

We Woyazan Omani

"Mazani shni..."

"Pezhuta wichashta kchi, test results wowahdakmashi pe..."

"Pezhuta wichashta imughe kte (napshunka, yazan, tachan ekta imatokcha...)"

1 Taku ecun kta

Pezhuta wichashta ob woyahdaka pi kte (pezuta wichashta iyuhab, woyazan awayanke, woyazan awayanke tipi, woyazan tipi kowayakhan.

Takomani ekta de kte.

WE WOYAZAN OKCHIYAPI

• Niye ob okchiyapi, nakun nitiwahe, tuwe we woyazan onichiyapi he nakun, we woyazan omani yahidade.

WRHA DAKOD WOZANI

- Tuwe we woyazan yuhapi, dena okchiya pi
- lapi ieska
- Okchiyap hena wita yankapi
- Iyawichaya pi iyukchanpi
- Dakod wichokhan etanhan okchiyapi
- Okchiyapi
- Tuwe wayazanke kinhan de yawa

2 Iyuta kte

Kahdog wamayanke, kakhdog wamayanke, we ichupi, paha mayanke oshpaye ichu pi.

3 Wiyokihi

Pezhuta wichashta wanzhi kakhnigha pte. Omasape ohna onichiyaka pte. Yachin kinhan, wotakuye, ish iyeeska, ish woyazan awayankapi onichiya pte..

4 Wita iwohdapte, tukted ohna apiniya pte

Pezhuta wichashta wanzhi tukted washte kte kinhan hena kchi iwohdaka pte

Pezhuta wichashta hena awaniyaka pte, tukted washte kte kinhan.

5 Awaniyanka pte

Tuwe wanzhi awaniyaka pte, tukted ohna washte kte iyukchan pte.

7 Awayangwichakuwapi

- Hechinana pezhuta nun kte
- Woyazan tipi ekta de kte
- Akisniwichayapi ehan awayangwichakuwapi
- Okchiyapi obe

6 Woyazan apiya

Dena ohna apiya pte:

- Wichapata pi
- Pezhuta okchiyapi
- Waiyakhpeya
- Ahake awayankape
- Akisniwichayapi ehan awayangwichakuwapi
- Okchiyapi obe
- Pezhuta tokcha idutekte kinhan tokaheya unkokiyaka pte.



CancerCare Manitoba
ActionCancerManitoba



We Woyazan Omani



Woyazan tipi wowapi wooyake yuha yanke.
Pezhuta wichasta awaniyankapte hena wowapi nich'u pte.

Pezhuta wichashta awaniyaniyanka pte

(204) 787-2109

cancercare.mb.ca

hed awayanka .

Cancer Care Manitoba Cancer Navigation, wawiyughe:

We woyazan okchiyapi obe

1-855-837-5400

or cancercare.mb.ca/navigation

WRHA Dakod wozani

1-877-940-8880

204-787-2197 ish 1-866-561-1026 **wawiyughe**