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FOUNDATION

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**Misericordia Health Centre Foundation**

[www.misericordia.mb.ca](http://www.misericordia.mb.ca)

Breast Cancer Centre of Hope

691 Wolseley Avenue

Winnipeg, MB

R3G 1C3

TELEPHONE: 204-788-8080

TOLL FREE: 1-888-660-4866

Breast Cancer Centre of Hope. Manitoba Breast Health/Breast Cancer Resource Guide. Winnipeg, MB.  
September 2002.

*For additional copies contact:*

*Breast Cancer Centre of Hope*

*691 Wolseley Avenue*

*Winnipeg, MB R3G 1C3*

## FOR YOU . . .

If you have questions about breast health, or have been diagnosed with breast cancer, you may have several different needs. You may need written information, someone to talk to, a support group, or links to services in your community.

Remember there is no “right way” or “wrong way” to deal with your situation. Not all people react the same way or need the same service.

If you have been diagnosed with breast cancer, you may find that you have time between appointments and treatments. Use this time to prepare yourself for the interviews and decisions that lay ahead. Learn from the many resources in this booklet. Talk to people. Find information. Look at community services.

There are people and specialists who are there to help you. Do not let anyone rush you through your decisions. It is important that you be as comfortable as possible with your choices.

This booklet lists services that relate to breast cancer but also many other needs. It will provide you with information about services if you have concerns in any of the following areas:

- Breast Health, in general
- Support/Information
- Early Detection of Breast Cancer
- Breast Cancer Diagnosis
- Surgery
- Treatment
- Survivorship
- Recurrence
- Palliative Care

## HOW TO USE THIS GUIDE . . .

The services identified in this booklet have been arranged by the place or area where you will find them.

*First, read the section entitled “Services Across the Continuum”, beginning on page one, to identify the types of services appropriate to your circumstance.*

*Then, look at the Directory for your Region to discover which of these services are available to you close at hand:* For purposes of administration, Manitoba is divided into large health Regions. Each Region provides basic health services. You may use the map on the next page of this guide to find your Region and then locate that section of the Regional Services Directory.

*Then, check out the Provincial Directory for detailed descriptions of services for all Manitobans:* Most of these services are centered in Winnipeg, but many have outreach offices around the province. The Provincial Resources directory includes many “specialty” services not included in the Regions.

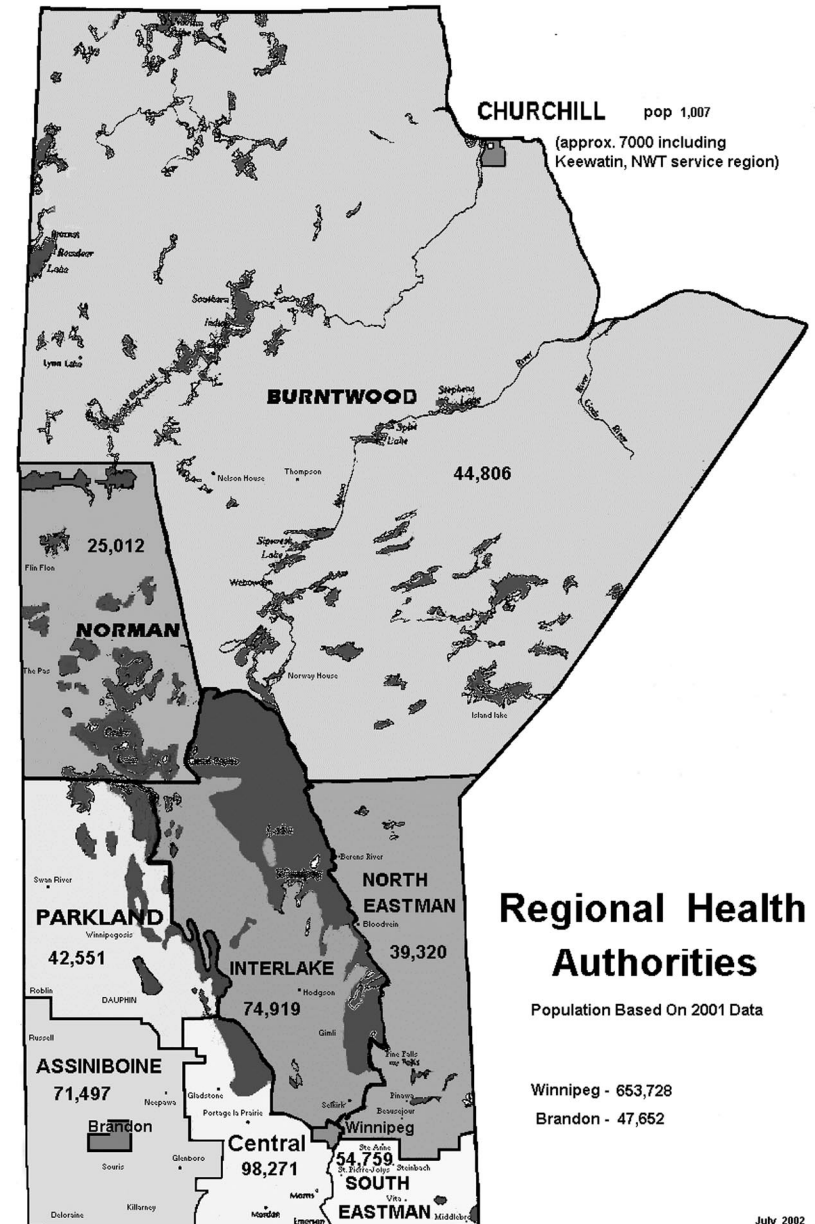
*Finally, consider the National Directory section to see if there are services there that match your needs:* National services are for all Canadians and tend to offer information. Is there a service in this section that could help you?

### **Still cannot find what you need?**

If you still aren't sure how or where to access the services you need, please call us at CancerCare Manitoba's **Breast Cancer Centre of Hope** in Winnipeg. If we don't have the information on hand, we will do the best to find it for you.

Phone (204) 788-8080 or Toll Free at 1-888-660-4866 or check out our website at [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

# Map of Manitoba with Health Regions:



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## SERVICES ACROSS THE CONTINUUM

The services you may require will vary according to where you are located on what is sometimes called the Breast Health/Breast Cancer Continuum. This Continuum covers everyone, really, all the way from those with healthy breasts and concerns to keep them that way, to individuals who have not only had a diagnosis of breast cancer, but who are in advanced stages of the disease.

Five Key Services will be important for you, no matter where you are on this Continuum, and no matter where you live in Manitoba, if you have questions about breast health or breast cancer to be answered or concerns to be addressed. These include:

1. A family physician, who ideally knows your health history, who is able to examine you and make referral for mammograms, other testing and/or to a surgeon, as and when necessary
2. Print and multimedia information resources to do whatever level of research you need to satisfy your information needs
3. CancerCare Manitoba's Breast Cancer Centre of Hope, located in Winnipeg but available by Toll Free telephone and through Community Contacts around the province
4. Your own Regional Health Authority Office, where you will find guidance to a variety of services and resources
5. Your Regional Breast Cancer Information and Support Network

In addition to the above Key Services, there are other services that will be of particular value to you at identifiable points on the Continuum.

***If you are a healthy woman aged 50-69, in addition to the Key Services you may wish to take advantage of regular government-sponsored screening mammograms through CancerCare Manitoba's Manitoba Breast Screening Program at fixed or mobile sites.***

If you've found a lump you may need some or all of the following (in addition to the Key Services):

- A surgeon with experience in breast care including conducting biopsies and breast surgery
- An X-ray department or hospital department for a mammogram
- An Ultrasound department in a hospital or clinic near you
- A clinic or Day Surgery Department if a surgical biopsy is required
- The Winnipeg Regional Health Authority Breast Health Centre (available to any Manitoban who can get there), for rapid diagnostics

**If you've just received a diagnosis of breast cancer you may need some or all of the following** (in addition to the **Key Services**):

- A surgeon with experience in breast surgery
- A social worker or other counsellor
- Departments of your local hospital for additional testing, if needed, including lung x-ray, bone scan, abdominal ultrasound
- A lab for blood work
- Your local Breast Cancer Centre of Hope Community Contact
- Contact with someone who has already gone through what you are experiencing, often through a Peer Support program

**If you are already in, or scheduled to begin treatment you may need some or all of the following** (in addition to the **Key Services**):

- A cancer specialist (an Oncologist), who ideally treats many breast cancer patients, who can prescribe and monitor treatments (chemotherapy, radiation, hormonal therapy).
- A hospital Oncology Department or community Cancer Clinic for chemotherapy treatments
- A Primary Nurse who will assist you with any questions or concerns about your care team, your treatments, or health needs
- A CancerCare Manitoba treatment facility in Winnipeg for radiation treatments
- A Clinical Dietitian
- Pain and Symptom Control clinic to treat and control side effects of treatment
- Volunteer Drivers
- Accommodation near a treatment facility, if you live in a more remote area, or need treatment in Winnipeg but live elsewhere
- A wig service if you experience hair loss
- A local Look Good/Feel Better program
- A social worker or other counsellor
- Your local Breast Cancer Centre of Hope Community Contact
- A Support Group
- Contact with someone who has already gone through what you are experiencing, often through a Peer Support program

**If you have finished treatment for primary breast cancer you may be glad to take advantage of, or in some cases contribute to, one or more of the following** (in addition to the **Key Services**):

