

## COVID-19 Program and Service Changes: CancerCare Manitoba Patient and Family Support Services and Psychosocial Oncology

See below for information regarding:

- Ongoing supportive care services that are continuing, but may be delivered in a different manner.
- Education and support programs, which have been cancelled or are on hold as part of Manitoba's response to COVID-19.

### CCMB Patient and Family Supportive Care and Counselling Services – *continuing to be offered*

| Counselling Services (Psychosocial Oncology) |   |
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| Counselling for patients and families        | <ul style="list-style-type: none"> <li>• Telephone counselling is available for patients and family members.</li> <li>• Patients can be seen in person for counselling if they are already at CCMB for another medical appointment.</li> <li>• Any patients with urgent counselling needs are asked to call 204-787-2109 or 1 (866) 561-1026.</li> <li>• Patients and family members are encouraged to consider online support groups.</li> </ul> |

| Patient & Family Support Services |   |
|-----------------------------------|---|
| Supportive Care Program           | Service Delivery  |
| Nutrition Services                | <ul style="list-style-type: none"> <li>• Dietitians are providing patient appointments by telephone.</li> <li>• Dietitians are available Monday to Friday at 675 McDermot Avenue.</li> <li>• A Dietitian is at the St. Boniface site on Monday and Thursday.</li> <li>• A Dietitian is at the Victoria General Hospital site on Wednesday.</li> </ul> |

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|-------------------------------------|--|
| Speech Language Pathology           | <ul style="list-style-type: none"> <li>• <u>Only booking in-person appointments for :</u> <ul style="list-style-type: none"> <li>-patients requiring urgent voice prosthesis (TEP) management</li> <li>-new patients who have had a total laryngectomy</li> </ul> </li> <li>• Assessment, treatment and education is being offered by telephone when possible for : <ul style="list-style-type: none"> <li>-patients on treatment</li> <li>-patients referred for swallowing (dysphagia) assessment</li> </ul> </li> <li>• Patients can be seen for urgent swallowing (dysphagia) assessment in coordination with their CCMB physician appointment.</li> </ul> |
| Breast & Gyne Cancer Centre of Hope | Breast & Gyne Cancer Patient & Family Educators <ul style="list-style-type: none"> <li>• Providing education as needed by telephone</li> </ul>   |
| Patient and Family Resource Centre  | <ul style="list-style-type: none"> <li>• Temporarily closed</li> </ul>   |

**CCMB Patient and Family Supportive Care Services - *events cancelled and programs on hold during COVID-19***

| PATIENT AND FAMILY SUPPORT SERVICES and PSYCHOSOCIAL ONCOLOGY |   |
|---|---|
| Event/Program   | On Hold or Rescheduled  |
| National Young Adult Cancer Conference<br>(May 21-24)         | Cancelled for May and tentatively rescheduled to October 1-5, 2020.   |
| Guardian Angel Caring Room                                    | Closed - wigs and headwear are not available at this time.  |
| Look Good Feel Better Workshops                               | On hold - no longer offering workshops across Canada.   |
| Nipple/Areola Tattooing after Breast Reconstruction           | On hold until further notice.   |
| Physiotherapy program   | <ul style="list-style-type: none"> <li>• On hold - all Physiotherapy services are on hold.</li> <li>• Six Week Physiotherapy Cancer Rehabilitation program postponed.</li> <li>• Research Study on Balance, Agility and Strengthening Exercise (BASE) is delayed for a year.</li> </ul> |
| Patient Education – Group Sessions                            | On hold - all group education sessions are on hold until further notice.  |
| CCMB Support Groups   | On hold - all support groups offered by CCMB counselling staff are on hold at this time.  |

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|---|---|
| <b>Moving Forward after Cancer Wellness</b> | On hold until further notice. Reh-Fit Centre is closed. |
| <b>Yoga and Cancer sessions</b>             | On hold until further notice.                           |
| <b>Expressive Art Therapy</b>               | On hold until further notice.                           |
| <b>Brain Fog education</b>                  | On hold until further notice.                           |
| <b>Music to My Ears</b>                     | Cancelled onsite musicians.                             |
| <b>Navigator Newsletter</b>                 | On hold and will not be available at this time.         |