

Take a Trip for Health: *A trip planner for community organizers.*



MANITOBA
BREAST SCREENING
PROGRAM

PROGRAMME
MANITOBAIN DE
DÉPISTAGE DU
CANCER DU SEIN

The goal of the Manitoba Breast Screening Program is to save lives by finding breast cancer as early as possible. The program has four fixed sites located in Winnipeg, Brandon, Thompson and Morden/Winkler as well as mobile units that travel to 90 locations throughout the year.

Many women would like to attend breast screening but don't because they don't have transportation or aren't comfortable driving in the city. The screening program is willing to book group requests.

Here is how it works.

1. In rural or northern Manitoba, call our toll free appointment line **1-800- 903-9290** and reserve the number of appointments you need. In Winnipeg call **788-8000**. Sometimes we are booked 6-8 weeks in advance so call early to get the date you want.
2. In order to confirm an appointment, we need the information on the attached form for each woman. You can ask them to fill it out, interview them or have each woman phone the screening program.
3. Please fax, mail or phone in the forms to us **at least 2 weeks** before your group comes or sooner if possible. (If women phone us directly the forms are not needed.)
4. If you have a very **large** group, arrange to divide the group so half can go for coffee, shopping, or lunch while we screen the other half. Of course your group is welcome to wait and we do have a TV and reading material.

Who drives?

Communities have been very creative with the driving.

- Some groups simply car-pool.
- Many communities have a handy-van where women pay a small fee per person for the use of the handy-van. Community organizers can call their local handy-van and arrange a day.
- Some communities have medical vans that travel to nearby towns on a regular basis.
- One community held a raffle to pay for the gas, lunches and a driver.

Is it worth the trip?

Yes. Each year the program screens about 30,000 women and between 150 and 170 breast cancers are detected. Most of the breast cancers are found at an "early stage" and in women that show no signs or symptoms of breast cancer.

Local communities are making a difference in the fight against breast cancer!

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Please send the following information with the completed forms for your group.

Group coordinator Name: _____ Phone: _____
Address: _____

This group is being organized for _____ (Name of group or town).

We have reserved _____ (#) appointments for _____ (date).

The first appointment is at _____ (time) and the last is at _____ (time).

MANITOBA BREAST SCREENING PROGRAM GROUP BOOKING FORM

Please fax this information to 788-1594 for all Winnipeg and mobile trips (Attn. Diane, mobile clerk) or Phone toll free 1-800-903-9290. Please fax this information at least 2 weeks prior to your trip.

BSPN# (from letter): _____

Last name: _____

First name: _____

Middle name: _____

Home address: _____

City: _____

Postal code: _____

Home phone#: _____

Work phone#: _____

MHSC#: _____

PHIN#: _____

Date of birth: _____

Where is your birthplace? _____

Family doctor: _____

ELIGIBILITY QUESTIONS

A) Do you currently have breast implants? _____

B) Have you ever had breast cancer? _____

B) Have you ever had a mammogram before? ____ If yes: How long ago? _____

Where? _____

- 1) Medical Arts Building (Manitoba x-ray or Radiology Consultants)
- 2) Dr. Krapowy and Associates
- 3) Health Sciences Centre
- 4) St. Boniface General Hospital
- 5) Thompson General Hospital
- 6) Brandon General Hospital
- 7) NBSS -National Breast Screening Study
- 8) Winnipeg
- 9) Out of province
- 10) Unknown

C) Are you currently having any problems with your breasts? _____

(if yes choose one of the following)

- 1) changes in nipples/skin
- 2) discharge from nipples
- 3) new lumps

APPOINTMENT DATE: _____

APPOINTMENT TIME: _____