CAPIH Annual Meeting & Conference

GENERAL OVERVIEW

The sixth Annual Meeting of the “Canadian Association of Physicians of Indian Heritage” (CAPIH), is the first of its kind of joint meetings between CAPIH, the Manitoba Association of Asian Physicians (MAAP) and the American Association of Physicians of Indian Origin (AAPI). It is being held from August 2nd to 5th, 2013 in Winnipeg, Manitoba. There are three days of accredited continuing medical education.

OVERVIEW OF ONCOLOGY UPDATE

The Oncology Update is being held on the first day of the CAPIH meeting. It aims to provide a broad overview of hemato-oncological disorders in which family physicians play an important role. This update will focus on current recommendations for cancer screening programs and the role of family physicians in recognizing early signs of cancer. With recent advances in management of oncological disorders, many cancers run a chronic course and require active partnership with the family doctor. Some of these will be covered to provide an overview of the current diagnostic and therapeutic advances.

During the course of the CAPIH Oncology Update, participants will have the opportunity to:

- Participate in informal interactions with visiting hematology faculty from India for future collaborations in research, education or electives in India
- Meet and network with colleagues

This program will be of interest to:

Family physicians, medical residents and students, nurse-practitioners, nurses, pharmacists and other allied health professionals working in urban or rural settings.
Speakers

Naseer Ahmed, MD FRCPC
Radiation Oncologist, CancerCare Manitoba

Reshma Amin, MSc MD FRCPC
Assist. Prof., Pediatrics, Hospital for Sick Children, University of Toronto

Rakesh Arora, MD FRCSC
Assoc. Prof., Surgery, Anesthesia & Physiology, U of M

John Banja, PhD
Medical Ethicist, Prof., Dept. of Rehabilitation Medicine, Emory University, USA

Michael Barnett, FRCPC
Hematologist Prof., University of British Columbia

Dharma Choudhary, MD DM
Director of Hemato-Oncology and BMT, Dr BLK Hospital, New Delhi, India

Dhali Dhaliwal, MB ChB MD FRCP
Medical Oncologist CEO, CancerCare Manitoba

William Fleisher, MD FRCPC
Prof., Psychiatry, U of M

Louis Francescutti, MD PhD MPH FRCPC FACPM
President-Elect, Canadian Medical Association

Arun Garg, MD PhD FRCPC
President and Chair, Canada India Network Society

Grace Gulati, MD
Psychiatry Resident, Faculty of Medicine, U of M

Joel Gingerich, MD FRCPC
Medical Oncologist, CancerCare Manitoba Assist. Prof., U of M

Debjani Grenier, MD FRCPC
Medical Oncologist, CancerCare Manitoba Assist. Prof., U of M

Don Houston, MD FRCPC
Hematologist CancerCare Manitoba Assoc. Prof., U of M

Amit Jagdeo, MD FRCPC
Head of Psychiatry, Seven Oaks Hospital Assist. Prof., Psychiatry, U of M

James Johnston, MB BCh FRCPC
Assoc. Prof., Cell Biology/Internal Medicine, U of M

Sarvesh Logsetty, MD FRCSC FACS
Assoc. Prof., Surgery, U of M

Sri Navaratnam, PhD, FRCPC
Head, Dept of Medical Oncology and Hematology, CancerCare Manitoba Assoc. Prof., U of M

Pravinsagar Mehta, MBChB FCFP
Assist. Prof., Family Medicine, U of M President, Doctors Manitoba, 2012-2013

Sunil V. Patel, MD
President, CAPIH

Michael Paré, BSc MSc Med MD
Coordinator, Medical Clinic for Person-Centred Psychotherapy

Arjuna Ponnampalam, BA BSc MD FRCPC
Hematologist, CancerCare Manitoba Assist. Prof., Internal Medicine, U of M

Jitender Sareen, MD FRCPC
Prof., Psychiatry, Psychology and Community Health Sciences, U of M

Jayesh Shah, MD
Chair, American College of Clinical Wound Specialists President, AAPI (Texas)

Samir K. Sinha, MD DPhil FRCPC
Director of Geriatrics, Mount Sinai and the University Health Network Hospitals

Jeff Sisler, MD CCFP FCFP
Director, Primary Care Oncology, CancerCare Manitoba Assoc. Prof., U of M

Subhash Varma, MD
Professor and Head, Dept. of Internal Medicine, Postgraduate Institute of Medical Education & Research, India

John Walker, PhD
Prof., Clinical Health Psychology, U of M

Richard Wells, MD DPhil FRCPC
Co-Director, Myelodysplastic Syndrome Program, Sunnybrook Health Sciences Centre, Toronto
# AGENDA

