EGFR-TKI sensitizing and T790M resistance mutations
- Presence of T790M mutation must be confirmed by repeat biopsy or circulating tumor (ct) DNA
- AURA3 (Mok et al. NEJM 2016)
  - T790M-positive advanced NSCLC, disease progression after first-line EGFR-TKI therapy, osimertinib vs. platinum doublet
  - PFS significantly improved (**10.1 months vs. 4.4 months; hazard ratio; 0.30**)
  - Response rate **71% vs. 31%**
  - OS data not yet mature

# Osimertinib

## A Patients in Intention-to-Treat Population

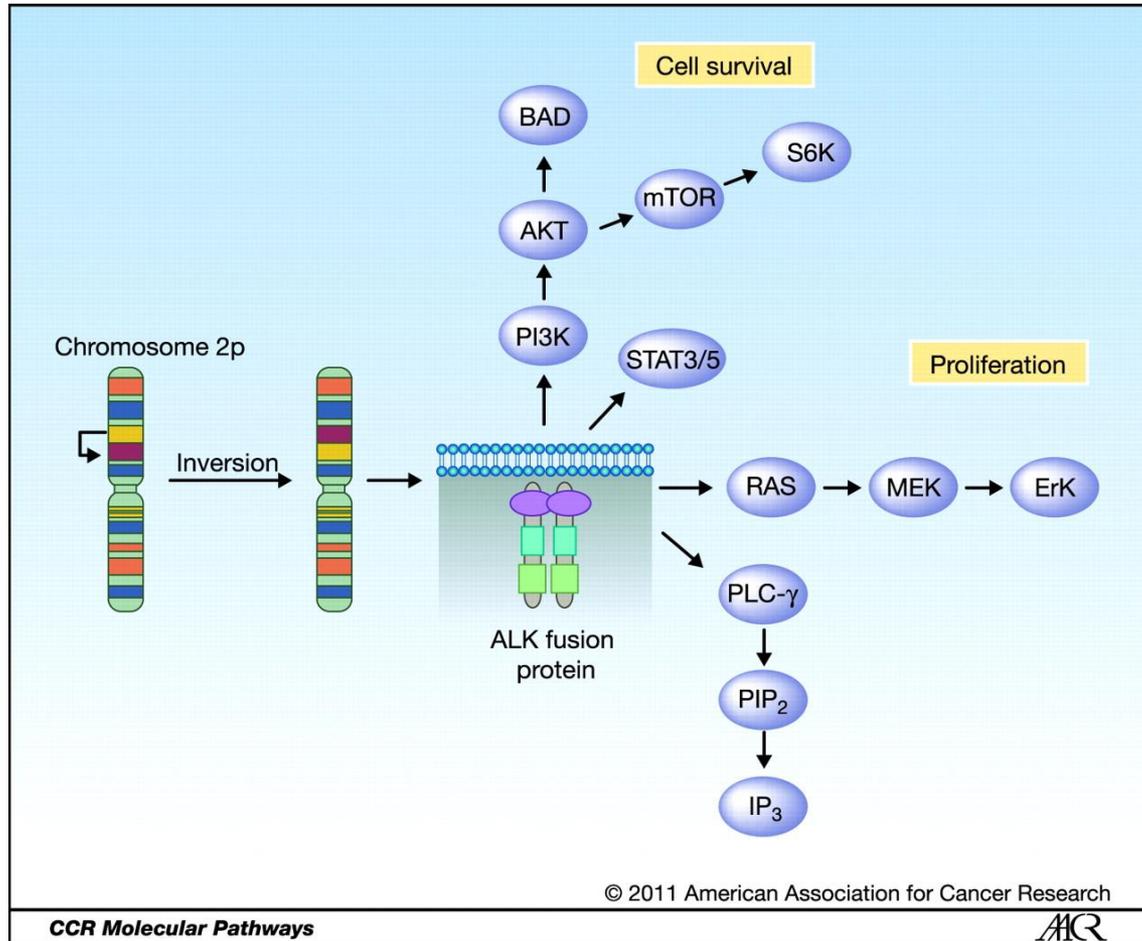


### No. at Risk

Osimertinib	279	240	162	88	50	13	0
Platinum-pemetrexed	140	93	44	17	7	1	0

Mok et al. NEJM 2016

# EML4-ALK fusion



Shaw AT, Solomon B. Clin Cancer Res. 2011

# ALK fusion

- Occurs in 2 to 7% of all non–small-cell lung cancers
- Found almost exclusively in non-squamous NSCLC
- More prevalent in light or never smokers
- More prevalent in younger patients
- Prevalence does not appear to differ between Asian and Caucasian patients

