A mammogram can find most breast cancer 2-3 years before you can feel any changes.

A mammogram is simple, safe and the best practice available for early detection.

Screening mammograms are for healthy women with no symptoms.

Risk of breast cancer increases with age. In Manitoba, over 80% of breast cancer happens in women over 50 years of age.

Women should have a mammogram every 2 years starting at age 50 OR as recommended by their doctor.

Manitoba Breast Screen Program
Phone 788-8000 or 1-800-903-9290
www.cancercare.mb.ca/MBSP/