## Friday, August 2, 2013

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker(s)</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>0800-0820</td>
<td>Dhali Dhaliwal, Sunil V. Patel, Jitender Sareen and Rajat Kumar</td>
<td>Inauguration of Oncology Update</td>
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<tr>
<td>0820-0850</td>
<td>Jeff Sisler</td>
<td>Cancer Diagnosis: Symptom-based</td>
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<tr>
<td>0850-0920</td>
<td>Arjuna Ponnampalam</td>
<td>Abnormal Blood counts in Primary Care</td>
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<tr>
<td>0920-0940</td>
<td>Sri Navaratnam</td>
<td>Cancer Screening</td>
</tr>
<tr>
<td>0940-1000</td>
<td>TEA</td>
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<tr>
<td>1000-1030</td>
<td>Joel Gingerich</td>
<td>Hormone refractory Prostate Cancer</td>
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<tr>
<td>1030-1100</td>
<td>Debjani Grenier</td>
<td>Breast Cancer: Role of the Primary Physician</td>
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<tr>
<td>1100-1130</td>
<td>Michael Barnett</td>
<td>Managing Indolent Non-Hodgkin’s Lymphoma in the Community</td>
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<tr>
<td>1130-1200</td>
<td>Richard Wells</td>
<td>Myelodysplastic Syndromes: The Canadian Initiative</td>
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<tr>
<td>1200-1300</td>
<td>LUNCH &amp; MEET THE EXPERTS</td>
<td>MD Management—TBA</td>
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<tr>
<td>1300-1330</td>
<td>Subash Varma</td>
<td>Cancers in South Asia</td>
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<tr>
<td>1330-1350</td>
<td>Dharma Choudhary</td>
<td>Setting a BMT Unit in India: The Canadian Connection</td>
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<tr>
<td>1350-1420</td>
<td>James Johnston</td>
<td>CLL: Management for the GP</td>
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<tr>
<td>1420-1450</td>
<td>Don Houston</td>
<td>Thrombosis in Cancer Patients</td>
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<tr>
<td>1450-1510</td>
<td>Naseer Ahmed</td>
<td>Emergency Radiation</td>
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<tr>
<td>1510-1540</td>
<td>John Banja</td>
<td>Ethics in Medicine—Cancer Care</td>
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<tr>
<td>1540-1600</td>
<td>Dhali Dhaliwal</td>
<td>Progress in Cancer: Last 4 decades</td>
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Please note the program is current at time of printing. Speakers and topics are subject to change without notice.

### Welcome Reception—Friday, August 2, 2013

**Time:** 1830-2100  
**Location:** The Asper Atrium, St. Boniface Research Centre  
**Catered by the Clay Oven, Winnipeg**
### Saturday, August 3, 2013

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>0700-0800</td>
<td><strong>BREAKFAST</strong></td>
</tr>
</tbody>
</table>
| 0800-0815 | Sunil V Patel  
*Welcome*                                                |
| 0815-0830 | TBA  
*Inaugural Address*                                        |
| 0830-0900 | Question and Answer Period                                          |
| 0900-0930 | Louis Francescutti  
*Health Care Transformation & South Asia*                      |
| 0930-1000 | Jayesh Shah  
"Obama Care" - A View From South of the Border               |
| 1000-1030 | **NUTRITION BREAK**                                                  |
| 1030-1100 | John Banja  
"Preventing Medical Error and Informed Consent"                |
| 1100-1130 | Arun Garg  
*South Asian Health—Transformativ*  
*Change—Call for Action*                                      |
| 1130-1200 | Samir K. Sinha  
*The Burden of Geriatric Care—*  
*The Ontario Experiment*                                       |
| 1200-1230 | Rakesh Arora  
*PCI vs. CABG in the Diabetic Patient*                          |
| 1230-1300 | Pravinsagar Mehta  
*Physician Health & Wellbeing*                                   |
| 1300-1400 | **LUNCH**  
*MD Management—Planning Retirement and Estate Planning*         |
| 1400-1700 | **MainPro-C Workshop 1**  
*Overview of Standards and Guidelines of Psychotherapy*  
*Michael Paré*                                                   |