# TKIs: ALK fusion

- First generation
  - Crizotinib: oral small molecule TKI of ALK, MET and ROS1, HGFR
- Second Generation
  - Ceritinib: Targets ALK, ROS1, IGF-1R
  - Alectinib: Targets ALK and RET. More potent than crizotinib
  - Brigatinib: Multikinase inhibitor targeting ALK, ROS1, IGF-1R, FLT-3, EGFR
- Third Generation
  - Lorlatinib: Targets ALK, ROS1

# ALK Fusion: First Line Therapy

- PROFILE 1014 (Solomon et al. NEJM 2014)
  - **Crizotinib** vs. platinum/pemetrexed in untreated advanced non-squamous ALK positive NSCLC
  - PFS 10.9 vs. 7 months, RR 74% vs. 45%
  - Median OS in both groups not reached
- ASCEND-4 (Soria et al. Lancet 2017)
  - **Ceritinib** vs. platinum/pemetrexed
  - PFS 16.6 vs. 8.1 months, RR 72.5% vs. 26.7%
  - No difference in OS but results immature
- ALEX (Peters et al. NEJM 2017)
  - **Alectinib** vs. **crizotinib**
  - PFS NR vs. 11.1 months, HR 0.47 RR 82.9% vs. 75.5% p=0.09
  - Significant decrease in CNS disease (12% vs. 45%)

# TKIs: ALK fusion

- Resistance invariably occurs with majority progressing within 12 months
  - Secondary mutation in ALK tyrosine kinase domain
  - Amplification of ALK fusion gene
  - Bypass signaling pathways (EGFR, KIT, IGF1R)
- Second generation TKIs of ALK developed to overcome resistance

# ALK Fusion: Second Line Therapy

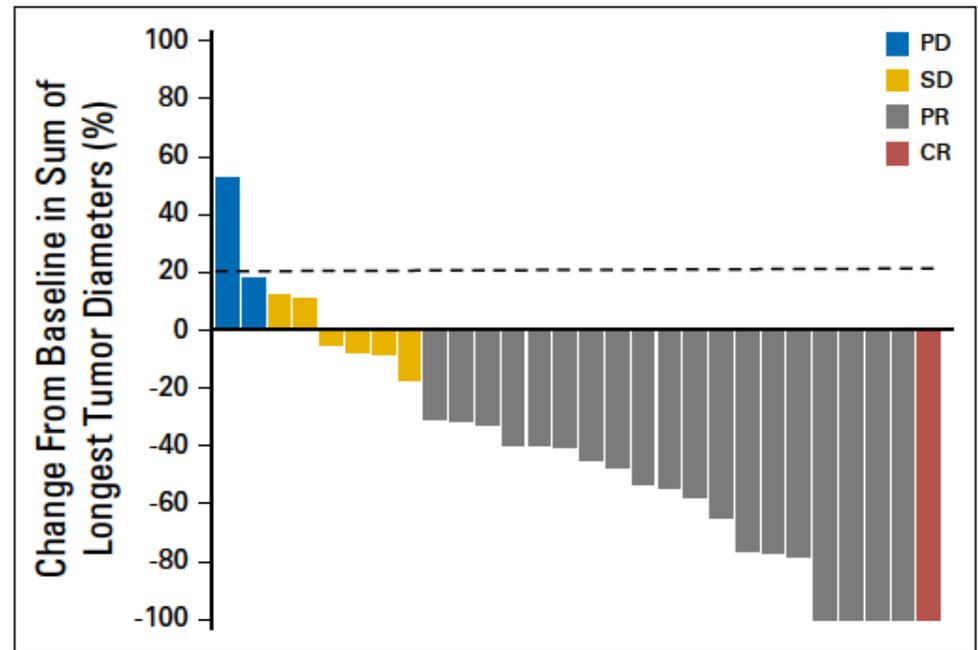
- Yang et al. J Thorac Oncol. 2017
  - Pooled analysis of 2 phase 2 trials of **alectinib** in ALK positive patients with progression on crizotinib
  - ORR 51.3%, PFS 8.3 months, OS 26 months
- ASCEND-5 (Shaw et al. Lancet Oncol. 2017)
  - Phase 3 trial of **ceritinib** vs. chemotherapy in ALK positive patients with progression on crizotinib and platinum doublet
  - PFS 5.4 vs. 1.6 months, RR 45% vs. 8%
  - OS 18.1 months vs. 20.1 months (cross over allowed)

# ROS1

- Driver mutation found in 1-2% of advanced non-squamous lung cancers
- Chromosomal rearrangement leads to fusion of a portion of ROS1 that includes the entire tyrosine kinase domain with 1 of 12 different partner proteins.
  - The resulting ROS1 fusion kinases are constitutively activated and drive cellular transformation
- Inhibited by both crizotinib and ceritinib

# ROS1

- Lim et al. J Clin Oncol 2017
  - Phase II trial of **ceritinib** in patients with ROS1 mutation in patients who had progressed on standard therapy
  - RR 62%, PFS 9.3 months for all pts (19.3 for crizotinib naïve pts)
  - Median OS 24 months



**Fig 1.** Best percentage change from baseline in tumor volume in patients with at least one postbaseline measurement. CR, complete response; PD, progressive disease; PR, partial response; SD, stable disease.

