ADULT Updated: March 11, 2025

# **Regimen Reference Order**

## THOR - pembrolizumab + gemcitabine + CISplatin

ARIA: LUNG - [pembro + gem + CISplatin]
LUNG - [pembro q 21 d (maintenance)]
LUNG - [pembro q 42 d (maintenance)]

Planned Course: pembrolizumab + gemcitabine + CISplatin every 21 days for 4 cycles,

followed by pembrolizumab every 21 days up to 31 cycles or until disease

progression or unacceptable toxicity

(maximum 2 years of therapy)

OR

pembrolizumab + gemcitabine + CISplatin every 21 days for 4 cycles, followed by pembrolizumab every 42 days up to 16 cycles or until disease

progression or unacceptable toxicity

(maximum 2 years of therapy)

Indication for Use: Lung Cancer Non-Small Cell Squamous Metastatic

**Drug Alert: Immune Checkpoint Inhibitor (pembrolizumab)** 

CVAD: At Provider's Discretion

## Proceed with treatment if:

## Day 1 of Cycles 1 to 4

- ANC equal to or greater than 1.5 x  $10^9/L$  AND Platelets equal to or greater than  $100 \times 10^9/L$
- AST/ALT equal to or less than 3 times the upper limit of normal
- Total bilirubin equal to or less than 1.5 times the upper limit of normal
- Creatinine clearance is greater than 45 mL/minute

## Day 8 of Cycles 1 to 4

- ANC equal to or greater than  $1.5 \times 10^9/L$  AND Platelets equal to or greater than  $100 \times 10^9/L$  pembrolizumab Maintenance
- ANC equal to or greater than 1.5 x  $10^9/L$  AND Platelets equal to or greater than 50 x  $10^9/L$
- AST/ALT equal to or less than 3 times the upper limit of normal
- Total bilirubin equal to or less than 1.5 times the upper limit of normal
- Creatinine clearance is equal to or greater than 30 mL/minute
  - Contact Physician if parameters not met

#### SEQUENCE OF MEDICATION ADMINISTRATION

Pre-treatment Requirements			
Drug	Dose	CCMB Administration Guideline	
	N	ot Applicable	



Establish primary solut	ion 500 mL of: normal sa	line
Drug	Dose	CCMB Administration Guideline
Cycles 1 to 4 – pemb	rolizumab + gemcitabir	ne + CISplatin
Day 1		
pembrolizumab	2 mg/kg	IV in normal saline 50 mL over 30 minutes  Use 0.2 or 0.22 micron filter
magnesium sulfate	2 g	IV in normal saline 1000 mL over 2 hours (Pre hydration)
aprepitant	125 mg	Orally 1 hour pre-chemotherapy
ondansetron	16 mg	Orally 30 minutes pre-chemotherapy
dexamethasone	12 mg	Orally 30 minutes pre-chemotherapy
OLANZapine	2.5 mg	Orally 30 minutes pre-chemotherapy
gemcitabine	1000 mg/m <sup>2</sup>	IV in normal saline 250 mL over 30 minutes
CISplatin	75 mg/m <sup>2</sup>	IV in normal saline 500 mL over 1 hour  *Alert: CISplatin infusion must be complete prior to mannitol administration
mannitol	12.5 g	IV in normal saline 1000 mL over 2 hours (Post hydration)
Day 8		
dexamethasone	8 mg	Orally 30 minutes pre-chemotherapy
gemcitabine	1000 mg/m <sup>2</sup>	IV in normal saline 250 mL over 30 minutes
pembrolizumab Mai	ntenance starts three w	veeks after Cycle 4, Day 1
pembrolizumab Mai	ntenance (Cycles 1 to 3	1 OR Cycles 1 to 16)
pembrolizumab	2 mg/kg (every 21 days) OR	IV in normal saline 50 mL over 30 minutes  Use 0.2 or 0.22 micron filter
	4 mg/kg (every 42 days)	IV in normal saline 100 mL over 30 minutes  Use 0.2 or 0.22 micron filter
· · · · · · · · · · · · · · · · · · ·		y 21 days) or 400 mg (every 42 days) within CCMB Approved Dose Bands. See Dose Banding document

In the event of an infusion-related hypersensitivity reaction, refer to the 'Hypersensitivity Reaction Standing Order'



## **REQUIRED MONITORING**

#### All Cycles

#### Day 1

- CBC, serum creatinine, urea, electrolytes, liver enzymes, total bilirubin, albumin, glucose, TSH and T4 as per Physician Orders
- Medical oncologist or designate (i.e. family practitioner in oncology) must assess patient for immune-mediated adverse reactions prior to each cycle
- Full vital signs (temperature, heart rate, respiratory rate, blood pressure and O2 saturation) at baseline and as clinically indicated
- No observation period is required after pembrolizumab administration. Patient can be discharged from treatment room if stable whether they had a reaction or not

#### Cycles 1 to 4

#### Day 1

· Baseline blood pressure prior to magnesium infusion and repeat 15 minutes after start of magnesium infusion

#### Day 8

CBC

Recommended Support Medications				
Drug	Dose	CCMB Administration Guideline		
pembrolizumab + gemcitabine + CISplatin (Cycles 1 to 4)				
aprepitant	80 mg	Orally once daily on Days 2 and 3		
dexamethasone	8 mg	Orally once daily on Days 2, 3 and 4		
OLANZapine	2.5 mg	Orally the evening of Day 1 then twice daily on Days 2, 3 and 4. Also use OLANZapine 2.5 to 5 mg AS NEEDED for breakthrough nausea and vomiting (including Days 1 to 4) up to a maximum of 10 mg per day. Contact clinic if nausea/vomiting is not adequately controlled		
pembrolizumab Maintenance (Cycles 1 to 31 OR Cycles 1 to 16)				
None required				

## **DISCHARGE INSTRUCTIONS**

#### All Cycles

- Patient should be instructed to contact their cancer team immediately if symptoms of hypersensitivity reactions occur after discharge
- Confirm that patient has received the CCMB Immune Checkpoint Inhibitor Medical Alert wallet card
- Reinforce to patient the immune-mediated adverse reactions and importance of reporting immediately
  - For severe symptoms, the patient should be instructed to go to the nearest emergency room. Oncologist on call should be contacted

#### Cycles 1 to 4

- Instruct patient to continue taking anti-emetic(s) at home
- Reinforce applicable safe handling precautions of medications, blood and body fluids for 48 hours after completion of chemotherapy



## **ADDITIONAL INFORMATION**

- pembrolizumab is an Immune Checkpoint Inhibitor. Consult with oncologist for immune-mediated adverse reactions; corticosteroids are often indicated
- CISplatin is ototoxic and nephrotoxic
- CISplatin can cause hypomagnesemia
- Upon completion of 4 cycles of LUNG [pembro + gem + CISplatin], patients should be started on maintenance treatment with LUNG [pembro q 21 d (maintenance)] or LUNG [pembro q 42 d (maintenance)]
  - LUNG [pembro q 21 d (maintenance)] or LUNG [pembro q 42 d (maintenance)] starts <u>21 days after</u>
     Cycle 4, Day 1 LUNG [pembro + gem + CISplatin]

