

## Regimen Reference Order – LYMP – R-CHOP

ARIA: LYMP – [R-CHOP]

LYMP – [R-CHOP (Split Day Treatment on Cycle 1)]

Planned Course: Every 21 days for 6 cycles

Indication for Use: Non-Hodgkin's Lymphoma

CVAD: At Provider's Discretion (VESICANT INVOLVED)

**Proceed with treatment if:**

**ANC equal to or greater than  $0.8 \times 10^9/L$  AND Platelets equal to or greater than  $100 \times 10^9/L$**

❖ Contact Hematologist if parameters not met

### SEQUENCE OF MEDICATION ADMINISTRATION

#### Pre-treatment Requirements

Drug	Dose	CCMB Administration Guideline
Instruct patient to start vigorous oral pre-hydration (600-900 mL) the morning of treatment (Self-administered at home)		
predniSONE	100 mg	Orally once on Days 1 to 5 (Self-administered at home)  predniSONE is started on Day 1 regardless if R-CHOP is given over one day or split over two days
allopurinol*	300 mg	Orally once daily for 10 days to begin 3 days prior to Cycle 1 and at provider's discretion for subsequent cycles  * Only patients at risk of tumor lysis syndrome will be prescribed allopurinol

#### Treatment Regimen – LYMP – R-CHOP

Establish primary solution 500 mL of: normal saline		
Drug	Dose	CCMB Administration Guideline
<b>Cycle 1</b>		
acetaminophen	650 mg	Orally 30 minutes prior to ritUXimab
dexamethasone**	20 mg	IV in normal saline 50 mL over 15 minutes
diphenhydramINE	50 mg	IV in normal saline 50 mL over 15 minutes

riTUXimab	375 mg/m <sup>2</sup>	<p><b>Slow infusion (if greater than 6 months since last riTUXimab dose or no previous riTUXimab):</b> IV made up to a final concentration of 1 mg/mL in normal saline. Start at 50 mg/hr for 60 minutes and escalate infusion rate in 50 mg/hr increments every 30 minutes to maximum of 400 mg/hr</p> <p><i>*Nursing Alert: IV tubing is primed with riTUXimab</i></p> <p><b>OR</b></p> <p><b>Slow infusion (if equal to or less than 6 months since last riTUXimab dose):</b> IV made up to a final concentration of 1 mg/mL in normal saline. Start at 100 mg/hr for 30 minutes and escalate infusion rate in 100 mg/hr increments every 30 minutes to maximum of 400 mg/hr</p> <p><i>*Nursing Alert: IV tubing is primed with riTUXimab</i></p>
ondansetron**	16 mg	Orally 30 minutes pre-chemotherapy
DOXOrubicin	50 mg/m <sup>2</sup>	IV Push over 10 to 15 minutes
vinCRiStine	1.4 mg/m <sup>2</sup> ; maximum dose 2 mg	IV in normal saline 25 mL over 2 to 3 minutes
cyclophosphamide	750 mg/m <sup>2</sup>	IV in normal saline 250 mL over 1 hour
<b>**If R-CHOP is split over two days, give dexamethasone 12 mg and ondansetron prior to CHOP on Day 2</b>		
<b>Cycle 2 onwards</b>		
acetaminophen	650 mg	Orally 30 minutes prior to riTUXimab
dexamethasone	12 mg	IV in normal saline 50 mL over 15 minutes
diphenhydrAMINE	50 mg	IV in normal saline 50 mL over 15 minutes
riTUXimab	1400 mg (1400 mg = 11.7 mL)	<p><b>Subcutaneous:</b> Administer over 5 minutes into abdomen Syringe should be held in hand for 5 minutes to warm up and decrease viscosity Use 25G needle</p> <p><i>*Nursing Alert: Ensure subcutaneous riTUXimab formulation is used (riTUXimab-hyaluronidase, human)</i></p>
	375 mg/m <sup>2</sup>	<p><b>Slow infusion:</b> IV made up to a final concentration of 1 mg/mL in normal saline. Start at 100 mg/hr for 30 minutes and escalate infusion rate in 100 mg/hr increments every 30 minutes to maximum of 400 mg/hr</p> <p><i>*Nursing Alert: IV tubing is primed with riTUXimab</i></p> <p><b>OR</b></p> <p><b>Rapid infusion:</b> IV in normal saline over 90 minutes: Infuse 50 mL of a 250 mL bag (or 100 mL of a 500 mL bag) over 30 minutes, then infuse the remaining 200 mL (or 400 mL of a 500 mL bag) over 60 minutes</p> <p><i>Concentration dependent drug: Pharmacy will adjust diluent volume to ensure drug stability</i></p>
ondansetron	16 mg	Orally 30 minutes pre-chemotherapy
DOXOrubicin	50 mg/m <sup>2</sup>	IV Push over 10 to 15 minutes

vinCRIStine	1.4 mg/m <sup>2</sup> ; maximum dose 2 mg	IV in normal saline 25 mL over 2 to 3 minutes
cyclophosphamide	750 mg/m <sup>2</sup>	IV in normal saline 250 mL over 1 hour
All doses will be automatically rounded that fall within the DSG Approved Dose Bands. See LYMP DSG – Dose Banding document for more information		

Flush after each medication:

- 50 mL over 6 minutes (500 mL/hr)

**In the event of an infusion-related hypersensitivity reaction, refer to the 'Hypersensitivity Reaction Standing Order'**

## REQUIRED MONITORING

Day 1

- CBC, serum creatinine, urea, AST, ALT, total bilirubin, uric acid, sodium, potassium, calcium, albumin, magnesium, phosphate as per Physician Orders
- Left Ventricular Ejection Fraction (LVEF) monitoring is recommended at baseline and as clinically indicated

**INTRAVENOUS ritUXImab**

- Full vital signs (temperature, heart rate, blood pressure, respiration and O<sub>2</sub> saturation) prior to each dose and as clinically indicated
- No observation period is required
- Patient can be discharged from treatment room if stable whether they had a reaction or not

**SUBCUTANEOUS ritUXImab**

- Full vital signs (temperature, heart rate, blood pressure, respiration and O<sub>2</sub> saturation) prior to dose, at discharge, and as clinically indicated
- **15 minute observation period required after each dose**

## Recommended Support Medications

Drug	Dose	CCMB Administration Guideline
ondansetron	8 mg	Orally every 12 hours for 2 doses starting the evening of chemotherapy and then every 12 hours as needed thereafter

## DISCHARGE INSTRUCTIONS

- Instruct patient to:
  - Continue taking anti-emetic(s) at home
  - Maintain oral intake of 2000 mL (8 glasses) of fluid daily at home
  - Empty bladder every 2 hours while awake and at bedtime for 24 hours
  - Obtain immediate assistance as per your clinic's contact instructions if:
    - Symptoms of hemorrhagic cystitis (e.g. dysuria, hematuria)
    - Unable to drink recommended amount of fluid
- Patients should be instructed to contact their cancer team immediately if symptoms of hypersensitivity reactions occur after discharge
- predniSONE is a cancer therapy in this treatment regimen. Remind patient to take predniSONE at home
- Reinforce applicable safe handling precautions of medications, blood and body fluids for 48 hours after completion of chemotherapy

## ADDITIONAL INFORMATION

- Administering nurse must document any infusion-related reactions with any dose of ritUXImab
- Ensure there were **no Grade 3 or 4** infusion-related reaction with any previous dose prior to administering ritUXImab via Subcutaneous injection or Rapid Infusion