# **Regimen Reference Order** – LEUK – AL4 (Continuation)

ARIA: LEUK - [AL4 (Continuation)]

 Planned Course:
 1 cycle = 21 days

 Repeat Continuation Therapy until the total duration of therapy is 2 years from the date of Complete Remission

 Indication for Use:
 Acute Lymphoblastic Leukemia

CVAD: Preferred (VESICANT INVOLVED)

#### <u>Proceed with treatment if:</u>

### Cycle 1 Day 1

- ANC equal to or greater than  $1 \times 10^{9}$ /L AND Platelets equal to or greater than  $100 \times 10^{9}$ /L
- AST less than 8 times the upper limit of normal
- Direct bilirubin less than 25 μmol/L

### Cycle 2 and Onwards Day 1

- ANC equal to or greater than  $0.5 \times 10^9/L$  AND Platelets equal to or greater than  $75 \times 10^9/L$
- AST less than 8 times the upper limit of normal
- Direct bilirubin less than 25 μmol/L
  - **Contact Leukemia/BMT (L/BMT) Physician if parameters not met**

# SEQUENCE OF MEDICATION ADMINISTRATION

Pre-treatment Requirements		
Drug	Dose	CCMB Administration Guideline
	Nc	t Applicable

Treatment Regimen – LEUK – AL4	(Continuation)
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Establish primary solution 500 mL of: normal saline
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Drug	Dose	CCMB Administration Guideline
dexamethasone	6 mg/m <sup>2</sup> /day (round to nearest 2 mg)	Orally divided twice a day with food on Days 1 to 5 (Self-administered at home)
vinCRIStine	2 mg (standard dose)	IV in normal saline 25 mL over 2 to 3 minutes by gravity infusion on <b>Day 1</b>
mercaptopurine	50 mg/m <sup>2</sup> (round to nearest 25 mg)	Orally once daily on an empty stomach <b>on Days 1 to 14</b> Do not take with milk or milk-based products (Self-administered at home)
methotrexate	60 mg/m <sup>2</sup>	Orally once weekly on Days <b>2, 9 and 16</b> Take on an empty stomach <b>(Self-administered at home)</b>



Patients will receive Triple Intrathecal Therapy every 18 weeks while receiving continuation therapy (Patient is placed on support regimen – LEUK – [AL4 (IT)] beginning with CNS phase which occurs every 126 days = 18 weeks). Intrathecal is given at the start of treatment cycles where possible. Refer to Appendix A

mercaptopurine (PURINETHOL<sup>®</sup>) available dosage strength: 50 mg tablets Classification: Cytotoxic, Hazardous methotrexate available dosage strength: 2.5 mg tablets Classification: Cytotoxic, Hazardous

In the event of an infusion-related hypersensitivity reaction, refer to the 'Hypersensitivity Reaction Standing Order'

# **REQUIRED MONITORING**

#### AL4 (Continuation)

Day 1

• CBC and biochemistry as per Physician Orders

Recommended Support Medications		
Drug	Dose	CCMB Administration Guideline
sulfamethoxazole- trimethoprim DS	800/160mg	Orally twice daily on Saturdays and Sundays only

# **DISCHARGE INSTRUCTIONS**

- If nausea or mucositis develops, instruct patient to contact their L/BMT physician
- sulfamethoxazole-trimethoprim should not be administered on intrathecal therapy days due to potential drug interaction
- mercaptopurine should not be taken at the same time as milk or milk-based products. Cow's milk in particular, contains high concentrations of xanthine oxidase which inactivates mercaptopurine
- Reinforce safe handling precautions of medications, blood and body fluids for 48 hours after completion of chemotherapy

## **ADDITIONAL INFORMATION**

- Intrathecal therapy is part of this regimen and is given every 18 weeks. See APPENDIX A AL4 (IT)
- Dose adjustments are made to methotrexate and mercaptopurine to achieve a desired nadir ANC of  $0.5 \times 10^9$ /L to  $0.75 \times 10^9$ /L and platelets of  $75 \times 10^9$ /L to  $100 \times 10^9$ /L
- Treatment may be delayed if patient is experiencing moderate or severe mucositis
- If patient has recurrent mouth sores, they may be evaluated for HSV and considered for valacyclovir prophylaxis



#### **APPENDIX A**

# LEUK – AL4 (IT)

Planned course: Every 18 weeks from the beginning of CNS Phase. Continue until the completion of AL4 (Continuation)

#### Proceed with treatment if:

# ANC equal to or greater than 0.5 x 10<sup>9</sup>/L AND Platelets equal to or greater than 50 x 10<sup>9</sup>/L Contact L/BMT Physician if parameters not met

Drug and Dose	CCMB Administration Guideline	
Every 18 weeks (Starting with beginning of CNS phase)		
Triple Intrathecal: methotrexate 12 mg cytarabine 40 mg hydrocortisone 50 mg	Intrathecal in 6 mL preservative free normal saline administered in L/BMT Clinic	
IT is ordered as a separate cyclical Support regimen LEUK – [AL4 (IT)]		