- A cancer specialist (Oncologist) who does follow-up examinations
- A Support Group
- A social worker or other counsellor

- Local breast cancer activity groups (eg. dragon boat team, aquasize, choir, pilates, etc.)
- National agencies

**If you have had a recurrence and a diagnosis of advanced (metastatic) disease, you may need some, and eventually all, of the following** (in addition to the **Key Services**):

- A cancer specialist (Oncologist), who ideally treats many breast cancer patients, who can prescribe and monitor treatments (chemotherapy, radiation, hormonal therapy)
- Departments of your closest hospital or clinic for lung x-ray, bone scan, abdominal ultrasound, CT Scan, and/or MRI
- A hospital Oncology Department or community Cancer Clinic for chemotherapy treatments and related care
- A Primary Nurse who will assist you with any questions or concerns about your care team, your treatments, or health needs
- A CancerCare Manitoba treatment facility in Winnipeg for radiation treatments
- A Clinical Dietitian
- Pain and Symptom Control clinic to treat and control side effects of treatment and disease
- Volunteer Drivers
- Accommodation near a treatment facility, if you live in a more remote area, or need treatment in Winnipeg but live elsewhere
- A wig service if you experience hair loss
- A social worker or other counsellor
- Your local Breast Cancer Centre of Hope Community Contact
- A Support Group, particularly one with others with metastases
- Contact with someone who has already gone through what you are experiencing, often through a Peer Support program
- Your regional Palliative Care Coordinator, for home care, emotional support and other provisions
- Hospice and Palliative Care Manitoba

Services available to all Manitobans through CancerCare Manitoba:

Medical Oncology  
Radiation Oncology  
Surgical Oncology  
Clinical Dietitian  
Breast Cancer Centre of Hope  
Manitoba Breast Screening Program  
Patient and Family Support Services  
Community Cancer Program  
Pain and Symptom Control Clinic

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## **REGIONAL SERVICES**

***Assiniboine Region***  
*(formerly Marquette and South Westman)*

***Brandon Region***

***Burntwood Region***

***Central Region***

***Churchill Region***

***Interlake Region***

***NOR-MAN Region***

***North Eastman***

***Parklands Region***

***South Eastman Region***

***South Westman Region***

***Winnipeg Region***

PLEASE NOTE: We have made every attempt to ensure contact information on these pages is correct. If we have erred or if there have been changes, please advise and we will include in a page of ERRATA we will distribute in 2003.

## **Assiniboine Region**

### **HEALTH SERVICES**

#### ***Assiniboine Regional Health Authority Office***

Box 579

Souris, MB R0K 2C0

Phone (204) 483-5000

Fax (204) 483-5005

#### ***Public Health Offices***

Baldur (204) 535-2443

Birtle (204) 842-3399

Boissevain (204) 534-2451

Carberry (204) 834-3262

Deloraine (204) 747-2551

Erickson (204) 636-2501

Glenboro (204) 827-2005

Glenella (204) 352-4256

Hamiota (204) 764-2412

Killarney (204) 523-4667

Melita (204) 522-8177

Minnedosa (204) 867-3817

Neepawa (204) 476-2341

Reston (204) 877-3348

Rivers (204) 328-5222

Rosburn (204) 859-2485

Russell (204) 773-2761

Shoal Lake (204) 759-2686

Souris (204) 483-2121

Treherne (204) 723-2346

Virden (204) 748-2321

Weakness (204) 824-2570

#### ***First Nations Health Centres***

Bird Tail Sioux Health Office (204) 568-4545

Canupawakpa Health Office (204) 854-2990

Gamblers Health Office (204) 532-2192

Keeseekoowenin Health Centre (204) 625-2043

Rolling River Health Office (204) 636-2989

Sioux Valley Health Centre (204) 855-2690

Waywayseecappo Health Centre (204) 859-2311

### **Hamiota Satellite Community Cancer Program**

Hamiota Health Centre  
177 Birch Avenue East  
Phone (204) 764-2405  
Fax (204) 764-2410

### **Russell Satellite Community Cancer Program**

Russell District Health Centre  
Phone (204) 773-2731  
Fax (204) 773-3741

### **Neepawa Community Cancer Program**

Neepawa Health Centre  
Phone (204) 476-8809  
Fax (204) 476-5007

### **Regional Palliative Care Program Coordinator**

#### **Souris**

Phone (204) 747-2745  
Fax (204) 747-2160

#### **Shoal Lake**

Phone (204) 759-3441 Ext 525  
Fax (204) 759-3161

### **Health Promotion Coordinator**

Phone (204) 476-2341

## **BREAST HEALTH/CANCER RESOURCES**

### **Manitoba Breast Screening Program, CancerCare Manitoba**

(women 50-69)

Mobile sites:

Birtle  
Boissevain  
Deloraine  
Erickson  
Hamiota  
Killarney  
Melita  
Neepawa  
Rosburn  
Russell  
Treherne  
Virden

Phone Toll Free 1-800-903-9290 for dates and sites

### **Community Contacts, Breast Cancer Centre of Hope**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

### **Regional Breast Cancer Information and Support Network**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

### **Information Resources:**

Canadian Cancer Society: Manitoba Division 1-888-532-6982  
Canadian Cancer Society: Cancer Information Service 1-888-939-3333  
Breast Cancer Centre of Hope, CancerCare Manitoba 1-888-660-4866  
CancerCare Manitoba Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)  
Your local library

### **Individual and/or Family Counselling:**

Patient and Family Support Services, CancerCare Manitoba  
Phone (204) 787-4119  
Phone Toll Free 1-866-561-1026

### **Support Group:**

Neepawa (204) 476-2635  
Russell (204) 773-3262  
Current Listing: Breast Cancer Centre of Hope, CancerCare Manitoba  
Phone Toll Free 1-888-660-4866

### **Peer Support**

Canadian Cancer Society, Manitoba Division  
Phone Toll Free 1-800-263-6750  
Breast Cancer Centre of Hope, CancerCare Manitoba  
Phone Toll Free 1-888-660-4866

**NEXT: Check out Provincial Services available to you**

## Brandon Region

### **HEALTH SERVICES**

#### **Regional Health Authority Office**

150A 7th Street  
Phone (204) 571-8400  
Fax (204) 726-8505

#### **Public Health Office**

A5-800 Rosser Avenue  
Phone (204) 571-8374

#### **Brandon Community Cancer Program**

c/o Brandon Regional Health Authority  
Phone (204) 726-2041  
Fax (204) 728-3451

#### **Regional Palliative Care Program Coordinator**

Phone (204) 571-8429  
Fax (204) 726-5720

### **BREAST HEALTH/BREAST CANCER RESOURCES**

#### **Manitoba Breast Screening Program, CancerCare Manitoba**

(women 50-69)  
Brandon General Hospital  
Nurses' Residence  
620 Frederick Street  
Phone (204) 726-2453  
Phone Toll Free 1-800-903-9290

#### **Community Contact, Breast Cancer Centre of Hope**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

#### **Brandon Breast Cancer Information and Support Network**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

#### **Lymphedema Treatment**

Occupational Therapy Services  
Brandon Regional Health Centre  
A physician referral is required for this therapy

#### **Make Waves** (post-surgery aquatic exercise program)

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

#### **Look Good/ Feel Better**

Phone (204) 571-8400

#### **Waves of Hope Breast Cancer Survivor Dragon Boat Team**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba  
Website [www.cbcn.ca/waves](http://www.cbcn.ca/waves)

#### **Information Resources**

Brandon Regional Health Authority Resource Library (204) 726-2029  
Canadian Cancer Society: Brandon Regional Office (204) 571-2800  
Canadian Cancer Society: Cancer Information Service 1-888-939-3333  
Breast Cancer Centre of Hope, CancerCare Manitoba 1-888-660-4866  
CancerCare Manitoba Website [www.cancercares.mb.ca](http://www.cancercares.mb.ca)  
Your local library

#### **Individual and/or Family Counselling:**

Patient and Family Support Services, CancerCare Manitoba  
Phone (204) 787-4119  
Phone Toll Free 1-866-561-1026

#### **Support Group**

Current Listing: Breast Cancer Centre of Hope, CancerCare Manitoba  
Phone Toll Free 1-888-660-4866

#### **Peer Support**

Canadian Cancer Society: Brandon Regional Office  
Phone (204) 571-2800  
Canadian Cancer Society: Manitoba Division  
Phone Toll Free 1-800-263-6750  
Breast Cancer Centre of Hope, CancerCare Manitoba  
Phone Toll Free 1-888-660-4866

**NEXT: Check out Provincial Services available to you**

## Burntwood Region

### HEALTH SERVICES

#### **Burntwood Regional Health Authority**

867 Thompson Drive South  
Thompson  
Phone (204) 677-5353  
Fax (204) 677-5366

#### **Public Health Services**

Gillam (204) 652-2600  
Ilford (204) 288-4348  
Leaf Rapids (204) 473-2441  
Lynn Lake (204) 356-2474  
Pikwitonei (204) 458-2404  
Thicket Portage (204) 286-3254  
Thompson (204) 677-5350  
Wabowden (204) 689-2600

