

Regimen Reference Order – CLL – fludarabine (oral) + riTUXimab

ARIA: CLL – [FR (oral)]

Planned Course: Every 28 days for 6 cycles

Indication for Use: Chronic Lymphocytic Leukemia

CVAD: At Provider's Discretion

Proceed with treatment if:

- *Creatinine clearance greater than 30 mL/minute*

Cycle 1

- *Proceed with treatment regardless of CBC*

Cycle 2 onwards

- *ANC equal to or greater than $1 \times 10^9/L$ AND Platelets equal to or greater than $50 \times 10^9/L$*
 - ❖ *Contact Hematologist if parameters not met*

Note: *Hepatitis B serology results must be reviewed in accordance with CCMB Policy Hepatitis B Monitoring for Oncology and Hematology Patients*

Pre-treatment Requirements

| Drug | Dose | CCMB Administration Guideline |
|-------------|--------|---|
| allopurinol | 300 mg | Orally once daily for 10 days to begin 3 days prior to Cycle 1 and at provider's discretion for subsequent cycles (Self-administered at home) Only patients at risk of tumor lysis syndrome will be prescribed allopurinol |

Treatment Regimen – CLL – fludarabine (oral) + riTUXimab

Establish primary solution 500 mL of: normal saline

| Drug | Dose | CCMB Administration Guideline |
|----------------|--------|---|
| Cycle 1 | | |
| Day 1 | | |
| cetirizine | 10 mg | Orally 30 minutes prior to riTUXimab |
| acetaminophen | 650 mg | Orally 30 minutes prior to riTUXimab |
| dexamethasone | 40 mg | IV in normal saline 50 mL over 15 minutes |

Wait 30 minutes after completion of IV pre-medications before starting riTUXimab

| | | |
|---|--|--|
| riTUXimab (IV brand name specific) | 375 mg/m ² | <p>Slow infusion: IV made up to a final concentration of 1 mg/mL in normal saline. Start at 50 mg/hr for 60 minutes and escalate infusion rate in 50 mg/hr increments every 30 minutes to maximum of 400 mg/hr</p> <p><i>*Nursing Alert: IV tubing is primed with ritUXimab</i></p> <p><i>*Alert: Ensure brand name on prescription label (indicated in brackets on prescription label) matches prescribed order</i></p> <p><i>*Alert: Pharmacy to ensure final volume on label</i></p> |
| fludarabine | 40 mg/m ² (round to nearest 10 mg) | Orally once with or without food Swallow whole (Self-administered at home) |
| Days 2 to 5 | | |
| fludarabine | 40 mg/m ² (round to nearest 10 mg) | Orally once daily with or without food Swallow whole (Self-administered at home) |
| Cycle 2 onwards | | |
| Day 1 | | |
| cetirizine | 10 mg | Orally 30 minutes prior to ritUXimab |
| acetaminophen | 650 mg | Orally 30 minutes prior to ritUXimab |
| dexamethasone | 40 mg | Orally 30 minutes prior to ritUXimab <i>*Nursing Alert: Must be given IV if ritUXimab is given intravenously</i> |
| Wait 30 minutes after completion of IV pre-medications before starting ritUXimab | | |
| riTUXimab (Subcutaneous) | 1400 mg (1400 mg = 11.7 mL) | <p>Subcutaneous: Administer over 5 minutes into abdomen Syringe should be held in hand for 5 minutes to warm up and decrease viscosity Use 25G needle</p> <p><i>*Nursing Alert: Ensure subcutaneous ritUXimab formulation is used</i></p> |
| OR | | |
| riTUXimab (IV brand name specific) | 375 mg/m ² | <p>Rapid infusion: IV in normal saline over 90 minutes: Infuse 50 mL of a 250 mL bag (or 100 mL of a 500 mL bag) over 30 minutes, then infuse the remaining 200 mL (or 400 mL of a 500 mL bag) over 60 minutes</p> <p><i>*Alert: Ensure brand name on prescription label (indicated in brackets on prescription label) matches prescribed order</i></p> <p><i>*Alert: Pharmacy to ensure final volume on label</i></p> |
| fludarabine | 40 mg/m ² (round to nearest 10 mg) | Orally once with or without food Swallow whole (Self-administered at home) |

| Days 2 to 5 | | |
|---|--|---|
| fludarabine | 40 mg/m ² (round to nearest 10 mg) | Orally once daily with or without food Swallow whole (Self-administered at home) |
| All doses will be automatically rounded that fall within CCMB Approved Dose Bands. See Dose Banding document for more information | | |

In the event of an infusion-related hypersensitivity reaction, refer to the 'Hypersensitivity Reaction Standing Order'

REQUIRED MONITORING

Hepatitis B serology

- Hepatitis B surface antigen and Hepatitis B core antibody (drawn within preceding 5 years)

All Cycles

Day 1

- CBC, serum creatinine, urea, electrolytes, liver enzymes, LDH, total bilirubin, uric acid and albumin as per Physician Orders

INTRAVENOUS ritUXimab

- Full vital signs (temperature, heart rate, respiratory rate, blood pressure and O₂ saturation) at baseline and as clinically indicated
- No observation period is required after ritUXimab administration. Patient can be discharged from treatment room if stable whether they had a reaction or not

SUBCUTANEOUS ritUXimab

- Full vital signs (temperature, heart rate, respiratory rate, blood pressure and O₂ saturation) at baseline, at discharge, and as clinically indicated
- 15-minute observation period required after each dose**

Recommended Support Medications

| Drug | Dose | CCMB Administration Guideline |
|-------------------------------|------------|--|
| valACYlovir | 500 mg | Orally once daily |
| sulfamethoxazole-trimethoprim | 800/160 mg | Orally twice daily on Saturdays and Sundays only |
| metoclopramide | 10 – 20 mg | Orally every 4 hours as needed for nausea and vomiting |

DISCHARGE INSTRUCTIONS

- Patients should be instructed to contact their cancer team immediately if symptoms of hypersensitivity reactions occur after discharge
- Instruct patient to continue taking anti-emetic(s) at home
- Treatment room nurse to provide oral fludarabine on Day 1 of each cycle. fludarabine is a cancer therapy in this treatment regimen. Remind patient to take fludarabine at home
- valACYclovir is prescribed for herpes zoster (shingles) prophylaxis
- sulfamethoxazole-trimethoprim DS is prescribed for *Pneumocystis jirovecii* pneumonia prophylaxis
- Reinforce applicable safe handling precautions of medications, blood and body fluids for 48 hours after completion of chemotherapy

ADDITIONAL INFORMATION

- Patients on fludarabine should receive irradiated blood products
- Due to the risk of reactivation of Hepatitis B virus (HBV) while on this treatment regimen, prescriber must adhere to CCMB Policy ***Hepatitis B Monitoring for Oncology and Hematology Patients*** for ordering and interpreting HBV serology and prescribing antiviral prophylaxis
- valACYlovir and sulfamethoxazole-trimethoprim DS continue while on treatment and for 6 months after discontinuation of FR due to risk of prolonged immunosuppression
- Administering nurse must document any infusion-related reactions with any dose of ritUXimab
- Ensure there were no Grade 3 or 4 infusion-related reactions with the previous dose prior to administering ritUXimab via Subcutaneous injection or Rapid Infusion
- Intravenous ritUXimab formulation is available from more than one manufacturer and uses several different brand names. Brand name will be indicated in brackets after ritUXimab. **Ensure prescription label matches the brand name on prescribed order for intravenous ritUXimab**
- Oral fludarabine is dispensed by the pharmacy site that prepares the ritUXimab