ADULT Updated: February 5, 2020

Regimen Reference Order – GAST – trastuzumab (maintenance)

ARIA: GAST – [trastuzumab (maintenance)]

Planned Course: Every 21 days until disease progression

Indication for Use: Gastric Cancer/Gastroesophageal Junction Tumor Metastatic; HER2 positive;

Maintenance

CVAD: At Provider's Discretion

Blood work at provider's discretion; not required to proceed with treatment

SEQUENCE OF MEDICATION ADMINISTRATION

Pre-treatment Requirements					
	Drug	Dose	CCMB Administration Guideline		
Not Applicable					

Establish primary solution 500 mL of: normal saline			
Drug	Dose	CCMB Administration Guideline	
trastuzumab (brand name specific)	6 mg/kg	IV in normal saline 250 mL over 30 minutes *Alert: Ensure brand name on prescription label (indicated in brackets on prescription label) matches prescribed order	

Flush after each medication:

• 50 mL over 6 minutes (500 mL/hr)

In the event of an infusion-related hypersensitivity reaction, refer to the 'Hypersensitivity Reaction Standing Order'

REQUIRED MONITORING

- Left Ventricular Ejection Fraction (LVEF) monitoring is recommended every 4 cycles
- Full vital signs (temperature, heart rate, respiratory rate, blood pressure and O₂ saturation) at baseline and as clinically indicated
- No observation period required after trastuzumab administration. Patient can be discharged from treatment room if stable whether they had a reaction or not

	Recommended Support Medications					
	Drug	Dose	CCMB Administration Guideline			
Not Applicable						



DISCHARGE INSTRUCTIONS

• Patients should be instructed to contact their cancer team immediately if symptoms of hypersensitivity reactions occur after discharge

ADDITIONAL INFORMATION

- First dose of maintenance trastuzumab starts 3 weeks after last dose of trastuzumab given as part of:
 - GAST trastuzumab + CISplatin + capecitabine, OR
 - o GAST trastuzumab + XELOX, OR
 - o GAST trastuzumab + CISplatin + fluorouracil
- First dose of maintenance trastuzumab starts 2 weeks after last dose of trastuzumab given as part of GAST trastuzumab + FOLFOX-6
- trastuzumab is available from more than one manufacturer and uses several different brand names. Brand name will
 be indicated in brackets after trastuzumab. Ensure prescription label matches the brand name on prescribed order

