# CANCER talk CONNECTING WITH MANITOBA'S PRIMARY CARE PROVIDERS



#### PROVINCIAL CANCER REFERRAL AND NAVIGATION

Important Information for Healthcare Providers

The **CCMB Central Referral Office** is the central point of entry for referring physicians and nurse practitioners to access CCMB clinical services across the province.

**Central Referral Office Contact Information:** Phone: 1-844-320-4545 | Fax: 204-786-0621. The phone number above is the only number for **ALL** internal and external referrals to the Central Referral Office. The fax number remains the same.

**Cancer Navigation Services** can be accessed directly by patients and their family members, or through a referral from a primary-care provider or any other healthcare professional.

### Interlake-Eastern RHA

Toll free: 1-855-557-2273 Fax 1-204-785-9242

#### Northern RHA

Toll free: 1-855-740-9322 Fax 1-204-677-5387

#### Prairie Mountain Health

Toll free: 1-855-346-3710 Fax 1-204-578-2833

#### Southern Health-Santé Sud

Toll free: 1-855-623-1533 Fax 1-204-331-8899

### Winnipeg

Toll free: 1-855-837-5400 Fax 1-204-235-0690

For all hubs located within the RHA's, click <u>here</u>.

## CHANGES TO COLORECTAL CANCER SCREENING

In June 2023, colorectal cancer screening underwent significant changes.

Check out page 2 to learn more.

### UPDATES TO CCMB REFERRAL PROCESS

Streamlined and effective processes are crucial in improving patient outcomes. Find more on page 4.

### YOUR OPINION MATTERS!

Share your thoughts on what you'd like to see in CancerTalk.
Check out page 8 for details.

If you have questions regarding the work-up of suspected cancer or any other cancer-related questions, please contact The CancerQuestion Helpline for Healthcare Professionals,

Monday to Friday 8:30 a.m. to 4:30 p.m.

(204) 226-2262 or cancer.question@cancercare.mb.ca



### CHANGES TO COLORECTAL CANCER SCREENING

In June 2023 colorectal cancer screening underwent significant changes.

1. The provincial colorectal cancer screening test changed to the Fecal Immunochemical Test, commonly known as FIT. FIT is only for colorectal cancer screening in eligible populations.

- 2. FIT distribution was centralized under CancerCare Manitoba's ColonCheck program. FIT requests for your patients can be made using the Fecal Immunochemical Test Requisition (pdf) form. The form can be downloaded from your electronic medical record library.
- 3. FIT analysis is being done by Cadham Provincial Laboratory. Cadham Provincial Laboratory sends patient results to healthcare providers.
- 4. ColonCheck communicates test results to patients. If required, ColonCheck also makes colonoscopy referrals following abnormal FIT results.

These changes are expected to provide significant benefits to patients for colorectal cancer screening. Things to keep in mind:

- FIT should not be used for diagnostic purposes. ColonCheck does not provide FIT for reasons other than colorectal cancer screening. If symptoms are present, the patient should be referred for diagnostic testing.
- If your patient has done an FOBT in the last two years, ColonCheck will automatically send them a FIT when they are due for screening.
- If your patient has an abnormal FIT, the ColonCheck Nurse Practitioner will meet with your patient to assess their appropriateness for colonoscopy, provide them with instructions on how to prepare for the procedure (fasting, bowel prep), and answer any questions. If the patient is suitable for colonoscopy, ColonCheck will process the request and advise you that a referral has been made.
- FIT is the recommended test for colorectal cancer screening in average-risk
  individuals. In some patients at increased risk (people with a personal or family
  history of CRC),
  a colonoscopy may be the more appropriate screening test. In these cases, an
  - endoscopist consult or referral to a colonoscopy may be required.
- If your patient has an FOBT at home, a replacement kit can be requested by:
  - a. Having the patient notify ColonCheck at 1-855-952-4325 or online at <u>cancercare.mb.ca/</u> <u>coloncheck</u>, or
  - b. Submitting the <u>FIT Requisition form</u> available in your EMR or at <u>cancercare.mb.ca/screening/hcp</u>.
- You can request that your patient's kit be sent directly to your clinic by completing the OPTIONAL section on the FIT Requisition form. This might be helpful when a patient has transient housing, or requires more support in competing the Return Form.







