

# Adult 4 Panel Beanie Hat

## Sewing Instructions

### FABRIC REQUIRED:

You can make 2 Hats with **0.5m (20")** OR 6 Hats with **1.0m (39")** of 150cm (60") wide fabric.

~ **Choose a knit fabric** with 2-way stretch. (i.e. cotton, rayon or bamboo knits, t-shirt knit)  
*Keep in mind that lighter weight, breathable fabrics are more comfortable and versatile.*

### ~ Notes About Knit Fabrics:

- ~ The Right Side of the fabric is a smooth surface and looks like small vertical lines.
- ~ Be sure to keep it square so that folds lay flat and the raw edges match up without pulling or stretching the fabric when cutting and sewing. Taking care during this step will ensure that the item will not become distorted when laundered.
- ~ Using a ball point or stretch needle is helpful. You may need to adjust your machine tension.

~ **PREWASH FABRIC** as you would the finished garment.

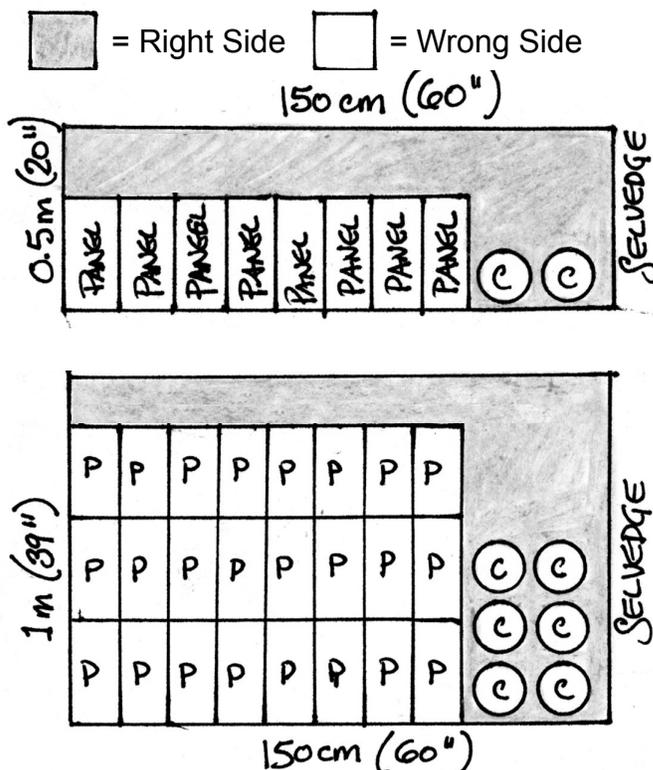
This will allow any shrinkage to happen before you sew. **DO NOT SKIP THIS STEP!**

~ **Pattern Printing Note:** *Print Page — first. Print full size on 8.5x11" letter paper. Do not 'Shrink to fit' or scale the images. Make sure that the 1" square on the printed pattern is 1" square before printing full pattern. Assemble paper pieces by taping together, matching letters as indicated.*

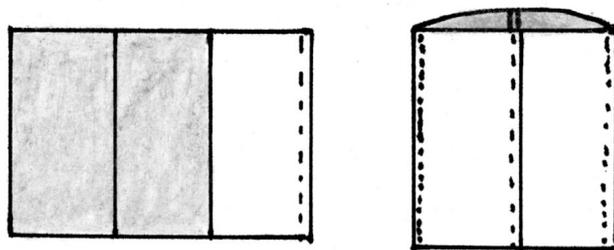
1. **Cut pattern pieces.** Cut 4x Panels and 1x Crown for each hat. The Panel short edges should be along the fabric direction that has more stretch (as indicated on pattern). It is usually perpendicular to the selvage edge of the fabric.

### Pattern Marking Note:

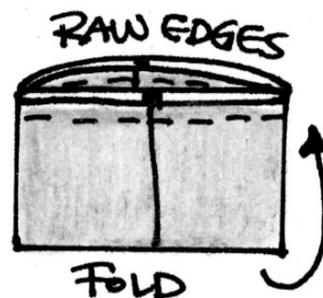
When using knit fabrics and narrow seam allowances, mark notches with small clips or a washable/disappearing marking tool such as chalk, quilting pen to avoid holes in seams.



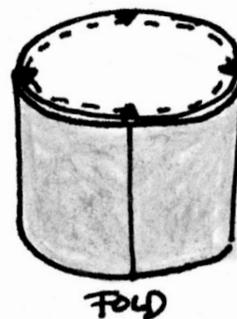
2. **Sew panels together.** Pin and Stitch long edges of Panels together, Right Sides Together, using a wide zig zag, stretch stitch or 2 needle serger to form a long tube. Press seams to one side from wrong side. **All seam allowances are 3/8".**



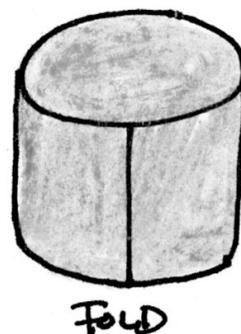
3. **Fold and Press the Base.** Fold tube in half (inside itself) Wrong Sides Together (seams inside). Match and pin seam ends together at open end. Press folded edge to form lower opening. Optional: Pin as needed and Baste together close to raw edges using zig zag or stretch stitch to keep layers from shifting during next step.



4. **Attach Crown.** Pin Crown to Base, Right sides together, matching quarter marks to seams in base. Stitch using a wide zig zag, stretch stitch or 2 needle serger. Take care to ensure all 3 layers are caught in the seam.



5. **Press Crown seam** towards top from inside using a tailor's ham, or balled up towel. Turn hat right side out. Press lightly or steam seams to finish.



**\*\*\*Finished circumference should comfortably stretch to 22-23".**