#### **First Nations Health Centres**

Brochet Nursing Station (204) 323-2120  
Cross Lake Nursing Station (204) 676-2011  
Fox Lake Health Office (204) 652-2600  
Garden Hill Nursing Station (204) 456-2454  
God's Lake Narrows Nursing Station (204) 335-2557  
God's River Nursing Station (204) 366-2355  
Granville Lake Health Station — Dial Operator, then  
ask for Granville 6021  
Lac Brochet Nursing Station (204) 337-2161  
Leaf Rapids Health Centre (204) 473-2441  
Nelson House Nursing Station (204) 484-2031  
Norway House Community Public Health Centre (204) 359-8234  
Oxford House Nursing Station (204) 538-2347  
Red Sucker Lake Nursing Station (204) 469-5321  
Shamattawa Nursing Station (204) 565-2370  
South Indian Lake Nursing Station (204) 374-2013  
Split Lake Nursing Station (204) 342-2033  
St. Theresa Point Nursing Station (204) 462-2473  
Tadoule Nursing Station (204) 684-2031  
Thicket Portage Nursing Station (204) 286-3254  
Wabowden Nursing Station (204) 689-2600  
War Lake Health Office (204) 288-4315  
Wasagamack Nursing Station (204) 457-2024  
York Landing Nursing Station (204) 341-2325

#### **Thompson Community Cancer Program**

Thompson General Hospital  
Thompson Drive South  
Phone (204) 677-5397  
Fax (204) 778-1414

#### **Regional Palliative Care Program Coordinator**

Phone (204) 778-1427  
Fax (204) 778-1424

#### **Burntwood Community Health Resource Centre**

Plaza Mall  
50 Selkirk Avenue  
Thompson  
Phone (204) 677-1791

#### **Health Promotion Coordinator**

Phone (204) 677-5374  
Fax (204) 778-1424

### BREAST HEALTH/CANCER RESOURCES

#### **Manitoba Breast Screening Program, CancerCare Manitoba**

(women 50-69)  
Thompson General Hospital  
871 Thompson Drive South  
Phone (204) 677-5304  
Phone Toll Free 1-800-903-9290

#### **Manitoba Breast Screening Program, CancerCare Manitoba**

(women 50-69)  
Mobile screening sites include:

Cross Lake  
Gillam  
Leaf Rapids  
Lynne Lake  
Nelson House  
Norway House  
St. Theresa Point

Phone Toll Free 1-800-903-9290 for dates and sites

#### **Community Contact, Breast Cancer Centre of Hope**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
Cancer Care Manitoba

#### **Burntwood Breast Cancer Information and Support Network**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
Cancer Care Manitoba

### **Information Resources**

The Canadian Cancer Society: Thompson Regional Office (204) 677-5927

Canadian Cancer Society: Cancer Information Service 1-888-939-3333

The Burntwood Community Health Resource Centre (204) 677-1791

Breast Cancer Centre of Hope, CancerCare Manitoba 1-888-660-4866

CancerCare Manitoba Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

Your local library

### **Individual and/or Family Counselling:**

Patient and Family Support Services, CancerCare Manitoba

Phone (204) 787-4119

Phone Toll Free 1-866-561-1026

### **Support Groups**

Thompson (204) 677-1791

Current Listing: Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

### **Peer Support**

Canadian Cancer Society: Manitoba Division

Phone Toll Free 1-888-263-6750

Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

**NEXT: Check out Provincial Services available to you**

## **Central Region**

### **HEALTH SERVICES**

#### **Regional Health Authority**

Box 243

Southport

Phone (204) 428-2000

Fax (204) 428-2020

#### **Public Health Offices**

Altona (204) 324-6460

Boundary Trails Health Centre (Morden/Winkler) (204) 331-8841

Carmen (204) 745-3811

Elie (204) 353-2043

MacGregor (204) 685-2984

Morris (204) 746-2370

Pilot Mound (204) 825-2466

Portage la Prairie (204) 239-3070

Sanford (204) 736-2388

Seven Regions Community (204) 385-3088

(Health Centre Gladstone)

Somerset (204) 744-2073

St. Jean (204) 758-3031 or 1-800-348-6088

#### **First Nations Health Centres**

Dakota Plains Health Office (204) 252-2830

Dakota Tipi Health Centre (204) 857-4381

Long Plain Health Centre (204) 252-2369

Roseau River Health Centre (204) 427-2384

Sandy Bay Health Centre (204) 843-2304

Seven Regions Health Centre (204) 385-2968

Swan Lake Health Centre (204) 836-2424

#### **Portage la Prairie Community Cancer Program**

Portage District General Hospital

524 5th Street S.E.

Phone (204) 239-2276

Fax (204) 857-4386

**Boundary Trails Community Cancer Program**

Boundary Trails Health Centre

Box 2000 Station Main

Winkler

Phone (204) 331-8850

Fax (204) 331-8851

**Central Plains Cancer Care Services**

318 Saskatchewan Ave

Portage la Prairie

Phone (204) 857-6100

**Regional Palliative Care Program Coordinator**

Phone (204) 239-5539

**BREAST HEALTH/CANCER RESOURCES**

**Manitoba Breast Screening Program, CancerCare Manitoba**

(women 50-69)

Mobile screening sites include:

Carmen

Crystal City

Emerson

Gladstone

MacGregor

Morden

Morris

St. Claude

Swan Lake

St. Eustache

Altona

Portage la Prairie

Sandy Bay/Amaranth

Sanford

Phone Toll Free 1-800-903-9290 for dates and sites

**Community Contact, Breast Cancer Centre of Hope**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,

CancerCare Manitoba

**Central Region Breast Cancer Information and Support Network**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,

CancerCare Manitoba

**Manitoba Make Waves** (post-surgery exercise program)

Central Plains CancerCare Services

Phone (204) 857-6100

**Look Good/Feel Better Program**

Central Plains Cancer Care Services

Phone (204) 857-6100

**No Charge Prosthesis and Wig Bank**

Central Plains Cancer Care Services

Phone (204) 857-6100

**Information Resources**

Central Plains Cancer Care Services (204) 857-6100

Canadian Cancer Society: Manitoba Division 1-888-532-6982

Canadian Cancer Society: Cancer Information Service 1-888-939-3333

Breast Cancer Centre of Hope, CancerCare Manitoba 1-888-660-4866

Cancer Care Manitoba Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

Your local library

**Individual and/or Family Counselling:**

Patient and Family Support Services, CancerCare Manitoba

Phone (204) 787-4119

Phone Toll Free 1-866-561-1026

**Group for Children with a Close Relative With Cancer**

Kids Can Cope

Central Plains CancerCare Services

Phone (204) 857-6100

**Support Group**

Portage la Prairie (204) 857-6100

Current Listing: Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

**Peer Support**

Canadian Cancer Society, Manitoba Division

Phone Toll Free 1-800-263-6750

Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

**NEXT: Check out Provincial Services available to you**

## Churchill Region

### **HEALTH SERVICES**

#### ***Regional Health Authority***

Churchill Health Centre

Town Complex

Phone (204) 675-8318

Fax (204) 675-2243

#### ***Public Health Office***

Town Complex

Churchill

Phone (204) 675-8322

Fax (204) 675-2445

#### ***Regional Palliative Care Program Coordinator***

Phone (204) 675-8328

### **BREAST HEALTH/CANCER RESOURCES**

#### ***Manitoba Breast Screening Program, CancerCare Manitoba***

(women 50-69)

Phone Toll Free 1-800-903-9290 for dates and sites

#### ***Community Contact, Breast Cancer Centre of Hope***

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

#### ***Churchill Region Breast Cancer Information and Support Network***

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

#### ***Aquasize Water Exercise Program*** (post-surgery exercise program)

Recreation Office, Town of Churchill

Phone (204) 675-2481

#### ***Information Resources:***

Canadian Cancer Society: Manitoba Division 1-888-532-6982

Canadian Cancer Society: Cancer Information Service 1-888-939-3333

Breast Cancer Centre of Hope, CancerCare Manitoba 1-888-660-4866

Regional Health Authority Medical Library (204) 675-8881

Churchill Resource Centre (204) 675-2715

CancerCare Manitoba Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

Your local library

#### ***Individual and/or Family Counselling:***

Patient and Family Support Services, CancerCare Manitoba

Phone (204) 787-4119

Phone Toll Free 1-866-561-1026

#### ***Support Group***

Current Listing: Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

#### ***Peer Support***

Canadian Cancer Society, Manitoba Division

Phone Toll Free 1-800-263-6750

Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

***NEXT: Check out Provincial Services available to you***

## Interlake Region

### **HEALTH SERVICES**

#### ***Regional Health Authority Office***

589 3rd Avenue

Stonewall

Phone (204) 467-4742

Phone Toll Free 1-800-488-2299

Fax (204) 467-4750

#### ***Public Health Offices***

Arborg (204) 376-5559

Ashern (204) 768-2585

Eriksdale (204) 739-2161

Fisher Branch (204) 372-8703

Gimli (204) 642-6051

Lundar (204) 762-5469

Riverton (204) 378-2460

Selkirk (204) 785-5050

St. Laurent (204) 646-2504

Stonewall (204) 467-4400

Teulon (204) 886-4068

#### ***First Nations Health Centres***

Dauphin River Health Office (Band) (204) 659-5370

Fisher River Health Centre (204) 645-2689

Jackhead (Kinonjeoshtegon) Health Centre (204) 394-2370

Pinaymootang (204) 659-5786

Lake Manitoba Health Centre (204) 768-2304

Lake St. Martin Health Centre (204) 659-2090

Little Saskatchewan Health Centre (204) 659-5278

Peguis Health Centre (204) 645-2169

#### ***Gimli Community Cancer Program***

Johnson Memorial Hospital

Gimli

Phone (204) 642-4520

Fax (204) 642-5860

#### ***Selkirk & District Community Cancer Program***

Selkirk & District General Hospital

100 Easton Drive

Phone (204) 785-7400

Fax (204) 482-5800

#### ***Regional Palliative Care Program Coordinator***

Phone (204) 372-8703

Fax (204) 372-8710

### **BREAST HEALTH/CANCER RESOURCES**

#### ***Manitoba Breast Screening Program, CancerCare Manitoba***

(women 50-69)

