

Cuffed Soft Cap

Sewing Instructions

1. **Choose a knit fabric** with 2-way stretch. (i.e. cotton lycra, t-shirt knit, lightweight fleece)
Keep in mind that lighter weight, breathable fabrics are more comfortable and versatile.
You will need about **0.5m (20")** of 150cm (60") or 115cm (45") wide fabric.
Wider fabric will yield 2 caps.
2. **Prewash fabric** as you would the finished garment. This will allow any shrinkage to happen before you sew. **DO NOT SKIP THIS STEP!**
3. **Cut pattern pieces.** Cut 2 crown pieces (marking notches) and 1 side piece* (20x22"/51x56cm rectangle) *see grain line indicated on pattern layout. The base circumference (longer side, minus seam allowances) should comfortably stretch to 22". Depending on your fabric, you may have to adjust this measurement slightly.
Remember that the average head size is 21" and you want your cap to be comfortable.
4. **Sew side seam**, right sides together, using a zig zag, stretch stitch or 2 needle serger. Using a ball point or stretch needle is helpful. *All seam allowances are 3/8".* Fold tube in half lengthwise with wrong sides together, matching side seam and raw edges.
Lightly press folded edge.
5. **Sew crown to tube.** Layer crown pieces (wrong sides together), matching notches and pin evenly to raw edges of tube (divide tube edge into 4 and match to crown notches). Stitch using zig zag, stretch or serged seam.
6. **Lightly press seams.** Turn right side out. Use a rolled towel or tailor's ham to steam/press crown seam for a professional finish.
Cap height is adjustable by turning up the cuff as needed.
Finished bottom edge circumference should comfortably stretch to 22".



