ADULT Updated: April 23, 2024

Regimen Reference Order - BRST - DOXOrubicin

ARIA: BRST – [DOXOrubicin (q 7 days)]

Planned Course: Every 21 days (Days 1, 8 and 15) for a total of 6 to 8 cycles

Indication for Use: Breast Cancer Metastatic

CVAD: Preferred (VESICANT INVOLVED)

Proceed with treatment if:

ANC equal to or greater than 1.5 x $10^9/L$ AND Platelets equal to or greater than 90 x $10^9/L$

Contact Physician if parameters not met

Note: Hepatitis B serology results must be reviewed in accordance with CCMB Policy Hepatitis B Monitoring for Oncology and Hematology Patients

SEQUENCE OF MEDICATION ADMINISTRATION

Pre-treatment Requirements					
Drug	Dose	CCMB Administration Guideline			
Not Applicable					

Treatment Regimen – BRST – DOXOrubicin					
Establish primary solution 500 mL of: normal saline					
Drug	Dose	CCMB Administration Guideline			
ondansetron	8 mg	Orally 30 minutes pre-chemotherapy on Days 1, 8, 15			
dexamethasone	12 mg	Orally 30 minutes pre-chemotherapy on Days 1, 8, 15			
DOXOrubicin	20 mg/m ²	IV Push over 10 to 15 minutes on Days 1, 8, 15			

In the event of an infusion-related hypersensitivity reaction, refer to the 'Hypersensitivity Reaction Standing Order'

REQUIRED MONITORING

Hepatitis B serology

Hepatitis B surface antigen and Hepatitis B core antibody (drawn within preceding 5 years)

Baseline

• Left Ventricular Ejection Fraction (LVEF) monitoring is recommended at baseline and as clinically indicated

All Cycles

Day 1

• CBC, LFTs and total bilirubin as per Physician Orders

Days 8 and 15

• CBC as per Physician Orders



ADULT BRST – DOXOrubicin

Recommended Support Medications				
	Drug	Dose	CCMB Administration Guideline	
	metoclopramide	10 – 20 mg	Orally every 4 hours as needed for nausea and vomiting	

DISCHARGE INSTRUCTIONS

- Instruct patient to continue taking anti-emetic(s) at home
- Reinforce applicable safe handling precautions of medications, blood and body fluids for 48 hours after completion of chemotherapy

ADDITIONAL INFORMATION

- Cumulative DOXOrubicin dose should be calculated and should not exceed 360 mg/m². If exceeding 360 mg/m², consideration to adding dexrazoxane should be given if patient is benefiting from DOXOrubicin therapy
- Due to the risk of reactivation of Hepatitis B virus (HBV) while on this treatment regimen, prescriber must adhere to CCMB Policy Hepatitis B Monitoring for Oncology and Hematology Patients for ordering and interpreting HBV serology and prescribing antiviral prophylaxis