### Sunday, August 4, 2013

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>0700-0800</td>
<td><strong>BREAKFAST</strong></td>
</tr>
</tbody>
</table>
| 0800-0845 | John Walker  
*Practical Approaches to Cognitive Behaviour Therapy in Primary Care* |
| 0845-0930 | John Banja  
*Communicating with the "Impossible Patient"*                       |
| 0930-1015 | Amit Jagdeo  
*Cross-Cultural Assessment in Psychiatry*                           |
| 1015-1030 | **NUTRITION BREAK**                                                  |
| 1030-1115 | Grace Gulati/Jitender Sareen  
*Please help!: Common Psychiatric Referrals from the General Practitioner* |
| 1115-1200 | Reshma Amin  
*To Breathe or Not to Breathe...An Approach to Pediatric Sleep Disorder Breathing* |
| 1200-1300 | **LUNCH & AGM**                                                      |
| 1300-1345 | Reshma Amin  
*A Case-Based Approach to the Pediatric Chest X-ray*                 |
| 1345-1430 | William Fleisher  
*For Better or For Worse: The Family’s Role in Mental Health*     |

### Monday, August 5, 2013

#### Option #1:

- **MainPro-C Workshop 2**  
*Supportive Psychotherapy: Ten Things To Do and Ten Things To Avoid*  
*Michael Paré*  
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
</table>
| 0900-1200 | **LUNCH**  
*MD Management—Planning Retirement and Estate Planning*         |

#### Option #2:

- **MainPro-1 Workshop 3**  
*Management of Trauma and Burns in Primary Care Workshop*  
*Sarvesh Logsetty*  
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<tr>
<th>Time</th>
<th>Event</th>
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</table>
| 0900-1200 | **LUNCH**  
*MD Management—Planning Retirement and Estate Planning*         |

### GALA Dinner and Award Ceremony—Saturday, August 3, 2013

- **Time:** 18:30  
- **Catered by East Indian Company**  
- **Entertainment by Bollywood Groove, Chicago**  
*(Black tie or Indian Traditional Dress)*
GENERAL COURSE OBJECTIVES

At the conclusion of this educational activity, the participant should be able to:

- Increase awareness of health care reform and transformation across different countries
- Increase knowledge in optimal assessment and treatment of common malignancies.
- Increase knowledge and practice in assessment and treatment of mood and anxiety disorders in general practice and
- Increase knowledge in the management of pain, trauma and burns in primary care

OBJECTIVES OF ONCOLOGY UPDATE

At the conclusion of this educational activity, the participant should be able to:

- Recognize the clinical and laboratory features suggestive of underlying cancer
- Review the role of a family physician in management of prostate cancer, breast cancer, chronic lymphocytic leukemia and indolent Non-Hodgkin’s lymphoma
- Be able to access the recommendations of the Canadian MDS consortium in the management of myelodysplastic syndromes (MDS)
- Have an overview of cancers common in people living in South Asia
- Be aware of the Canadian contribution to setting up blood and marrow transplant (BMT) centres in India and the utilization of BMT
- Manage thrombosis in patients with underlying cancer
- Understand the role of radiation oncology in management of oncological emergencies
- Discuss ethical issues in cancer care
- Review the progress made in cancer in the last decades and
- Interact with clinicians and researchers from India for future research projects or visits to medical centres in India

STUDY CREDITS

Maintenance of Certification (Section 1)

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, and approved by the Division of Continuing Professional Development, University of Manitoba for a maximum of 19.0 credits.

Mainpro-M1

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for a maximum of 19.0 Mainpro-M1 credits

Please visit the CAPIH website for more detailed information on this event at: http://www.capih.ca/news/detail/9/
You will find a meeting agenda for the AGM at: http://www.regonline.com/builder/site/tab2.aspx?EventID=1239866
REGISTRATION FOR ONCOLOGY UPDATE

There are special arrangements for registration for the Oncology Update for medical students, residents, nurses and graduate students. This would include attendance in all the educational sessions, meals and invitation to the Friday evening Welcome Reception at the Asper Atrium, St Boniface Research Centre.

Registration is **FREE** if done by July 26, 2013. Registration can be done by contacting any of the MAAP organizers listed below, and providing the name, year of medical training/residency and specialty (if applicable). Full registration form can be filled and sent to the organizers, or filled at the conference venue.

For Free Registration, please contact any of the CME committee members.

**Dr Rajat Kumar**  
President - MAAP  
Email: rajat.kumar@cancercare.mb.ca

**Dr Jitender Sareen**  
CME Chair - MAAP  
Email: jitendersareen@gmail.com

**Dr Versha Banerji**  
Executive Member - MAAP  
Email: Versha.Banerji@cancercare.mb.ca

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For inquiries regarding registration, please contact:  
Sunil V. Patel, President, CAPIH  
204.642.5152 Office  
204.642.5520 Res.  
204.642.5151 Cell  
204.642-9164 Fax  
fpa@mts.net

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REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses from a fund administered by Doctors Manitoba. For more information please go to www.docmb.org/ or call 204-985-5844.