

Cancer and Anxiety: Coping during COVID-19

Online Interview and Discussion

Thursday, October 29, 2020
3:00 p.m. - 4:30 p.m.

Guest Speaker



Miriam Duff, Counsellor, CancerCare Manitoba

Learn about:

- Anxiety and what it is
- Living with cancer and increased anxiety during COVID-19
- Ways to cope and manage anxiety
- Helpful resources

This session will be offered online through Zoom. To register, call:

Patient and Family Resource Centre
204-787-4357 or 1-866-561-1026