#### **OPTIONAL**

Check here if you want the FIT mailed to the healthcare provider address indicated above for patient pickup.

The lab will reject tests that do not meet analysis standards. We encourage you to remind your patients to:



**Apply the label** to the FIT tube. The label is found on the Return Form.



Ensure the FIT device **snaps shut** after the sample has been collected.



Include the Return Form with the sample.

Resources are available at <u>cancercare.mb.ca/screening/hcp</u>

- ColonCheck Screening Guidelines
- Clinical Practice Change
- Fecal Immunochemical Test (FIT) Requisition Form
- Fecal Immunochemical Test (FIT) Requisition Completion Instructions
- Understanding the Changes to Colorectal Cancer Screening in Manitoba
- ColonCheck Fact Sheet for Health Care Professionals

Webinars and compendiums available at <u>cancercare.mb.ca/screening/hcp/education</u>:

- \* June 20, 2023: Is your patient fit for FIT? An overview of fecal immunochemical testing for colorectal cancer screening in Manitoba webinar
- December 5, 2023: Pulse check: changes to colorectal cancer screening

#### Contact:

cancercare.mb.ca/screening/hcp ColonCheck@cancercare.mb.ca 1-855-95-CHECK (1-855-952-4325)





Efficient and effective processes are pivotal in achieving better patient outcomes. CCMB is working to improve its internal referral management processes and communication with referring healthcare providers. Part of these improvements involves establishing a set of minimum requirements that a referral package will be reviewed against before it will be sent for triage by an oncologist. This change will improve the quality and completeness of the triage process, streamline patients who are ready to be seen by oncology, and identify those who require additional work-up. These improvements have been implemented in the GI, Liver, GU and thoracic Disease Site Groups thus far. These changes highlight CancerCare Manitoba's dedication to advancing our cancer services to better serve the needs of Manitobans by contributing to better patient outcomes, enhanced communication, improving healthcare efficacy, and delivering high-quality patient-centred care and experiences.

As these improvements are made the new set of minimum requirements can be found on CCMB's website here: Referral Forms & Guidelines

\*NEW GI: <u>Central-Referral-Office-GI-Triage-requirements.pdf</u>

\*NEW LIVER: Central-Referral-Office-Liver-Triage-requirements.pdf

\*NEW Thoracic: <u>Central-Referral-Office-Thoracic-Triage-requirements.pdf</u>

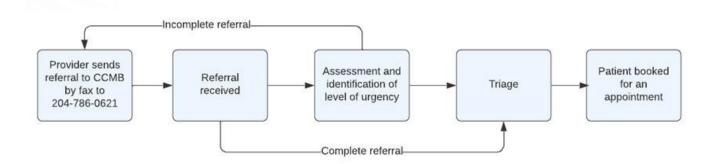
\*NEW GU: coming soon.

#### What this means for referring providers:

- CancerCare Manitoba Referral form can be found here: <u>CCMB Referral Information Sheet-2015-01-28 FINAL</u>
- Referrals to CancerCare Manitoba's Central Referral Office must be faxed to 204-786-0621
- Information to CancerCare Manitoba's Medical Records Department (not referral information) must be faxed to 204-786-0185
- Please review the referral guidelines for the relevant disease site before faxing your referral. This will ensure your patient does not experience unnecessary delays.
  - \* If a referral requires additional information, a letter will be sent back to the referring provider identifying the missing information required, requesting it to be sent to the CCMB Referral Office.
  - \* If CCMB is redirecting a referral to thoracic surgery a letter will be sent to the referring provider to advise and provide contact information for follow-up inquiries.
  - \* If CCMB is not accepting the referral because it requires a different service that we cannot refer to (e.g. urology), a letter advising of this will be sent to the referring provider advising of the need for referral to an alternative specialty service. CancerCare will not forward.

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If you require support or assistance in facilitating a complete work-up for your patient, please connect with a Nurse Navigator in your region. Nurse Navigators can support providers and patients throughout the diagnostic journey and facilitate referrals to CancerCare Manitoba's Central Referral Office when appropriate.

### **Community Profiles**

First Nations • Métis • Inuit

CancerCare Manitoba, in partnership with First Nation, Métis, and Inuit communities, has launched an innovative website to help healthcare professionals create safer and more comprehensive care plans for

5

patients returning to their communities. The Indigenous Community Profiles website is a valuable resource that provides geographical and travel information, as well as details on healthcare and community resources in Indigenous communities.



