

Over Fifty?

*Keep going
for your
Pap test*

Book your Pap Test

Call your doctor, nurse or clinic.



MANITOBA
CERVICAL CANCER
SCREENING PROGRAM
PROGRAMME
MANITOBAIN DE
DÉPISTAGE DU CANCER
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CancerCare
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WOMEN OVER 50 NEED PAP TESTS

Regular pap tests can prevent most cervical cancers.

A Pap test is a quick and painless test. It can detect changes on your cervix before they are cancerous. These changes can be treated.

You should have regular Pap tests if you have ever had sex and should continue having them until at least age 70. At 70 years of age you may be able to stop having Pap tests. Talk to your doctor or nurse.

You should have a Pap test once a year for three years. If your results are normal, your doctor may then tell you to have the test less often. Please talk to your doctor or nurse.

If you have had a hysterectomy (womb removed) you may still need Pap tests. You need to continue having Pap tests if your hysterectomy was because of cancer, or if you still have a cervix.

Return to your doctor if you have any of the following symptoms: unusual vaginal bleeding, especially after intercourse, or abnormal vaginal discharge, pain or odor.

If it makes you feel more comfortable, take someone into the room with you. You may wish to take a friend, a family member, or a woman from the clinic.

Don't delay your Pap test. Call your doctor or nurse now.

If you want more information about Pap tests or prevention of cervical cancer, please contact the Manitoba Cervical Cancer Screening Program at 204.788.8626 or toll free 1.866.616.8805 or check out our website www.cancercare.mb.ca/MCCSP.