# Which patients should be tested?

- ASCO Guideline:
  - “Use testing for EGFR mutations and ALK rearrangements to guide patient selection for therapy with EGFR or ALK inhibitors, respectively, in **all patients with advanced-stage lung adenocarcinoma or tumors with an adenocarcinoma component**, irrespective of clinical characteristics (eg, smoking history, sex, race, or other clinical factors).”
  - Primary and metastatic tumors suitable for testing

Leighl et al. J Clin Oncol. 2014

# Toxicities associated with EFGR TKIs

- Rash
  - Occurs in ~65% of patients. Most common adverse event.
  - Follicular acneiform eruption
  - Pruritus, hair changes and alopecia, nail alterations, and hand and foot reactions
  - More common with afatinib
  - Correlates with response to therapy
- Diarrhea
  - Occurs in ~55% of patients. Second most common adverse event
  - Secretory form – excess chloride secretion
  - Also more common with afatinib

Hirsch V et al. Curr Oncol. 2014

# Toxicities associated with EGFR TKIs

- Pneumonitis
  - Rare, <1% - 5%, but most common cause of treatment related deaths
  - Can be difficult to distinguish between infection, progression of malignancy
  - Diagnosis requires higher index of suspicion, imaging
  - Treatment involves discontinuing TKI, glucocorticoids +/- empiric antibiotics and supportive measures (admission, O2 etc.)
- Hepatotoxicity
  - Elevated LEs occur in 20-60%, more common with gefitinib
  - Grade 3 or greater in 2-10%
  - Discontinue TKI, restart with dose reduction or consider rotating to alternate TKI

# Approach to TKI Rash

RASH SEVERITY	INTERVENTION					
<p><b>Mild</b> (CTCAE grade 1)</p> <p>Generally localized Minimally symptomatic No impact on ADL No sign of superinfection</p>	<p>Continue EGFR inhibitor at current dose, and monitor for change in severity</p> <table border="0"> <tr> <td>No treatment<sup>a</sup></td> <td style="text-align: center;"><b>OR</b></td> <td>Topical hydrocortisone<sup>b</sup> (1% or 2.5% cream) or clindamycin (1% gel)<sup>a</sup>, or both</td> </tr> </table> <p>Reassess after 2 weeks</p> <p>If reactions worsen or do not improve, proceed to next step</p>	No treatment <sup>a</sup>	<b>OR</b>	Topical hydrocortisone <sup>b</sup> (1% or 2.5% cream) or clindamycin (1% gel) <sup>a</sup> , or both		
No treatment <sup>a</sup>	<b>OR</b>	Topical hydrocortisone <sup>b</sup> (1% or 2.5% cream) or clindamycin (1% gel) <sup>a</sup> , or both				
<p><b>Moderate</b> (CTCAE grade 2)</p> <p>Generalized Mild symptoms (for example, pruritus, tenderness) Minimal impact on ADL No sign of superinfection</p>	<p>Continue EGFR inhibitor at current dose, and monitor for change in severity</p> <p>Continue treatment of skin reaction</p> <table border="0"> <tr> <td>Hydrocortisone<sup>b</sup> (2.5% cream) or clindamycin (1% gel) or pimecrolimus(1% cream)</td> <td style="text-align: center;"><b>+</b></td> <td>Doxycycline (100 mg twice daily) or minocycline (100 mg twice daily)</td> </tr> </table> <p>Reassess after 2 weeks</p> <p>If reactions worsen or do not improve, proceed to next step</p>	Hydrocortisone <sup>b</sup> (2.5% cream) or clindamycin (1% gel) or pimecrolimus(1% cream)	<b>+</b>	Doxycycline (100 mg twice daily) or minocycline (100 mg twice daily)		
Hydrocortisone <sup>b</sup> (2.5% cream) or clindamycin (1% gel) or pimecrolimus(1% cream)	<b>+</b>	Doxycycline (100 mg twice daily) or minocycline (100 mg twice daily)				
<p><b>Severe</b> (CTCAE grade 3/4)</p> <p>Generalized Severe symptoms (for example, pruritus, tenderness) Potential for superinfection</p>	<p>Reduce EGFR inhibitor dose per label, and monitor for change in severity</p> <p>Continue treatment of skin reaction</p> <table border="0"> <tr> <td>Hydrocortisone<sup>b</sup> (2.5% cream) or clindamycin (1% gel) or pimecrolimus (1% cream)</td> <td style="text-align: center;"><b>+</b></td> <td>Doxycycline (100 mg twice daily) or minocycline (100 mg twice daily)</td> <td style="text-align: center;"><b>+</b></td> <td>Methyl- prednisolone dose pack</td> </tr> </table> <p>Reassess after 2 weeks</p> <p>If reactions worsen, dose interruption or discontinuation may be necessary</p>	Hydrocortisone <sup>b</sup> (2.5% cream) or clindamycin (1% gel) or pimecrolimus (1% cream)	<b>+</b>	Doxycycline (100 mg twice daily) or minocycline (100 mg twice daily)	<b>+</b>	Methyl- prednisolone dose pack
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Hirsch V et al. Curr Oncol 2011