Mobile screening sites include:

Arborg

Ashern

Eriksdale

Gimli

Gypsumville/Fairford

Hodgson

Lundar

Riverton

St. Laurent

Selkirk

Stonewall

Teulon

Woodlands

Winnipeg Beach

Phone Toll Free 1-800-903-9290 for dates and sites

#### ***Community Contact, Breast Cancer Centre of Hope***

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,

CancerCare Manitoba

#### ***Interlake Region Breast Cancer Information and Support Network***

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,

CancerCare Manitoba

#### ***Information Resources:***

Canadian Cancer Society: Manitoba Division 1-888-532-6982

Canadian Cancer Society: Cancer Information Service 1-888-939-3333

Breast Cancer Centre of Hope, CancerCare Manitoba 1-888-660-4866

CancerCare Manitoba Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

Regional Resource Libraries:

Evergreen Regional Library, Gimli

Pauline Johnson Library, Lundar

Evergreen Regional Library, Arborg

South Interlake Regional Library, Stonewall

Selkirk and St. Andrews Regional Library, Selkirk

Siglunes District Library, Ashern

Federal Medical Facility, Hodgson

**Individual and/or Family Counselling:**

Patient and Family Support Services, CancerCare Manitoba

Phone (204) 787-4119

Phone Toll Free 1-866-561-1026

**Support Groups**

Fairford/Moosehorn/Ashern (204) 659-4457

Gimli and surrounding areas (204) 642-7650

Peguis/Hodgson/Fisher Branch (204) 645-2225

Selkirk and surrounding areas (204) 482-1055 or (204) 785-2456

Stonewall and surrounding areas (204) 467-5213

Oakpoint/Lundar/St.Laurent (204) 646-2548

Current Listing: Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

**Peer Support**

Canadian Cancer Society: Manitoba Division

Phone Toll Free 1-800-263-6750

Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

**NEXT: Check out Provincial Services available to you**

**NOR-MAN Region**

**HEALTH SERVICES**

**Regional Health Authority Office**

PO Box 130

84 Church Street

Flin Flon

Phone (204) 687-1300 or (204) 687-1301

Fax (204) 687-6405

**Public Health Offices**

Cormorant (204) 357-2161

Cranberry Portage (204) 472-3338

Easterville (204) 329-2212

Flin Flon (204) 686-1700

Grand Rapids (204) 639-2215

Moose Lake (204) 678-2252

Sherridon (204) 468-2012

Snow Lake (204) 358-2637

The Pas (204) 627-8242

**First Nations Health Centres**

Cormorant Nursing Station (204) 357-2161

Easterville Nursing Station (204) 329-2212

Grand Rapids Health Centre (204) 639-2215

Moose Lake Nursing Station (204) 678-2252

Pukatawagan Nursing Station (204) 553-2271

Sherridon Nursing Station (204) 468-2012

The Pas (Otoneka) Health Centre (204) 623-5483

Cree Nation Tribal Health Centre (204) 627-1500

**NOR-MAN Health Resource Centre**

Provincial Building

3rd & Ross Avenue

The Pas

Phone (204) 627-8377

**NOR-MAN Community Nurse Resource Centre**

84 Church Street

Flin Flon

Phone (204) 687-1340

Fax (204) 687-8602

**NOR-MAN Community Nurse Resource Centre**

202 Edward Street  
The Pas  
Phone (204) 627-1400  
Fax (204) 623-1849

**Flin Flon Community Cancer Program**

Flin Flon General Hospital  
4th Avenue  
Phone (204) 687-9626  
Fax (204) 687-9607

**The Pas Community Cancer Program**

The Pas Health Complex  
67 First Street  
Phone (204) 623-9241  
Fax (204) 623-9261

**Regional Palliative Care Program Coordinator**

Phone (204) 623-9280  
Fax (204) 623-9263

**BREAST HEALTH/CANCER RESOURCES**

**Manitoba Breast Screening Program, CancerCare Manitoba**

(women 50-69)

Mobile screening sites include:

Cranberry  
Flin Flon  
Grand Rapids  
Snow Lake  
The Pas

Phone Toll Free 1-800-903-9290 for dates and sites

**Community Contact, Breast Cancer Centre of Hope**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

**NOR-MAN Region Breast Cancer Information and Support Network**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

**Caring Friends**

Flin Flon (204) 687-1330  
The Pas (204) 627-1404

**Information Resources:**

Canadian Cancer Society: Manitoba Division 1-888-532-6982  
Canadian Cancer Society: Cancer Information Service  
1-888-939-3333  
Breast Cancer Centre of Hope, CancerCare Manitoba  
1-888-660-4866  
NOR-MAN Health Resource Library in The Pas (204) 627-8377  
CancerCare Manitoba Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)  
Your local library

**Individual and/or Family Counselling:**

Patient and Family Support Services, CancerCare Manitoba  
Phone (204) 787-4119  
Phone Toll Free 1-866-561-1026

**Support Group:**

Current Listing: Breast Cancer Centre of Hope, CancerCare Manitoba  
Phone Toll Free 1-888-660-4866

**Peer Support**

Canadian Cancer Society: Manitoba Division  
Phone Toll Free 1-800-263-6750  
Breast Cancer Centre of Hope, CancerCare Manitoba  
Phone Toll Free 1-888-660-4866

**NEXT: Check out Provincial Services available to you**

## North Eastman Region

### **HEALTH SERVICES**

#### **Regional Health Authority Office**

24 Aberdeen Avenue

Pinawa

Phone (204) 753-2012

Fax (204) 753-2015

#### **Public Health Offices**

Beausejour (204) 268-6026

Bissett (204) 277-5217

Lac du Bonnet (204) 345-8647

Manigotagan(204) 363-7202

Oakbank (204) 444-2227

Pinawa (204) 753-2334

Pine Falls (204) 367-5401

Prawda (204) 426-2137

Seymourville (204) 363-7447

Whitemouth (204) 348-2659

#### **First Nations Health Centres**

Adam Hardisty (Hollow Water First Nation) (204) 363-7364

Berens River Nursing Station (204) 382-2265

Bloodvein Nursing Station (204) 395-2161

Brokenhead Health Centre (204) 766-2740

Buffalo Point Wellness Worker (204) 437-2133

Fort Alexander Health Centre (204) 367-2208

Kin Place (Oakbank) (204) 444-2004

Little Black River Health Centre (204) 367-8089

Little Grand Rapids Nursing Station (204) 397-2115

Pausingassi Nursing Station (204) 397-2395

Poplar River Nursing Station (204) 244-2102

#### **Regional Palliative Care Program Coordinator**

Phone (204) 753-3174

Fax (204) 753-2219

### **BREAST HEALTH/CANCER RESOURCES**

#### **Manitoba Breast Screening Program, CancerCare Manitoba**

(women 50-69)

Mobile screening sites include:

Anola

Beausejour

Berens River

Hollow Water

Lac du Bonnet

Oakbank

Pine Falls

Pinawa

Whitemouth.

Phone Toll Free 1-800-903-9290 for dates and sites

#### **Community Contact, Breast Cancer Centre of Hope**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,

CancerCare Manitoba

#### **North Eastman Region Breast Cancer Information and Support Network**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,

CancerCare Manitoba

#### **Information Resources:**

Canadian Cancer Society: Manitoba Division 1-888-532-6982

Canadian Cancer Society: Cancer Information Service 1-888-939-3333

Breast Cancer Centre of Hope, CancerCare Manitoba 1-888-660-4866

CancerCare Manitoba Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

Your local library

#### **Individual and/or Family Counselling:**

Patient and Family Support Services, CancerCare Manitoba

Phone (204) 787-4119

Phone Toll Free 1-866-561-1026

#### **Support Group:**

Lac du Bonnet (204) 345-8647 or (204) 345-6988

Victoria Beach (204) 756-3320 or (204) 756-8088

Current Listing: Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

#### **Peer Support**

Canadian Cancer Society, Manitoba Division

Phone Toll Free 1-800-263-6750

Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

**NEXT: Check out Provincial Services available to you**

## Parkland Region

### **HEALTH SERVICES**

#### ***Regional Health Authority Offices***

Rm 112

27 2nd Avenue S.W.