### Featured community - St. Laurent, Manitoba

St. Laurent Manitoba is a Métis community of 1000 (2021 census) located on the eastern shore of Lake Manitoba. Languages spoken here are English, French and French Michif. The community is within driving distance to Winnipeg (70 kms). Health services are provided in the community at the St. Laurent Community Health Centre by the Nurse Practitioner, Monday – Thursday with an appointment. There is an assisted living center as well as seniors housing in St. Laurent.

The nearest community cancer center for chemotherapy is an hour away.

First Nations, Métis and Inuit Community Profiles provide community information and resources that can be used to support people with cancer. Clinicians can find resources that are available in Indigenous communities, to create safer and more realistic care plans for patients returning to their home community.

Visit <u>ccmbindigenouscommunityprofiles.ca</u>





### Professional Development Calendar

### 2023 - 2024

	2023 –2024			
als	Date	Event	Торіс	Location & Time
Care Professiona	October 12-13, 2023	Provincial Cancer Care Conference	"Working together to advance cancer care."	Canad Inns Destination Centre Polo Park
	November 7 & 21, 2023	Training	Cancer Screening and CervixCheck Competency Training	Winnipeg, MB Register here
rof	November 15, 2023	Cases in Cancer	Cancers of the Thorax: Diagnostic Work-up and Overview of Management Dr. Susan Green	8:00am-9:00am Via Zoom Register here
are F	November 29, 2023	Community Oncology Rounds	Adjuvant Breast Cancer Treatment and Side Effects Dr. Danielle Desautels	8:00am-9:00am Via Zoom Register Here
ပီ င	December 5, 2023	Webinar	Pulse Check: Changes to colorectal cancer screening	Zoom Register here
ealth	December 19, 2023	Cases in Cancer	Gastric Cancer - an Update on Diagnostic and Therapeutic Issues Dr. Goldenberg and Dr. Shariff	8:00am-9:00am Via Zoom Register here
I	January 24, 2024	Community Oncology Rounds	Immunotherapy Toxicity Dr. Vallerie Gordon	8:00am-9:00am Via Zoom Register here
For	February 21, 2024	Cases in Cancer	<b>Diagnostic Work-Up: Genitourinary Cancers</b> Dr. Piotr Czaykowski	8:00am-9:00am Via Zoom Register here
ancer Education	February 27-28, 2024	Training	Cancer Screening and CervixCheck Competency Training	Winnipeg, MB Register here
	March 13, 2024	Community Oncology Rounds	Radiation Therapy Side Effects Dr. William Hunter	8:00am-9:00am Via Zoom Register here
	April 2024	Cases in Cancer	Pain & Symptom Management Presenter TBD	8:00am-9:00am Via Zoom Link to come
	May 14-15, 2024	Training	Cancer Screening and CervixCheck Competency Training	Winnipeg, MB Register here
	May 8, 2024	Community Oncology Rounds	Oncologic Emergencies in a Rural/Remote Setting Dr. Gokulan Sivananthan	8:00am -9:00am Via Zoom Register here
Ca	TBD	Interdisciplinary Rounds	Gynecology	Link to come
	On Request 1-1.5 hours	Education in your office	Cancer Diagnosis Workshops, Follow up Care Guidelines, Introduction to Cancer Services in Manitoba To request an event, email CCMBPrimaryCareEducation@cancercare.mb.ca	

Schedule subject to change. For more information and updates visit: <a href="https://www.cancercare.mb.ca/For-Health-Professionals/conferences">https://www.cancercare.mb.ca/For-Health-Professionals/conferences</a>

CancerCare Manitoba's Community Oncology Program offers many excellent oncology and hematology education sessions and conferences throughout the academic year.



### **COMMUNITY ONCOLOGY ROUNDS** 2023-2024

### **Presenter:** Dr. Vallerie Gordon,

MD, FRCPC Medical Oncologist, CancerCare Manitoba, MacCharles Site



**Date: January 24, 2024** 

Time: 8:00 a.m. - 9:00 a.m.

**Location:** Live Webinar via Zoom

**REGISTER HERE** 











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