ADULT Updated: June 2, 2023

# Regimen Reference Order – GENU – gemcitabine + CISplatin (Split dose)

ARIA: GENU - [gem + CIS (Split Dose) (ADJ)]
GENU - [gem + CIS (Split Dose) (MET)]

Planned Course: Neo-Adjuvant and Adjuvant:

Every 21 days for 4 cycles

OR Metastatic:

Every 21 days for 6 cycles

Indication for Use: Urothelial Cancer

CVAD: At Provider's Discretion

### **Proceed with treatment if:**

### Day 1

- ANC equal to or greater than  $1.5 \times 10^9/L$  AND Platelets equal to or greater than  $100 \times 10^9/L$
- Creatinine clearance greater than 45 mL/minute
  - Contact Physician if parameters are not met

#### Day 8

- ANC equal to or greater than  $1 \times 10^9/L$  AND Platelets equal to or greater than  $75 \times 10^9/L$
- Creatinine clearance greater than 45 mL/minute
  - **❖ OMIT DAY 8 OF CURRENT CYCLE IF CBC PARAMETERS ARE NOT MET**

**Note:** Consult with Genitourinary Medical Oncologist for direction on dose reduction(s) prior to patient's next scheduled cycle if Day 8 is omitted

# **SEQUENCE OF MEDICATION ADMINISTRATION**

Pre-treatment Requirements				
Drug	Dose	CCMB Administration Guideline		
Not Applicable				

# **Treatment Regimen – GENU – gemcitabine + CISplatin (Split dose)**

Drug	Dose	CCMB Administration Guideline	
Days 1 and 8			
magnesium sulfate	1 g	IV in normal saline in 500 mL over 1 hour (Pre hydration)	
aprepitant	125 mg	Orally 1 hour pre-chemotherapy	
ondansetron	16 mg	Orally 30 minutes pre-chemotherapy	
dexamethasone	12 mg	Orally 30 minutes pre-chemotherapy	



OLANZapine	2.5 mg	Orally 30 minutes pre-chemotherapy
gemcitabine	1250 mg/m <sup>2</sup>	IV in normal saline 250 mL over 30 minutes
CISplatin	35 mg/m <sup>2</sup>	IV in normal saline 500 mL over 1 hour
normal saline	500 mL	IV over 1 hour (Post hydration)

In the event of an infusion-related hypersensitivity reaction, refer to the 'Hypersensitivity Reaction Standing Order'

# **REQUIRED MONITORING**

#### All Cycles

# Day 1

- · CBC, serum creatinine, urea, liver enzymes, total bilirubin, electrolytes as per Physician Orders
- Baseline blood pressure prior to magnesium infusion and repeat 15 minutes after start of magnesium infusion

#### Day 8

- CBC, serum creatinine, urea and electrolytes as per Physician Orders
- · Baseline blood pressure prior to magnesium infusion and repeat 15 minutes after start of magnesium infusion

	Recommended Support Medications					
l	Drug	Dose	CCMB Administration Guideline			
l	aprepitant	80 mg	Orally once daily on Days 2, 3, 9 and 10			
l	dexamethasone	8 mg	Orally once daily on Days 2, 3, 4, 9, 10 and 11			
	OLANZapine	2.5 mg	Orally the evening of Days 1 and 8 then twice daily on Days 2, 3, 4, 9, 10 and 11. Also use OLANZapine 2.5 to 5 mg AS NEEDED for breakthrough nausea and vomiting (including Days 1 to 4 and 8 to 11) up to a maximum of 10 mg per day. Contact clinic if nausea/vomiting is not adequately controlled			

# **DISCHARGE INSTRUCTIONS**

- Instruct patient to continue taking anti-emetic(s) at home
- Instruct patient to notify clinic if having significant diarrhea or vomiting
- Reinforce applicable safe handling precautions of medications, blood and body fluids for 48 hours after completion of chemotherapy

#### ADDITIONAL INFORMATION

- CISplatin is ototoxic and nephrotoxic
- CISplatin can cause hypomagnesemia