Dauphin

Phone (204) 622-6222

Phone Toll Free 1-800-259-7541

Fax (204) 622-6232

#### ***Public Health Offices***

Benito (204) 539-2513

Dauphin (204) 638-2118

Ethelbert (204) 742-4400

Grandview (204) 546-2785

McCreary (204) 835-5010

Roblin (204) 937-2151

Ste. Rose du Lac (204) 447-4080

Swan River (204) 734-6603

Winnipegosis (204) 656-4721

#### ***First Nations Health Centers***

Crane River (204) 732-2445

Ebb and Flow First Nation (204) 448-2665

Indian Birch Health Office

(Wuskwi Sipihk First Nation) (204) 236-4894

O-Chi-Chak-Ko-Sipi First Nation (204) 732-2490

Skownan First Nation (204) 628-3333

Pine Creek First Nation (204) 524-2784

Shoal River Nursing Station (204) 587-2058

Tootinaowaziibeeng First Nation (204) 546-3267

Sapotaweyak Cree First Nation-Health Authority Program  
(204) 587-2058

Waterhen Health Office (204) 628-3333

#### ***Swan River Community Cancer Program***

Swan River Valley Hospital

1011 Main Street East

Phone (204) 734-3441

Fax (204) 734-5339

#### ***Dauphin Community Cancer Program***

Dauphin Regional Health Centre

625 3rd Street S.W.

Phone (204) 638-2181

Fax (204) 638-2195

#### ***Regional Palliative Care Program Coordinator***

Phone (204) 629-3006

Fax (204) 638-8622

### **BREAST HEALTH/CANCER RESOURCES**

#### ***Manitoba Breast Screening Program, CancerCare Manitoba***

Mobile screening sites include:

Camperville

Dauphin

Grandview

McCreary

Roblin

Ste. Rose du Lac

Swan River

Winnipegosis

Phone Toll Free 1-800-903-9290 for dates and sites

#### ***Community Contact, Breast Cancer Centre of Hope***

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

#### ***Parkland Region Breast Cancer Information and Support Network***

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

#### ***The Manitoba Metis Federation Breast Cancer Research Program***

Phone (204) 586-8474

#### ***Information Resources:***

Canadian Cancer Society: Manitoba Division 1-888-532-6982

Canadian Cancer Society: Cancer Information Service 1-888-939-3333

Breast Cancer Centre of Hope, CancerCare Manitoba 1-888-660-4866

CancerCare Manitoba Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

Your local library

#### ***Individual and/or Family Counselling:***

Patient and Family Support Services, CancerCare Manitoba

Phone (204) 787-4119

Phone Toll Free 1-866-561-1026

#### ***Support Group:***

Roblin (204) 937-8956 or (204) 937-8868

Current Listing: Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

### **Peer Support**

Canadian Cancer Society: Manitoba Division

Phone Toll Free 1-800-263-6750

Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

**NEXT: Check out Provincial Services available to you**

## **South Eastman Region**

### **HEALTH SERVICES**

#### **Regional Health Authority Office**

La Broquerie

Phone (204) 424-5880

Fax (204) 424-5888

#### **Public Health Offices**

Lorette (204) 878-5000

St. Adolphe (204) 883-2243

Ste. Anne (204) 422-8817

St. Pierre (204) 433-7636

Sprague (204) 437-3015

Steinbach (204) 346-6123

Vita (204) 425-3859

#### **The Health Corner**

St. Pierre-Jolys

Phone (204) 433-7104

Fax (204) 433-3409

#### **East Borderland Primary Health Care Centre**

Phone (204) 437-7211 or (204) 437-7218

#### **Steinbach Community Cancer Program**

Bethesda Health & Social Services District

Phone (204) 346-5160

Fax (204) 326-9648

#### **Regional Palliative Care Program Coordinator**

Phone (204) 433-7636

Fax (204) 433-3608

### **BREAST HEALTH/CANCER RESOURCES**

#### **Manitoba Breast Screening Program, CancerCare Manitoba**

(women 50-69)

Mobile screening sites include:

Emerson

Iles Des Chenes

Lorette

Niverville

Sprague

Ste. Anne

St. Pierre

Steinbach  
Vita

Phone Toll Free 1-800-903-9290 for dates and sites

**Community Contact, Breast Cancer Centre of Hope**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

**South Eastman Region Breast Cancer Information and Support Network**

Phone Toll Free 1-888-660-4866, Breast Cancer Centre of Hope,  
CancerCare Manitoba

**Information Resources:**

Canadian Cancer Society: Manitoba Division 1-888-532-6982

Canadian Cancer Society: Cancer Information Service 1-888-939-3333

Breast Cancer Centre of Hope, CancerCare Manitoba 1-888-660-4866

CancerCare Manitoba Website: [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

Your local library

**Individual and/or Family Counselling:**

Patient and Family Support Services, CancerCare Manitoba

Phone (204) 787-4119

Phone Toll Free 1-866-561-1026

**Support Group:**

South Eastman Breast Cancer Support Group

Check The Carillon for details

Current Listing: Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

**Peer Support**

Canadian Cancer Society, Manitoba Division

Phone Toll Free 1-800-263-6750

Breast Cancer Centre of Hope, CancerCare Manitoba

Phone Toll Free 1-888-660-4866

**NEXT: Check out Provincial Services available to you**

## Winnipeg Region

**HEALTH SERVICES**

**Regional Health Authority Office**

18-155 Carlton Street

Phone (204) 926-7000 or (204) 926-7021

Fax (204) 926-7007

**Public Health Offices**

Assiniboine South (204) 940-2005

Downtown (204) 940-2274

Fort Garry (204) 940-2015

Inkster (204) 940-2020

Point Douglas (204) 940-2025

River East (204) 940-2030

River Heights (204) 940-2000

Seven Oaks (204) 940-2050

St. Boniface (204) 940-2035

St. James Assiniboia (204) 940-2040

St. Vital (Youville Centre) (204) 940-2045

Transcona (204) 940-2055

**Aboriginal Health and Wellness Centre**

Suite 215–181 Higgins Avenue

Phone (204) 925-3700

Fax (204) 925-3709

**Women's Health Clinic (WHC)**

A-419 Graham Avenue

Phone (204) 947-1517 ext. 135

**North End Women's Centre**

394 Selkirk Avenue

Phone (204) 589-7347

Fax (204) 586-9476

**Klinik Community Health Centre**

870 Portage Avenue

Phone (204) 784-4067

Phone Toll Free Crisis Line 1-888-322-3019

Website [www.klinik.mb.ca](http://www.klinik.mb.ca)

**Fort Garry Women's Resource Centre**

1150 Waverley Street

Phone (204) 477-1123

**Mature Women's Health Program**

Phone (204) 975-7720

Fax (204) 975-7724

**Health Links, Misericordia Health Centre**

Phone (204) 788-8200

**Palliative Care Sub Program, Winnipeg Regional Health Authority**

Phone (204) 237-2371

**Resource Centre, Hospice & Palliative Care Manitoba**

2109 Portage Avenue

Phone (204) 889-8525

Phone Toll Free 1-800-539-0295

Fax (204) 888-8874

E-mail [info@manitobahospice.mb.ca](mailto:info@manitobahospice.mb.ca)

**BREAST HEALTH/CANCER SERVICES**

**CancerCare Manitoba — MacCharles Unit**

675 McDermot Avenue

Phone (204) 787-2197

Phone Toll Free 1-888-561-1026

Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

**CancerCare Manitoba — St. Boniface Unit**

409 Tache Avenue

Phone (204) 237-2559

Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

**Concordia Hospital: Oncology Department**

1095 Concordia Avenue

Phone (204) 667-1560

**Grace General Hospital: Oncology Department**

300 Booth Drive

Phone (204) 837-8311

**Seven Oaks General Hospital: Oncology Department**

2300 McPhillips Street

Phone (204) 632-7133

**Victoria General Hospital: Oncology Department**

2340 Pembina Highway

Phone (204) 269-3570

**Manitoba Breast Screening Program, CancerCare Manitoba**

(women 50-69)

25 Sherbrook Street

Phone (204) 788-8000

**Manitoba Breast Screening Program, CancerCare Manitoba**

(women 50-69)

Winnipeg mobile sites:

Phone (204) 788-8000 for dates and sites

**Breast Cancer Centre of Hope, CancerCare Manitoba**

691 Wolseley Avenue

Phone (204) 788-8080

Phone Toll Free 1-888-660-4866

Fax (204) 779-8384

**Patient and Family Support Services, CancerCare Manitoba**

MacCharles Unit

Phone (204) 787-4119

St. Boniface Unit

Phone (204) 237-2006

**Canadian Cancer Society Driver Program**

Room ON1010, 675 McDermot Avenue

Phone (204) 787-4121

Phone Toll Free 1-888-532-6982

**Look Good/Feel Better**

Guardian Angel Caring Room, CancerCare Manitoba

Phone (204) 787-4180

**Breast Health Centre, Winnipeg Regional Health Authority**

100 – 400 Tache Avenue

Phone (204) 235-3906

Phone Toll Free 1-888-501-5219

Fax (204) 231-3783

**Genetic Clinic, Breast Health Centre, Winnipeg Regional Health Authority**

608 – 400 Tache Avenue

Phone (204) 235-3674

Fax (204) 231-3842

**Lymphedema Treatment, Breast Health Centre, Winnipeg Regional Health Authority**

608 – 400 Tache Avenue

Phone (204) 235-3684

Fax (204) 231-3842

**Chemosavvy Breast Cancer Survivor Dragon Boat Team**

Phone (204) 788-8080 or Toll Free 1-888-660-4866, Breast Cancer Centre of Hope, CancerCare Manitoba  
Email: [chemosavvy@mts.net](mailto:chemosavvy@mts.net)  
Website: [www.mts.net/~chemosvy](http://www.mts.net/~chemosvy)