# Approach to TKI diarrhea

Grade	Intervention
1 - Mild	<ul style="list-style-type: none"> <li>• Stop laxatives. Drink 8–10 glasses of clear fluids daily.</li> <li>• Immediately start loperamide: 4 mg (2 tablets) followed by 2 mg (1 tablet) after each loose stool (up to 20 mg daily) until bowel movements cease for 12 hours.</li> <li>• Maintain dose level of EGFR TKI.</li> </ul>
2 - Moderate	<ul style="list-style-type: none"> <li>• See grade 1.</li> <li>• Continue loperamide. Assess for dehydration and electrolyte imbalance. Consider intravenous fluids and electrolyte replacement.</li> <li>• If diarrhea does not improve after 48 hours, temporarily discontinue EGFR TKI. Upon improvement to grade 1 restart EGFR TKI at a reduced dose (except gefitinib, which should be restarted at the original dose).</li> </ul>
3/4 – Severe/Life threatening	<ul style="list-style-type: none"> <li>• See grade 2</li> <li>• Plus: Use stool cultures to rule out an infectious process. Apply aggressive intravenous fluid replacement for 24 hours or more.</li> <li>• Use hospitalization to monitor the patient’s progress. Consider prophylactic antibiotics if the patient is also neutropenic.</li> <li>• Temporarily discontinue EGFR TKI. Upon improvement to grade 1, restart EGFR TKI at a reduced dose (except gefitinib, which should be restarted at the original dose).</li> <li>• Permanently discontinue EGFR TKI if diarrhea does not return to grade 1 within 14 days despite treatment discontinuation and best supportive care.</li> </ul>

# Toxicities associated with ALK/ROS1 TKIs

**Table 3.** Safety Overview and Adverse Events of Any Grade That Differed by 5 Percentage Points or More in Frequency between Groups.\*

Event	Crizotinib (N=151)		Alectinib (N=152)	
	Any Grade	Grade 3–5	Any Grade	Grade 3–5
Adverse event	146 (97)	76 (50)	147 (97)	63 (41)
Serious adverse event	—	44 (29)	—	43 (28)
Fatal adverse event†	—	7 (5)	—	5 (3)
Nausea	72 (48)	5 (3)	21 (14)	1 (1)
Diarrhea	68 (45)	3 (2)	18 (12)	0
Vomiting	58 (38)	5 (3)	11 (7)	0
ALT increased	45 (30)	22 (15)	23 (15)	7 (5)
AST increased	37 (25)	16 (11)	21 (14)	8 (5)
Blood bilirubin increased	2 (1)	0	23 (15)	3 (2)
Weight increased	0	0	15 (10)	1 (1)
γ-Glutamyltransferase increased	10 (7)	2 (1)	1 (1)	1 (1)
Peripheral edema	42 (28)	1 (1)	26 (17)	0
Dizziness	21 (14)	0	12 (8)	0
Dysgeusia	29 (19)	0	4 (3)	0
Visual impairment	18 (12)	0	2 (1)	0
Vision blurred	11 (7)	0	3 (2)	0
Photopsia	9 (6)	0	0	0

Peters et al. NEJM 2017

# Summary

- Targetable mutations exist in a proportion of non-squamous non-small cell lung cancers
  - EGFR – 15%
  - ALK – 5%
  - ROS1 - 1-2%
- In patients with stage IV disease, first line treatment with a TKI is standard of care
  - In patients with EGFR mutations with progression on first line TKI, rebiopsy (or ctDNA) for T790M mutation
- All patients with advanced non-squamous NSCLC should undergo testing for a driver mutation
- TKIs have a unique spectrum of toxicity requiring specific monitoring and interventions

# Questions

