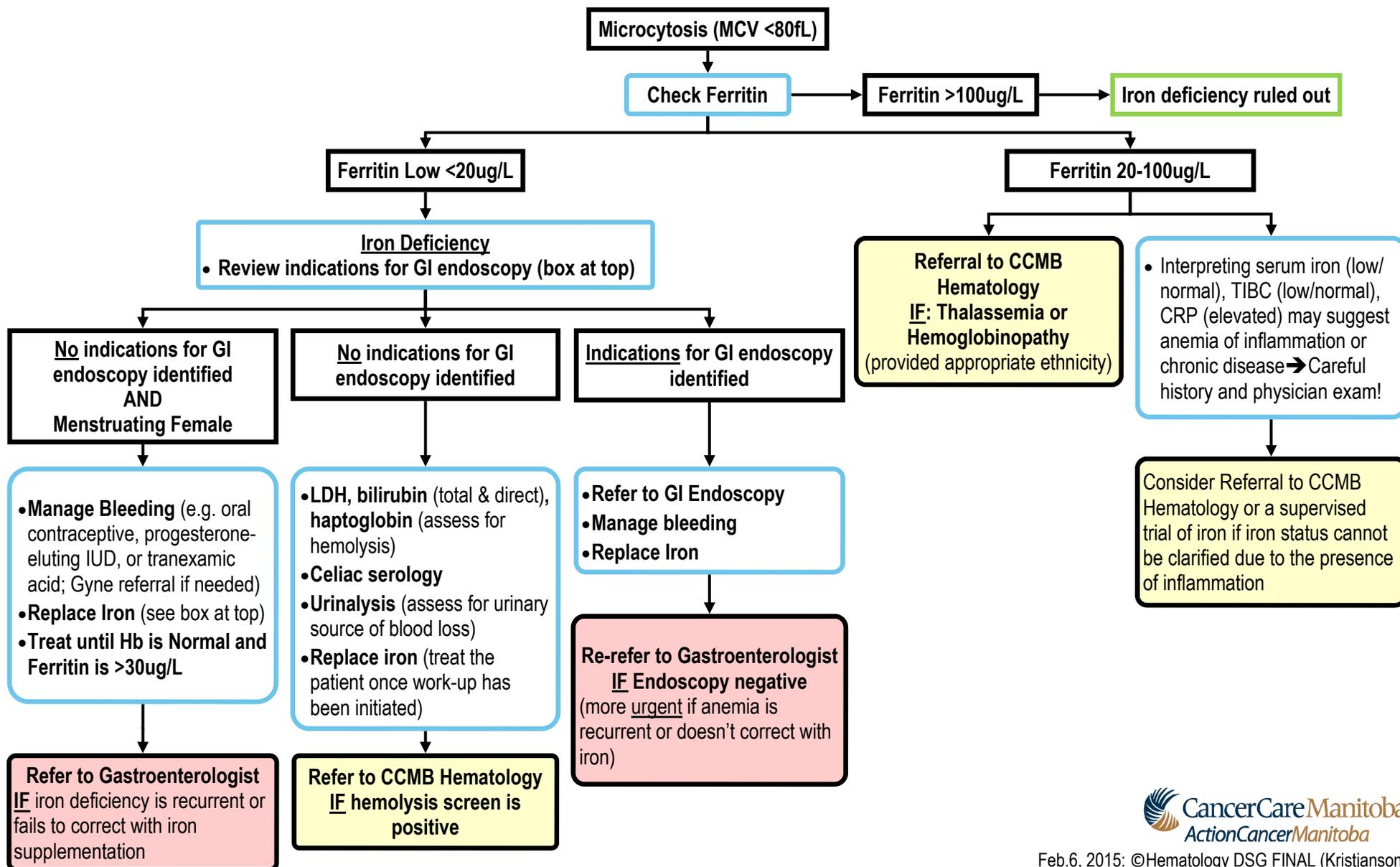


Work-Up of IRON DEFICIENCY ANEMIA in ADULTS

INDICATIONS FOR GI ENDOSCOPY: • Adult males • Post-menopausal females
 • Unexplained weight loss • Family history of GI cancer • Any associated GI
 Symptoms such as: Dysphagia, Odynophagia, Dyspepsia, Abdominal pain, Melena,
 Hematochezia, Tenesmus, Altered bowel habit.

IRON REPLACEMENT: a) Control Blood Loss; b) Warn patients of GI side effects and start slow; c) Ferrous sulfate, gluconate, or fumarate or iron polysaccharide in doses that provide 150-200mg of elemental iron per day (e.g. ferrous sulfate 300mg TID)



Pathways are subject to clinical judgment and actual practice patterns may not always follow the proposed steps in this pathway.