**Aquasize Group**

Misericordia Health Centre  
Phone (204) 452-5360

**Making Waves**

Downtown YM-YWCA  
Phone (204) 947-3044

**Seven Oaks Wellness Institute**

Phone (204) 632-3352

**Information Resources**

Breast Cancer Centre of Hope, CancerCare Manitoba  
(204) 788-8080 or 1-888-660-4866

Patient and Family Resource Centre, CancerCare Manitoba  
(204) 787-4357 or 1-866-561-1026

Oncology Resource Area, Grace General Hospital (204) 837-0246

Seven Oaks Wellness Centre (204) 632-3900

Canadian Cancer Society: Manitoba Division (204) 774-7483

Canadian Cancer Society: Cancer Information Service 1-888-939-3333

CancerCare Manitoba Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

Consumer & Patient Health Information Service, Neil John Maclean  
Health Sciences Library (204) 789-3464

Website [www.umanitoba.ca/libraries/health](http://www.umanitoba.ca/libraries/health)

Winnipeg Public Libraries

**Support Groups**

Breast Cancer Action Manitoba (204) 788-8080

Club Metz, Breast Cancer Action Manitoba (for people with  
metastatic breast cancer) (204) 788-8080

Young Women with Breast Cancer, Psychosocial Oncology,  
CancerCare Manitoba (204) 787-4119 or  
Toll Free 1-866-561-1026

Women with Metastatic Breast Cancer, Psychosocial Oncology,  
CancerCare Manitoba (204) 787-4119 or  
Toll Free 1-866-561-1026

Kids Can Cope (for children who have a close family member with  
cancer), Psychosocial Oncology, CancerCare Manitoba  
(204) 787-4119 or Toll Free 1-866-561-1026

Relaxation and Mind-Body Approaches Sessions, Psychosocial

Oncology Services, CancerCare Manitoba  
(204) 787-4119 or Toll Free 1-866-561-1026

Taking Charge Information and Support, Canadian Cancer Society  
Phone (204) 774-7483

Circle of Friends, Victoria General Hospital (for post-treatment)  
(204) 477-3215

Lesbians with Cancer and their Partners/Caregivers  
(204) 788-8080 or Toll Free 1-888-660-4866

Art Therapy Groups, Psychosocial Oncology,  
CancerCare Manitoba (204) 787-4119 or  
Toll Free 1-866-561-1026

Current Listing: Breast Cancer Centre of Hope, CancerCare Manitoba

Phone (204) 788-8080

Phone Toll Free 1-888-660-4866

**Peer Support**

Canadian Cancer Society, Manitoba Division

Phone (204) 786-0616

Phone Toll Free 1-800-263-6750

Breast Cancer Centre of Hope, CancerCare Manitoba

Phone (204) 788-8080

Phone Toll Free 1-888-660-4866

***NEXT: Check out Provincial Services available to you***

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## **PROVINCIAL SERVICES**

*Breast Cancer Action Manitoba (BCAM)*

*Canadian Cancer Society: Manitoba Division*

*CancerCare Manitoba (CCMB)*

*Breast Cancer Centre of Hope (BCCH)*

*Community Cancer Program (CCPN)*

*Manitoba Breast Screening Program (MBSP)*

*Patient and Family Support Services*

*Hospice & Palliative Care Manitoba*

*Winnipeg Regional Health Authority:*

*Breast Health Centre*

## **Breast Cancer Action Manitoba (BCAM)**

Breast Cancer Action Manitoba (BCAM) is an organization of people, both men and women, living with breast cancer. BCAM also acts as a voice for the interests and concerns of breast cancer survivors and those at risk.

The purpose of BCAM is to provide coping information and ongoing emotional support. BCAM also supports the partnerships of caregivers, organizations, and community and government agencies. They also network with other breast cancer agencies within Manitoba as well as across Canada.

### **SERVICES**

- Support group for people living with breast cancer (drop-in)
- Support group for people living with metastatic (advanced) breast cancer (drop-in)
- A quarterly newsletter

### **CONTACT INFORMATION**

c/o Breast Cancer Centre of Hope  
691 Wolseley Avenue  
Winnipeg, Manitoba R3G 1C3  
Phone (204) 788-8080  
Phone Toll Free 1-888-660-4866  
Fax (204) 779-8384

## Canadian Cancer Society: Manitoba Division

The Canadian Cancer Society is a national, non-profit, community-based organization of volunteers, whose mission is the eradication of cancer and the enhancement of the quality of life of people living with cancer.

### SERVICES

Information Centre with print, audio and video resources at no cost  
Peer Support (204) 786-0616 or 1-800-263-6750  
Volunteer Driver Program  
National Toll-free information line (see National Services)

### CONTACT INFORMATION

Canadian Cancer Society – Manitoba Division Office  
193 Sherbrook Avenue  
Winnipeg, Manitoba R3C 2B7  
Phone (204) 774-7483  
Phone Toll Free 1-888-532-6982  
Fax (204) 774-7500  
E-mail [resources@mb.cancer.ca](mailto:resources@mb.cancer.ca)  
Website [www.cancer.ca](http://www.cancer.ca)

## CancerCare Manitoba (CCMB)

### MISSION STATEMENT

CancerCare Manitoba is charged by an act of the legislature of Manitoba with responsibility for cancer prevention, detection, care, research and education for the people of Manitoba. As a centre of choice, CancerCare Manitoba is dedicated to excellence in cancer care, to enhancing quality of life for those with cancer and blood disorders, and to improving control of cancer for all Manitobans.

### SERVICES

Access to interpreters  
Breast cancer Nurse Educator offering counselling, peer support, lending library, special events (see Breast Cancer Centre of Hope)  
Cancer screening programs (see Manitoba Breast Screening Program)  
Chemotherapy and cancer services in the Regions beyond Winnipeg (see Community Cancer Program)  
Chemotherapy and Radiation treatment  
Clinical Dietitian (204) 787-2109  
Consultation with cancer specialists (surgical, medical or radiation oncologists)  
Individual and family counselling and/or group support (see Patient and Family Support Services)  
Pain and Symptom Control Clinics  
Patient and Family Resource Centre (204) 787-4357  
Patient Representative (204) 787-2065  
Primary Oncology Nurses (oncology clinics)  
Quality of Life programs (204) 787-2109  
Referral to accommodations for CancerCare Manitoba patients travelling from outside of Winnipeg (204) 787-2109  
Referral to Home Care Services  
Volunteer Driver Program, coordinated by the Canadian Cancer Society (204) 787-4121  
Volunteer Opportunities (204) 787-4121  
Wig Service, Look Good/Feel Better (204) 787-4180

### CONTACT INFORMATION

CancerCare Manitoba  
MacCharles Unit  
675 McDermot Avenue, Winnipeg, Manitoba R3E 0V9  
Phone (204) 787-2197 Phone Toll Free 1-888-561-1026  
Web site [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

CancerCare Manitoba  
St. Boniface Unit  
409 Tache Avenue, Winnipeg, MB R2H 2A6  
Phone (204) 237-2559 Phone Toll Free 1-888-561-1026  
Web site [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

## CancerCare Manitoba: Breast Cancer Centre of Hope (BCCH)

Breast Cancer Centre of Hope, a program of CancerCare Manitoba, provides a compassionate and comprehensive breast cancer service through the provision of information, support, and referrals. The Centre addresses the information and support needs of individuals and families who are concerned about breast health and/or breast cancer. The Centre staff works to ensure individuals have timely and appropriate access to information, treatment, support (peer and professional), by calling on existing local and provincial services. The Centre offers services “on-site” at 691 Wolseley Avenue in Winnipeg and “off-site” through community partners and many community-based programs.

### SERVICES:

- Consultations with Nurse-Educator (in-person or telephone)
- Peer-support
- Lending library (books, videos, CD-ROM, and audio-tapes)
- Internet access
- Our Voice quarterly newsletter
- Prostheses Bank
- Public/Professional Education
- Volunteer opportunities
- Quality of Life programming and special events
- Community Contact volunteers outside Winnipeg
- Regional Breast Cancer Information and Support Networks
- Community Partners Resource Distribution Strategy

### CONTACT INFORMATION

Breast Cancer Centre of Hope  
691 Wolseley Avenue  
Winnipeg, Manitoba R3G 1C3  
Phone (204) 788-8080  
Phone Toll Free 1-888-660-4866  
E-mail [hope@cancercare.mb.ca](mailto:hope@cancercare.mb.ca)  
Website [www.cancercare.mb.ca/Hope](http://www.cancercare.mb.ca/Hope)

## CancerCare Manitoba: Community Cancer Program (CCPN)

The Community Cancer Programs Network (CCPN) is a provincial program of CancerCare Manitoba. The mission of the CCPN is to make quality cancer care more accessible and convenient, across the cancer spectrum, for many Manitobans. To receive care at one of the CCPs, patients must be within one hour's travel from the closest CCP and must be prescribed a treatment that can safely be delivered at a rural site. Using a shared-care model, cancer specialists (oncologists) in Winnipeg retain the overall responsibility for the patients' treatment plans and work in concert with the family physicians/surgeons, registered nurses, pharmacists, and health records staff at the local CCPs.

