ADULT Updated: May 2, 2022

# Regimen Reference Order - HEME - cladribine (systemic mastocytosis)

ARIA: HEME - [cladribine (mastocytosis)]

Planned Course: Once daily for 5 days (1 cycle = 28 to 84 days; cycle length to be determined by

physician) to a maximum of 9 cycles

Indication for Use: Systemic mastocytosis

CVAD: At Provider's Discretion

## **Proceed with treatment if:**

• ANC equal to or greater than  $1 \times 10^9/L$  AND Platelets equal to or greater than  $75 \times 10^9/L$ 

- Creatinine clearance is equal to or greater than 30 mL/minute
  - Contact Hematologist if parameters not met

# **SEQUENCE OF MEDICATION ADMINISTRATION**

Pre-treatment Requirements			
Drug	Dose	CCMB Administration Guideline	
allopurinol*	300 mg	Orally once daily for 10 days to begin 3 days prior to Cycle 1 and at provider's discretion for subsequent cycles  (Self-administered at home)	
		* Only patients at risk of tumor lysis syndrome will be prescribed allopurinol	

Treatment Regimen – HEME – cladribine (systemic mastocytosis)  Establish primary solution 500 mL of: normal saline				
Days 1 to 5				
cladribine	0.14 mg/kg	IV in normal saline 500 mL over 2 hours		
All doses will be auto Banding document fo	•	within the DSG Approved Dose Bands. See HEME DSG – Dose		

In the event of an infusion-related hypersensitivity reaction, refer to the 'Hypersensitivity Reaction Standing Order'

#### REQUIRED MONITORING

#### Day 1

· CBC, serum creatinine, urea, electrolytes, uric acid, LDH and albumin as per Physician Orders



Recommended Support Medications			
Drug	Dose	CCMB Administration Guideline	
sulfamethoxazole- trimethoprim	800/160 mg	Orally twice daily on Saturdays and Sundays only	
valACYclovir	500 mg	Orally once daily	
metoclopramide	10 – 20 mg	Orally every 4 hours as needed for nausea and vomiting	

## **DISCHARGE INSTRUCTIONS**

- Instruct patient to continue taking anti-emetic(s) at home
- Remind patient to take valACYclovir (shingles prophylaxis) and sulfamethoxazole-trimethoprim (*Pneumocystis jirovecii* pneumonia prophylaxis) at home
- Reinforce applicable safe handling precautions of medications, blood and body fluids for 48 hours after completion of chemotherapy

## **ADDITIONAL INFORMATION**

- valACYclovir and sulfamethoxazole-trimethoprim DS continue during and for 3 months after last dose of cladribine given due to risk of prolonged immunosuppression
- Patients on cladribine require irradiated blood products