### SERVICES

Cancer care services (including chemotherapy) are available at:

- Boundary Trails (Morden/Winkler, Central Region)
- Brandon (Brandon Region)
- Dauphin (Parkland Region)
- Flin Flon (NOR-MAN Region)
- Gimli (Interlake Region)
- Hamiota (Assiniboine Region)
- Neepawa (Assiniboine Region)
- Portage la Prairie (Central Region)
- Russell (Assiniboine Region)
- Selkirk (Interlake Region)
- Steinbach (South Eastman Region)
- Swan River (Parkland Region)
- The Pas (NOR-MAN Region)
- Thompson (Burntwood Region)

### CONTACT INFORMATION

Community Cancer Programs Network  
4034-675 McDermot Avenue  
Winnipeg, Manitoba R3E 0V9  
Phone (204) 787-5159  
Phone Toll Free 1-866-561-1026  
Fax (204) 787-1194

## CancerCare Manitoba: Manitoba Breast Screening Program (MBSP)

The Breast Screening program is for all women ages 50-69 years of age who do not have signs or symptoms of breast cancer. Age exceptions are made at mobile sites for women in their 40's and 70's with a doctor's referral. Women 50-69 years of age attend every two years or as recommended by the screening program. There are three fixed locations for breast screening locations in the province (Winnipeg, Brandon and Thompson) and 80 mobile sites outside Winnipeg, serviced by mobile mammography units.

### SERVICES

Screening mammograms, clinical breast exams, and video on breast self-examination  
Speakers, pamphlets, posters, videos, and information on breast screening

### CONTACT INFORMATION

Manitoba Breast Screening Program  
5-25 Sherbrook Street  
Winnipeg, Manitoba R3C 2B1  
Phone (204) 788-8000  
Phone Toll Free 1-800-903-9290  
Fax (204) 788-1594  
Website [www.cancercare.mb.ca/MBSP/default.htm](http://www.cancercare.mb.ca/MBSP/default.htm)

## CancerCare Manitoba: Patient and Family Support Services

Patient and Family Support Services consists of four program areas: **Psychosocial Oncology**, made up of social workers, psychologists and psychiatrists who are specially trained to help individuals and families cope with the emotional, psychological, spiritual and social stresses which often arise as a result of breast cancer and its treatment; **Nutrition Services**, including the services of a dietitian to help with nutrition related concerns; **Patient and Family Resource Centre**, a comprehensive cancer information service provided in an environment of comfort and sanctuary; **Guardian Angel Caring Room**, which provides information and services that address the appearance related side effects of cancer and its treatment.

### SERVICES

Individual, couple and/or family counselling  
Support Groups (for younger women with breast cancer; for women with advanced breast cancer and their families; for children who have a close family member with cancer)  
Relaxation and mind/body approaches sessions  
Nutrition counselling, including information about nutritional supplements and herbal products (204) 787-2109  
Lending library, internet access and a resource nurse (204) 787-4357  
Wig service, including turbans, hats and scarves (204) 787-4180  
Look Good/Feel Better (204) 787-4180  
Information Sessions  
Quality of Life programs  
Referral to accommodations for those travelling from outside of Winnipeg

### CONTACT INFORMATION

CancerCare Manitoba: MacCharles Unit  
675 McDermot Avenue, Winnipeg, Manitoba R3E 0V9  
Phone (204) 787-2109  
Phone Toll Free 1-866-561-1026  
Fax (204) 786-0623  
Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

CancerCare Manitoba: St. Boniface Unit  
409 Tache Avenue, Winnipeg, Manitoba R2H 2A6  
Phone (204) 237- 2006  
Phone Toll Free 1-866-561-1026  
Fax (204) 237-6048  
Website [www.cancercare.mb.ca](http://www.cancercare.mb.ca)

## Hospice & Palliative Care Manitoba

Hospice & Palliative Care Manitoba provides information and resources to all Manitobans concerning end of life care and bereavement services.

### SERVICES

- Community Hospice Volunteer Program (in Winnipeg)
- National and provincial directory
- Quarterly newsletter, Hospice Companion
- Resource Centre
- Advocacy
- Annual Conference
- Continuing Education

### CONTACT INFORMATION

Hospice & Palliative Care Manitoba  
2109 Portage Avenue  
Winnipeg, Manitoba R3J 0L3  
Phone (204) 889-8525  
Phone Toll Free 1-800-539-0295  
Fax (204) 888-8874  
E-mail [info@manitobahospice.mb.ca](mailto:info@manitobahospice.mb.ca)  
Website [www.manitobahospice.mb.ca](http://www.manitobahospice.mb.ca)

## Winnipeg Regional Health Authority: Breast Health Centre

The Winnipeg Regional Health Authority Breast Health Centre offers three program components: Assessment and Diagnostic Clinic, Pre-surgical Exercises & Lymphedema Treatment, and a Hereditary Breast Cancer Clinic. The Centre programs are offered by an interdisciplinary team of health care professionals including surgeons, nurses, radiologists, technologists, geneticists, dietitian, MLD therapists, genetic counsellor, and social worker. As a centre of excellence, the centre also educates and consults with health care professionals regarding breast cancer standards of care.

### SERVICES

- Assessment and Diagnostic Clinic (on-site mammogram, ultrasound, stereotactic biopsy, and open biopsy procedures)
- Post-Surgical Exercises & Lymphedema Treatment
- Hereditary Breast Cancer Clinic (high and intermediate risk)
- Nutrition Services
- Individual and family counselling
- Group Information/Education Sessions
- Public/Professional Education
- Volunteer Opportunities

### CONTACT INFORMATION

Winnipeg Regional Health Authority Breast Health Centre  
100-400 Tache Avenue  
Winnipeg, Manitoba R2H 3C3  
Phone (204) 235-3906  
Phone Toll Free 1-888-501-5219  
Fax (204) 231-3783

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## **NATIONAL SERVICES**

***Canadian Breast Cancer Network  
(Ottawa)***

***Canadian Cancer Society: National Office  
(Toronto)***

***Willow Breast Cancer Support and  
Resource Services  
(Toronto)***

PLEASE NOTE: The numerous national breast cancer fundraising organizations are not listed here

## Canadian Breast Cancer Network (CBCN)

The mission of the Canadian Breast Cancer Network (CBCN) is to provide a national link between groups and individuals concerned about breast cancer and to represent the concerns of all Canadians affected by breast cancer and those at risk. Its goals are:

- to communicate with, support and inform organizations and individuals in Canada who are concerned about breast cancer;
- to provide education and awareness about breast cancer at the national level;
- to focus national attention on breast cancer; and
- to assure that the concerns of Canadians affected by breast cancer influence decisions of research and health care policy.

CBCN is a charitable, non-profit organization.

### **SERVICES**

*Network News*, a twice-a year newsletter published in English and French

*Outreach*, a bi-monthly on CBCN's website and distributed by e-mail and post

News and Information Web Site

Information and support projects across the country

### **CONTACT INFORMATION**

Canadian Breast Cancer Network  
Réseau canadien du cancer du sein

602-331 rue Cooper Street,  
Ottawa, Ontario K2P 0G5

Phone (613) 230-3044

Phone Toll-free 1-800-685-8820

Fax (613) 230-4424

E-mail [cbcn@cbcn.ca](mailto:cbcn@cbcn.ca)

Website [www.cbcn.ca](http://www.cbcn.ca)

## **Canadian Cancer Society: Cancer Information Service (CIS)**

The Cancer Information Service offers a national, bilingual, toll free service for cancer patients, their families, the public and health care professionals. Medical professionals are on hand to answer any questions and to provide clear and simple information about cancer.

### **SERVICES**

Telephone information is provided about all types of cancer including:

- prevention and early detection
- dealing with side effects
- complementary/alternative therapies
- services available in your community
- cancer treatments
- clinical trials
- emotional/financial support

Written information is provided by mail or fax upon request.

Service is available in English and French language; service in other languages by request.

### **CONTACT INFORMATION**

Phone Toll-free 1-888-939-3333

## **Willow Breast Cancer Support and Resource Services**

Willow Breast Cancer Support and Resource Services is a cross-Canada toll free support service answered by trained breast cancer survivors. Willow delivers timely emotional support, individualized research, and information to assist callers with coping skills and treatment decisions. Mailed or faxed information and links with regional resources follow telephone service if requested.

### **SERVICES**

- Emotional Support through trained peer support volunteers
- Comprehensive information about breast cancer diagnosis, treatments, side effects, and social issues
- Services in languages other than English upon request
- Services for the hearing and visually impaired
- TTY/TTD 1-877-778-2009

### **CONTACT INFORMATION**

Willow Breast Cancer Support and Resource Services

785 Queen Street East

Toronto, Ontario M4M 1H5

Phone Toll Free 1-888-778-3100

Fax 416-778-8070

E-mail [willow@web.net](mailto:willow@web.net)

Website [www.willow.org](http://www.willow.org)

## RECOMMENDED RESOURCES

### ADVANCED BREAST CANCER

Mayer, Musa. *Advanced Breast Cancer: A Guide to Living with Metastatic Disease*. Second Edition. O'Reilly & Associates, Inc., 1998.

An excellent resource in an area where good resources are limited. It covers a difficult subject with sensitivity and respect, sharing the stories of seventeen metastatic breast cancers as well as the aspects of coping, communicating, managing symptoms, getting emotional support and finding new ways to keep hope alive.

### CHILDRENS RESOURCES

Madill, Fani. *My Mommy is Sick: A Story About Breast Cancer*. Illustrated by Nancy Broerse. Spiral Graphics Hospitality Press, 2001.

Written for the author's pre-school children following a breast cancer diagnosis. An excellent resource that is easy to read and would be understood by very young children.

Numeroff, Laura and Wendy Harpham. *The Hope Tree: Kids Talk About Breast Cancer*. Illustrated by David McPhail. Simon & Schuster Children's Publishing Division, 1999.

Developed to help families talk about breast cancer in healthy and hopeful ways. Animal characters are used to illustrate the main themes discussed by children between the ages of 5 and 12.

Blake, Claire, Eliza Blanchard & Kathy Parkinson. *The Paper Chain*. Illustrated by Kathy Parkinson. Health Press, 1998.

A resource which helps families cope with an ill parent. It identifies the important issues and is sensitive, realistic and practical in the way the issues are handled.

### FAMILY COPING

Kneece, Judy. *Helping Your Mate Face Breast Cancer: Tips for Becoming an Effective Support Partner*. Educare Publishing, 2001.

This is a support partner's guide to understanding: the emotional responses of mates, children and themselves; surgical and treatment options; how to promote the physical and emotional recovery of their mate and how to best manage the role of support partner.

McCue, Kathleen & Ron Bonn. *How to Help Children Through a Parent's Serious Illness*. St. Martin's Press, 1994.

An excellent resource offering supportive, practical advice from a leading child life specialist. This book is useful from the time a parent is diagnosed with a serious or life-threatening illness through to a return to health or dealing with death.

Buckman, Robert. *"I Don't Know What to Say"... How to Help and Support someone who is Dying*. Vintage Books, 1998.

Communication is the focus of this book, helping the reader understand the complex emotions they are feeling as well as those of the person they are supporting.

### GENERAL INFORMATION

Lange, Vladimir. *Be A Survivor: Your Guide to Breast Cancer Treatment*. Lange Productions, 1999.

A well written guide to breast cancer diagnosis and treatment which includes short personal comments from breast cancer survivors going through varied experiences.

Olivotto Ivo, Karen Gelmon & Urve Kuusk. *Breast Cancer: All You Need to Know to Take An Active Part in Your Treatment*. Second Edition. Gordon Soules Book Publishers Ltd, 1999.

A Canadian guide to breast health, early detection and breast cancer. A well-organized and easily understood book which takes the newly diagnosed through diagnosis and treatment to prognosis and follow up care.

Love, Susan and Karen Lindsey. *Dr. Susan Love's Breast Book*. Third Edition. Pereus Publishing, 2000.

Often referred to as the standard reference book on breast care, this comprehensive book takes you through healthy breast problems through to the treatment for primary or advanced breast cancer.

Journey of Hope: A Couple Speaks Out About Breast Cancer. Video and workbook. Samsung Telecommunications America and Sprint PCS, 2000.

These two resources assist couples from the time of diagnosis to the completion of treatment. They promote thoughtful discussion, provide information and discuss various available resources.

### RECONSTRUCTION

Berger, Karen & John Bostwick. *A Woman's Decision: Breast Care, Treatment and Reconstruction*. Third Edition. St. Martin's Griffin, New York, 1998.

This resource addresses the different types of breast reconstruction helping women prepare themselves for what to expect not only medically but also emotionally around reconstructive surgery.

Woman to Woman: Breast Cancer and Reconstruction Options. Video. Bosom Buddies Inc, 1998.

This resource provides a general discussion of reconstruction options combined with real life experiences of women on the job and with their families. Actual photographs as well as animation or line drawings are used to show women before and after reconstructive surgery.

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## WEBSITES

***Breast Cancer Centre of Hope***[www.cancercare.mb.ca](http://www.cancercare.mb.ca)

The site includes a description of the services available through this CancerCare Program, a guide to managing your way along the breast health/breast cancer continuum, and a comprehensive list of breast cancer web site links.

***Canadian Breast Cancer Network***[www.cbcn.ca](http://www.cbcn.ca)

A site providing a link between Canadian groups and individuals concerned about and affected by breast cancer.

***Canadian Breast Cancer Research Initiative***[www.breast.cancer.ca](http://www.breast.cancer.ca)

This site provides information about research relevant to the prevention, treatment and control of breast cancer.

***Canadian Cancer Society***[www.cancer.ca](http://www.cancer.ca)

A description of the organization's services is included in this site which also provides information specific to breast cancer.

***Health Canada***[www.hc-sc.gc.ca/hppb/ahi/breastcancer](http://www.hc-sc.gc.ca/hppb/ahi/breastcancer)

Enter this site, click on Publications and find the Clinical Practice Guidelines for the care and treatment of Breast Cancer.

***Canadian Health Network***[www.canadian-health-network.ca](http://www.canadian-health-network.ca)

This site, sponsored by Health Canada, contains information on a variety of health issues.

## BREAST CANCER GLOSSARY OF TERMS

**Adjuvant therapy:** treatment given after primary treatment (usually surgery) to kill any remaining cancer cells — eg. chemotherapy, radiation or hormone therapy

**Alternative therapy:** a variety of treatments, outside the scope of conventional medical practice, and used instead of standard treatments — eg. nutritional supplements, herbal remedies, massage, acupuncture, energy work, etc. [see Complementary therapy]

**Antiemetics:** drugs used to treat nausea and vomiting

**Aplastic anemia:** a condition in which the bone marrow is unable to produce red blood cells

**Axillary nodes:** lymph nodes in the armpit

**Benign:** a way to describe changed cells that are not inclined to spread

**Biopsy:** a procedure used to remove a lump or cells for testing, either by surgical removal (excisional) or by sampling with a needle or core biopsy (incisional)

**Bone marrow transplant:** a procedure whereby treatment-damaged bone marrow is replaced, either by the person's own marrow saved beforehand or by donor marrow

**Cancer:** a term used to describe more than 200 conditions in which cells divide and spread without control

**Carcinogen:** any chemical or other substance that causes cancer

**Chemotherapy:** a treatment regimen involving drugs intended to kill all rapidly multiplying cells in the body, including any cancer cells

**Community Contact:** one of 18 Breast Cancer Centre of Hope volunteers, located in a variety of communities around the province, and equipped to provide on-the-spot information and support for those living with breast cancer

**Complementary therapy:** a variety of treatments, outside the scope of conventional medical practice, and used alongside standard treatments — eg. nutritional supplements, herbal remedies, massage, acupuncture, energy work, etc.

**CT Scan (also called CAT Scan):** computer-directed x-ray imaging of internal areas of the body, used for diagnostic purposes

**Hormone therapy:** a variety of treatments aimed at blocking or stimulating hormones in the body

**Immunotherapy (also called biological response modifier therapy):** a variety of treatments aimed at strengthening the immune system to fight disease and to lessen the side effects of treatment

**Information Resources (print and multimedia) :** varying greatly from agency to agency and region to region, facilities offering information sources, including books, pamphlets, brochures, handouts, fact sheets, videos, and/or internet access

**in situ:** Latin words to describe changed cells that have not yet spread beyond their place of origin (ie. gland/lobe or duct)

**Integrative medicine:** an approach to treatment that intentionally uses conventional medical treatments alongside other practices (eg. nutritional supplements, herbal remedies, massage, acupuncture, energy work, etc.) for maximum benefit

**Internal radiation therapy (also called brachytherapy):** a procedure whereby radioactive material is injected into, or near a tumour to kill the cells within it

**Invasive cancer (also called infiltrating cancer):** cancer that has spread beyond the lobe or duct of origin into the surrounding tissue

**Lumpectomy:** a surgical procedure used to remove a lump and some healthy tissue around it

**Lymphedema:** a condition of swelling and possible infection of the “breast surgery arm” which results from inadequate lymph fluid circulation following removal of underarm lymph glands — may occur at any time post-surgery

**Malignant:** A way to describe changed cells that multiply without control and have a tendency to spread

**Mastectomy:** a surgical procedure to remove all (or as much as possible) the breast tissue of an affected breast

**Metastases (also called advanced breast cancer):** a variety of incurable-but-treatable conditions caused by the spread of cancerous breast cells, travelling via the blood or lymph systems to distant parts of the body — typically, bone, lungs, liver or brain

**MRI (magnetic resonance imaging):** a technique whereby a computer linked to a magnet produces images of internal areas of the body

**Oncologist:** a doctor who is a cancer specialist, who studies and treats cancers

**Oncology:** the study or science of cancer

**Peer Support:** one-on-one telephone or in-person contact in Manitoba with trained and supervised “survivors” through the Canadian Cancer Society and/or the Breast Cancer Centre of Hope; matches are made on the basis of shared medical, personal and life situation details

**Palliative care:** programs coordinated within each provincial health region to ensure a variety of supports and care options are available locally for patients and family during the terminal phase of an illness

**Radiation therapy:** the use of high-energy radiation from x-rays and other sources to kill cancer cells, shrink tumours and/or provide pain control

**Recurrence:** a return of cancer in the same locale as the primary occurrence — ie. in the same or the other breast

**Remission:** the temporary or permanent halt of cancerous spread, such that certain signs and symptoms disappear

**Systemic treatment:** a treatment that has an impact upon the entire body as a system, rather than upon just one isolated region — eg. chemotherapy, hormone therapy

**Tumour:** a lump marked by rapid cell division that may be malignant or benign

**Tumour marker:** a chemical reading in the blood or other body fluids which is associated with cancerous activity in the body

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Breast Cancer Centre of Hope.



[www.esdaleprinting.com](http://www.esdaleprinting.com)